

**MENU SUBJECT TO CHANGE WITHOUT  
NOTICE DUE TO PRODUCT AVAILABILITY**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>No School/ Christmas Break</p>	<p><b>3</b></p> <p>Grab N Go Meal or Raspberry Turnover Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>4</b></p> <p>Grab N Go Meal or Pancake &amp; Sausage Stick Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>5</b></p> <p>Grab N Go Meal or Pumpkin Swirl Roll Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>6</b></p> <p>Grab N Go Meal or Egg, Sausage, and Cheese Muffin Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>
<p><b>9</b></p> <p>Grab N Go Meal or Breakfast Pizza Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>10</b></p> <p>Grab N Go Meal or Blueberry Waffle Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>11</b></p> <p>Grab N Go Meal or Ham &amp; Cheese Pocket Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>12</b></p> <p>Grab N Go Meal or Cinnamon Roll Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>13</b></p> <p>Grab N Go Meal or Egg, Sausage, and Cheese Muffin Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>
<p><b>16</b></p> <p>No school</p> 	<p><b>17</b></p> <p>Grab N Go Meal or Raspberry Turnover Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>18</b></p> <p>Grab N Go Meal or Pancake &amp; Sausage Stick Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>19</b></p> <p>Grab N Go Meal or Pumpkin Swirl Roll Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>20</b></p> <p>Grab N Go Meal or Egg, Sausage, and Cheese Muffin Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>
<p><b>23</b></p> <p>Grab N Go Meal or Breakfast Pizza Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>24</b></p> <p>Grab N Go Meal or Blueberry Waffle Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>25</b></p> <p>Grab N Go Meal or Ham &amp; Cheese Pocket Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>26</b></p> <p>Grab N Go Meal or Cinnamon Roll Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>27</b></p> <p>Grab N Go Meal or Egg, Sausage, and Cheese Muffin Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>
<p><b>30</b></p> <p>Grab N Go Meal or Breakfast Pizza Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>	<p><b>31</b></p> <p>Grab N Go Meal or Raspberry Turnover Assortment of Fruits 100% Apple or Orange Juice Choice of Milk</p>			

What is CEP and what does it mean for me?

- CEP stands for Community Eligibility Provision.
- Under CEP, all students in Portage Area School District are eligible to receive (1) breakfast and (1) lunch at no cost.

The 5 food groups to a school breakfast are:

- Meat/Meat Alternative
- Grain
- Fruit
- Vegetable
- Milk

Choice at least 3 food groups.  
Take at least ½ cup fruit and/or vegetable



Meal Prices

2<sup>nd</sup> Breakfast - \$2.00    Adult Breakfast - \$3.00  
Milk (2<sup>nd</sup>) - \$.50  
Bottled Water (Large) - \$.50  
Bottled Water (Small) - \$.30

**A copy of the menu with the nutritional and allergy information is available at:**  
<https://www.schoolcafe.com/PortageASD>