

BREAKFAST

SEPTEMBER 2026

Pre-K-K Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Egg & Cheese Sandwich
Fruit
White Milk

Animal Crackers
Fruit
White Milk

Cereal
Fruit
White Milk

Sausage & Biscuit
Fruit
White Milk

Egg & Cheese Sandwich
Fruit
White Milk

Animal Crackers
Fruit
White Milk

Cereal
Fruit
White Milk

Sausage & Biscuit
Fruit
White Milk

Egg & Cheese Sandwich
Fruit
White Milk

Animal Crackers
Fruit
White Milk

Cereal
Fruit
White Milk

Sausage & Biscuit
Fruit
White Milk

Egg & Cheese Sandwich
Fruit
White Milk

Animal Crackers
Fruit
White Milk

Cereal
Fruit
White Milk

Sausage & Biscuit
Fruit
White Milk

Egg & Cheese Sandwich
Fruit
White Milk

Animal Crackers
Fruit
White Milk

Cereal
Fruit
White Milk

Sausage & Biscuit
Fruit
White Milk

Holiday

Cereal
Fruit
White Milk

Cereal
Fruit
White Milk

Cereal
Fruit
White Milk

Menus may change based on availability. To view a students' account go to Linq Connect.



BREAKFAST

SEPTEMBER 2026

K-12 Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast Pizza
Fruit
Fruit Juice
Milk

Mini Cinnis
Fruit
Fruit Juice
Milk

Pop Tart
Graham Snacks
Fruit
Fruit Juice
Milk

Sausage Biscuit
Fruit
Milk

Breakfast Burrito
Fruit
Fruit Juice
Milk

Mini French Toast
Fruit
Fruit Juice
Milk

Cereal Bar
Graham Snacks
Fruit
Fruit Juice
Milk

Mini Maple Pancakes
Fruit
Milk

Cinn. Toast Crunch Bar
Fruit
Fruit Juice
Milk

Pop Tart
Graham Snacks
Fruit
Fruit Juice
Milk

Muffin
Fruit
Fruit Juice
Milk

Sausage Biscuit
Graham Snacks
Fruit
Milk

Muffin
Strawberry Gogurt
Graham Snacks
Fruit Juice
Fruit
Milk

Mini Maple Waffles
Fruit
Fruit Juice
Milk

Breakfast Cereal Bar
Graham Snacks
Fruit
Fruit Juice
Milk

Egg & Cheese Sandwich
Graham Snacks
Fruit
Milk

Breakfast Pizza
Fruit
Fruit Juice
Milk

Mini Cinnis
Fruit
Fruit Juice
Milk

Breakfast Cereal Bar
Graham Snacks
Fruit
Fruit Juice
Milk

Sausage Biscuit
Fruit
Milk

Holiday

Cereal, Variety
Graham Snacks
Fruit
Milk

Cereal, Variety
Graham Snacks
Fruit
Milk

Cereal, Variety
Graham Snacks
Fruit
Milk

Menus may change based on availability. To view a student's account go to Linq Connect.

Monday

Holiday

Tuesday

Wednesday

Thursday

Friday

1
Steak Sandwich
French Fries
Carrot Sticks w/ Ranch
Pinto Beans
Fruit
Milk
Alternate: Pizza

2
Rope Sausage
Blackeye Peas
Mac & Cheese
Turnip Greens
Dinner Roll
Fruit
Milk
Alternate: Corn dog

3
Cheeseburger
Crinkle Cut Fries
Salad w/ Dressing
Fruit
Milk
Alternate: Pizza Crunchers

4
Hotdog
Baked Beans
Sweet Potatoes
Lettuce & Tomato
Fruit
Pudding Cup
Milk
Alternate: Chicken Sandwich

8
Breakfast for lunch
Pancakes
Egg Patty w/cheese
Hashbrowns
Sausage Patty
Fruit/ Salsa
Milk
Alternate: Sack Lunch

9
Chicken Alfredo
Salad w/ Dressing
Mixed Vegetables
Dinner Roll
Fruit
Milk
Alternate: Grilled Ham & Cheese

10
Pizza
Crinkle Cut Fries
Pinto Beans
Sliced Carrots
Fruit
Milk
Alternate: Corn dog

11
Orange Chicken Bites
English Peas
Stir Fry Vegetables
Fried Rice
Dinner Roll
Fruit/ Pudding Cup
Milk
Alternate: Mini Corn dog Bites

