

May 2022

THATCHER BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Breakfast Pizza</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	<p>3</p> <p>Overnight Oats</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	<p>4</p> <p>Cereal 1 ea.</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	<p>5</p> <p>Pop Tart 1 ea.</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	
<p>9</p> <p>Pancake & Eggs 1.5G</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	<p>10</p> <p>Cereal</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	<p>11</p> <p>Super Donut</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	<p>12</p> <p>Cereal</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	
<p>16</p> <p>Overnight Oats</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	<p>17</p> <p>Eggs & Potato's</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	<p>18</p> <p>Cereal</p> <p>½c Fruit choice ½ c Juice Choice 1 c Milk</p>	<p>19</p> <p>Pop Tart 1.5G</p> <p>½ c Fruit choice ½ c Juice Choice 1 c Milk</p>	



FRESH PICKS
Mushroom



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NUTRITION BAR

Choose from a variety of fresh fruits or vegetables.
½ cup fruit option and milk included with your meal and offered daily.

For questions and comments, please email the Food Service Director at faye.ortiz@aviands.com

- BeWell Healthy Choice
- Vegetarian (Ovo-Lacto)
- Local
- Fresh Picks

K-12 BY ELIOR

This institution is an equal opportunity provider