



# Mrs. Sullivan's Classroom Newsletter



**Seneca**  
Elementary School  
Seneca, OR

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### Who is Mrs. Sullivan?



Mrs. Sullivan grew up in Alaska, living a subsistence lifestyle, then traveled to Brazil for a yearlong exchange. She went to school at the University of Alaska Fairbanks (UAF), and double majored in English Literature and Editorial

Journalism, with a minor in French. After finishing her studies on a national exchange with Florida International University where she was the Public Relations Director of the Public Relations Student Society of America, she began a career in international and domestic sales within the field of technology. A life-changing event inspired her to develop her passion for teaching. She earned a Master's Degree in the Art of Teaching from Pacific University in Oregon, and worked as a student teacher at Meadowview Elementary and O'Hara Catholic School.

She moved with her two daughters from Eugene to Dayville, Oregon, where she met her husband. She has been teaching in Grant County for the past 13 years as a multiple grade teacher (variations of 3<sup>rd</sup> thru 6<sup>th</sup> grades) in Dayville, Oregon, with one year as a 4<sup>th</sup> grade teacher at Humbolt Elementary School. In 2022 she was awarded Regional Teacher of the Year for the Grant County Education Service District. She participates with Eastern Oregon Regional Education Network (EOREN) and has created a series of professional development videos for the Micro Videos Team. She is also a Science Technology Engineering (Art) and Math (STE(A)M) Leader with GO STEM!



As the new head teacher at Seneca Elementary School she hopes to inspire students to engage with lessons and learn to think critically while developing an understanding of their own unique gifts and talents and those of our amazing geographical and cultural location. She aspires to encourage the development of an inclusive classroom culture that fosters student engagement, individual growth, and civic caring. Mrs. Sullivan looks forward to the start of every new year with brand-new opportunities and challenges. She loves her new job and has been warmly welcomed by her colleagues. The community in Seneca has been genuine and friendly. By partnering with the community, we can (together) create engaging experiences that are part of the long tradition and expectations of Seneca Elementary School.

### Mrs. Sullivan's Family

She has 2 daughters: Sarah Barker (23) a Nanook attending the University of Alaska Fairbanks and Oregon Duck Katelyn Barker (20) attending the University of Oregon. Her husband Kyle Sullivan is the district manager of the Grant Soil and Water Conservation District. Both of her parents, Bob and Bobbi Chouinard, reside in Dayville at the Cheechako Ranch where they all work together to raise alfalfa and run a cow/calf operation.

### Interests, Hobbies & Pets

Mrs. Sullivan works with her family on the ranch. Her favorite ranch tasks are riding to check on the cattle in the summer, and coordinating their summer pasture rotations. One of her favorite times of year is when she is rounding them up to come home with her family and friends in the fall. She thinks it is fun to drive the swather to cut hay. She also enjoys the technical side of rangeland and pasture management.

In her spare time, she loves spending time with family, painting, hiking, cooking, sewing, reading, and horseback riding. She has 3 horses, 1 dog, 5 chickens, and 6 cats.



## Student Reminders

- Eat a good breakfast
- Enjoy your first days of school
- Have *fun* learning!
- Go to bed early enough to get 9 to 11 hours of sleep. Count backwards to set a bedtime.

## You Are Beautiful, Unique, Special & Valuable!

Ask your child about the first part of our daily class pledge. "I am a beautiful person, unique, special, and valuable—so are my classmates."

Also, they should be able to explain how each of us is fairly treated, and equally valued, but accommodations with equipment, modifications, and supports is based upon individual needs in order to be fair. Mrs. Sullivan may not treat everyone equally, but she strives to be fair.

## Attitudes & Mindsets!

We will be talking a lot about growth mindsets vs. fixed mindsets, discovering our unique gifts, talents, and preferences. Self-regulation and coping skills to assuage stress will also be taught and practiced at school. Hopefully you can ask your child to teach you what they have learned that works for them.



(ask your student what this means)



## School Picture Day September 3<sup>rd</sup>

Please remember:

- Return your picture packet
- dress your best
- put on your smile



## Parent Reminders

- Return Picture Packet
- Return "Get to Know Your Student" to school by September 5th.
- Please be sure to return your Free/Reduced Lunch Application to school. This is very important as it provides the documentation needed to provide free lunches every day for all of our students.

## Projects of the week:

- Horses & Yodeling with Mrs. Beudet
- Sidewalk Chalk Words of Encouragement to be Kind
- Understanding Procedures and Creating a Positive Classroom Culture.

## Recess & Playground Rules

Students worked in teams to write the rules and illustrations for safely using playground equipment.

## Check List of Things to Send to School:

- Water Bottle
- Tennis shoes for PE
- Sweatshirt or Sweater

**The best way to predict your future is to create it.**

Abraham Lincoln

