



SAU7
SCHOOL ADMINISTRATIVE UNIT 7

Colebrook - Pittsburg - Stewartstown

Illness Protocols for the 2024/2025 School Year

As reviewed during the Admin day in Pittsburg, please make note of the following illness protocols for staff:

Respiratory illnesses (colds, Flu, RSV, Covid-19) require an improvement in symptoms and no fever for 24 hours without medication use prior to return to work.

GI symptoms (nausea, vomiting, diarrhea) require resolve of symptoms for 48 hours without medication use prior to return to work.

Regardless of other symptoms, fever always requires an absence of 24 hours past the last episode of fever without medication.

Respiratory etiquette, distancing and washing your hands is the best way to protect yourself from illness.

We understand you feel the pressure to be at work and the sub list is small. However, one person out of work with the above illnesses is easier to cover than a breakout of illness because one person came to work sick and infected 6-10 others. Please be conscientious of this.

If you have any questions regarding the above, please reach out Monday-Friday between 7:30 am - 3:30 pm. I am unavailable on nights and weekends as that is my family time. Thank you for your understanding.

Be well!

Devon Phillips, RN, CEN

Colebrook Academy & Elementary School Nurse