

AUGUST 2022

ROCK POINT COMMUNITY SCHOOL  
COUGAR CAFÉ BREAKFAST & LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>BREAKFAST BREAKS MILK</p> <hr/> <p>SPAGHETTI W/ MEAT SAUCE HOUSE SALAD W/ RANCH GARLIC TOAST FRUIT CUP MILK</p>	<p><b>2</b></p> <p>SCRAMBLED EGGS W/SAUSAGE CRUMBLES FRUIT MILK</p> <hr/> <p>BEEF ENCHILADAS LETT./TOMAT./CIL. FIX RICE BEANS FRUIT MILK</p>	<p><b>3</b></p> <p>BISCUIT W/GRAVY JUICE MILK</p> <hr/> <p>CHILI DOGS TATOR TOTS CELERY W/ RANCH KETCHUP FRUIT MILK</p>	<p><b>4</b></p> <p>BLUEBERRY MUFFIN ASSORTED YOGURT ASSORTED JUICE FRESH ORANGE CUTS MILK</p> <hr/> <p>MANDARIN ORANGE CHICKEN STEAM RICE SESAME GREEN BEANS PARSLEY CARROTS FRUIT MILK</p>	<p><b>5</b></p> <p>RICE W/ RAISIN PUDDING BOILED EGGS FRESH APPLE MILK</p> <hr/> <p>RIBLET SANDWICH RANCH BEANS CORN ON COB WATERMELON CUTS MILK</p> <p style="text-align: right;">WK4</p>
<p><b>8</b></p> <p>CREAM OF WHEAT TOAST W/ JELLY ASSORTED JUICE FRUIT MILK</p> <hr/> <p>CHICKEN NACHOS LETTUCE/TOM./ CILA. FIX SALSA/SOUR CRÈME PINTO BEANS MANGO MILK</p>	<p><b>9</b></p> <p>WG ENGLISH MUFFIN EGG PATTY HASH BROWNS FRESH GRAPES MILK</p> <hr/> <p>SLOPPY JOE STEAM CORN APPLESAUCE MILK</p>	<p><b>10</b></p> <p>OATMEAL W/ BROWN SUGAR SAUSAGE PATTY CINNAMIN APPLE SLICES FRESH BANANA MILK</p> <hr/> <p>CHICKEN TOMATO BAKE WG GARLIC BREADSTICK STEAMED BROCCOLI DICED PEAR CUPS MILK</p>	<p><b>11</b></p> <p>HUEVOS RANCHEROS ASSORTED JUICE WATERMELON CUTS MILK</p> <hr/> <p>BEEF CHILI BEANS CORNBREAD ZUCCHINI SQUASH SLICED PEACHES MILK</p>	<p><b>12</b></p> <p>PANCAKE ON A STICK SYRUP PINEAPPLE TIBLETS MILK</p> <hr/> <p>PIZZA ROUNDS SALAD W/ RANCH FRUIT COCKTAIL MILK</p> <p style="text-align: right;">WK5</p>
<p><b>15</b></p> <p style="text-align: center;"><b>NAVAJO CODETALKERS DAY OBSERVED</b></p>	<p><b>16</b></p> <p style="text-align: center;"><b>PD NO SCHOOL</b></p>	<p><b>17</b></p> <p>BAGEL CRÈME CHEESE FRUIT COCKTAIL STRAWBERRIES MILK</p> <hr/> <p>CHICKEN NUGGETS KETCHUP/BBQ SAUCE CUCUMBER SLICES WATERMELON CUTS MILK</p>	<p><b>18</b></p> <p>ASSORTED COLD CEREAL HONEY GRAHAM CRACKERS ASSORTED JUICE FRESH GRAPES MILK</p> <hr/> <p>CHEESEBURGER COLE SLAW FRIES KETCHUP PEACHES MILK</p>	<p><b>19</b></p> <p>BREAKFAST MUFFINS SCRAMBLED EGGS DICED PEARS FRESH ORANGE CUTS MILK</p> <hr/> <p>SALISBURY STEAK MASHED POTATO W/ GRAVY CORN ON COB SIDEKICKS MILK</p> <p style="text-align: right;">WK6</p>
<p><b>22</b></p> <p>CREAM OF WHEAT TOAST W/JELLY FRESH APPLE CUTS MILK</p> <hr/> <p>TURKEY /CHEESE SUBS CHIPS BABY CARROTS W/ RANCH FRUITED JELLO MILK</p>	<p><b>23</b></p> <p>BREAKFAST BURROTO SALSA ORANGE CUTS MILK</p> <hr/> <p>PORK POSOLE FLOUR TORTILLA SALAD W/RANCH MANDARIN ORANGE CUP MILK</p>	<p><b>24</b></p> <p>YELLOW CORN MEAL SAUSAGE PATTY ASSORTED JUICE FRESH GRAPE MILK</p> <hr/> <p>FRITO CHILI PIE LETTU./ TOMA./ONION PEACHES MILK</p>	<p><b>25</b></p> <p>BLUEBERRY MUFFIN BOILED EGG FRESH ORANGE CUTS MILK</p> <hr/> <p>BRAISED BEEF STEAMED RICE CORN/ ZUCCHINI FRUIT COCKTAIL MILK</p>	<p><b>26</b></p> <p>BISCUIT WGRAVY ASSORTED JUICE FRESH BANANA MILK</p> <hr/> <p>CHICKEN PATTY SANDWICH SALAD W/RANCH CANTELOUPE CUTS CHEWY CHOCOLATE CHIP MILK</p> <p style="text-align: right;">WK 1</p>
<p><b>29</b> <span style="color: orange;">LATE START</span></p> <p>BREAKFAST BURRITO SALSA ASSORTED JUICE APPLE MILK</p> <hr/> <p>NATIVE TACO W/ FRYBREAD LETT./TOM/CIL. FIX SALSA MIXED BERRIES MILK</p>	<p><b>30</b></p> <p>WAFFLES SYRUP APPLESAUCE FRESH GRAPES MILK</p> <hr/> <p>BBQ CHICKEN CORNBREAD STEAM RICE STEAM CARROTS DICED PAER CUPS MILK</p>			

THIS INSTITUTION IS AN EQUAL PROVIDER ~~~~~ MENU MAY CHANGE DUE TO WEEKLY AVAILABILITY IN DELIVERIES