Menu subject to change daily without notice.

| October 2022 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 3 | 4 | 5 | 6 | 7 |
| Breakfast: | Breakfast: | Breakfast: |  |  |
| Mini Cinni | Sausage Biscuit | Egg \& Cheese Wrap | No School | No School |
| Juice | Juice | Juice | Parent/Teacher |  |
| Milk | Milk | Milk | Conference |  |
| Lunch: | Lunch: | Lunch: |  |  |
| Bosco Stick | Taco/Soft Shell | Hot Dog/Bun |  |  |
| Marinara Sauce | Lettuce/Tomato/Cheese/ | Baked Beans |  |  |
| Green Beans | Salsa/Sour Cream | Salad/FF Dressing |  |  |
| Fruit | Corn Fruit | Fruit |  |  |
| 10 | 11 | 12 | 13 | 14 |
|  | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| No School | Bacon Biscuit | Churro Donut | Hashbrown | Bagels/Cream Cheese |
|  | Juice | Juice | Gogurt | Juice |
|  | Milk | Milk | Juice | Milk |
|  |  |  | Milk |  |
|  | Lunch: | Lunch: |  | Lunch: |
|  | BBQ Chicken Wrap | Cheeseburger/Bun | Lunch: | Burrito |
|  | Slaw Salad | Lettuce/Onion/Pickle/ | Pizza | Cheese Dip/Salsa |
|  | Corn Chips | Tomato | Green Beans | Corn |
|  |  | Potato Salad Fruit | Salad/FF Dressing | Fruit |
| 17 | 18 | 19 | 20 | 21 |
| Breakfast: | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| Biscuit/Gravy | Sausage Biscuit | Frudel | Strawberry Shortcake | Tornado/Cereal |
| Juice | Juice | Juice | Juice | Juice |
| Milk | Milk | Milk | Milk | Milk |
| Lunch: | Lunch: | Lunch: | Lunch: | Lunch: |
| Chicken \& Rice | Mini Corn Dogs | Chili/Cheese | Sub Sandwich | Chicken Quesadilla |
| Bread | Bread | Crackers | Sun Chips | Corn |
| Mixed Vegetable | Cooked Carrots | Corn Chips | Lettuce/Onion/Tomato/ | Salad/FF Dressing |
| Fruit | Fruit | Pickles Fruit | Pickle <br> Fruit | Fruit |
| 24 | 25 | 26 | 27 | 28 |
| Breakfast: | Breakfast: | Breakfast: | Breakfast: | Breakfast: |
| Breakfast Pizza | Bacon Biscuit | Cereal/Yogurt | Waffles | Poptart |
| Juice | Juice | Juice | Juice | Juice |
| Milk | Milk | Milk | Milk | Milk |
| Lunch: | Lunch: | Lunch: | Lunch: | Lunch: |
| Breaded Pork Chop | Cheeseburger/Bun | Biscuit/Gravy | Pulled Pork Sandwich | Ravioli |
| Sandwich | Lettuce/Tomato/Onion | Sausage | Fresh Veggies/Ranch | Bread |
| Cheetos | Pickle | Hashbrown | Sweet Potato Fries | Cheese Stick |
| Beets | Fresh Fruit | Juice/Fruit | Fruit | Green Beans |
| Fruit |  |  |  | Fruit |
| 31 |  |  |  |  |
| Breakfast: |  |  |  |  |
| Yogurt Parfait |  |  |  |  |
| Juice |  |  |  |  |
| Milk |  |  |  |  |
| Lunch: |  |  |  |  |
| Walking Taco |  |  |  |  |
| Corn |  |  |  |  |
|  |  |  |  |  |

Chef salads available for grades 6-12

Breakfast will be served in classroom.

All breakfast served with $100 \%$ juice, fruit and option of white or chocolate fat-free milk.

All lunches served with white or chocolate fat-free milk.
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