15
Cheeseburger
Baked Beans
Sweet Potato Fries
Lettuce & Tomato
Fruit
Milk
Alternate: Grilled Ham & Cheese

16
Spaghetti w/ Meat Sauce
Salad w/ Dressing
Green Beans
Sliced Carrots
Garlic Bread
Fruit
Milk
Alternate: Hotdog

17
Pizza
Corn
French Fries
Salsa
Fruit
Pudding Cup
Milk
Alternate: Crispito

18
Hot Wings
Roasted Potatoes
Salad w/ Dressing
Carrot Sticks w/ Ranch
Breadstick
Fruit
Milk
Alternate: Grilled Cheese

22
Cheesy Bread
Salad w/ Dressing
Green Beans
Marinara Cup
Fruit
Pudding Cup
Milk
Alternate: Cheeseburger

23
Country Steak w/ Gravy
Creamed Potatoes
Lima Beans
Salad w/ Dressing
Dinner Roll
Fruit
Milk
Alternate: Pizza Pocket

24
Crispito
Green Beans
Salad w/ Dressing
Baby Bakers
Salsa
Fruit
Milk
Alternate: Pizza

25
Beef Nachos
Corn
Carrot Sticks w/ Ranch
Salad w/ Dressing
Salsa
Fruit
Milk
Alternate: Corn dog

29
BBQ Sandwich
Baked Potato Bar
Baked Beans
Fruit
Milk
Alternate: Pizza Pocket

30
Salisbury Steak & Gravy
Creamed Potatoes
Sliced Carrots
Dinner Roll
Fruit
Milk
Alternate: Quesadilla/Salsa

30
Salisbury Steak & Gravy
Creamed Potatoes
Sliced Carrots
Dinner Roll
Fruit
Milk
Alternate: Quesadilla/Salsa

30
Salisbury Steak & Gravy
Creamed Potatoes
Sliced Carrots
Dinner Roll
Fruit
Milk
Alternate: Quesadilla/Salsa

28
Pizza Calzone
Marinara Cup
English Peas
Broccoli & Cheese
Fruit
Milk
Alternate: Crispitos

21
Steak Nuggets
Corn
Salad w/ Dressing
Pinto Beans
Dinner Roll
Fruit
Milk
Alternate: Pizza

14
Fajita Chicken Wrap
Spanish Rice
Black Beans
Lettuce
Fruit
Milk
Alternate: Pizza

Monday

Holiday

Tuesday

Wednesday

Thursday

Friday

1
Steak Sandwich
French Fries
Carrot Sticks w/ Ranch
Pinto Beans
Fruit
Milk
Alternate: Pizza

8
Breakfast for lunch
Pancakes
Egg Patty w/cheese
Hashbrowns
Sausage Patty
Fruit/ Salsa
Milk
Alternate: Sack Lunch

14
Fajita Chicken Wrap
Spanish Rice
Black Beans
Lettuce
Fruit
Milk
Alternate: Pizza

21
Steak Nuggets
Corn
Salad w/ Dressing
Pinto Beans
Dinner Roll
Fruit
Milk
Alternate: Pizza

28
Pizza Calzone
Marinara Cup
English Peas
Broccoli & Cheese
Fruit
Milk
Alternate: Crispitos

2
Rope Sausage
Blackeye Peas
Mac & Cheese
Turnip Greens
Dinner Roll
Fruit
Milk
Alternate: Corndog

9
Chicken Alfredo
Salad w/ Dressing
Mixed Vegetables
Dinner Roll
Fruit
Milk
Alternate: Grilled Ham & Cheese

16
Spaghetti w/ Meat Sauce
Salad W/ Dressing
Green Beans
Garlic Bread
Fruit
Milk
Alternate: Hotdog

23
Country Steak w/ Gravy
Creamed Potatoes
Lima Beans
Dinner Roll
Fruit
Milk
Alternate: Pizza Pocket

30
Salisbury Steak & Gravy
Creamed Potatoes
Sliced Carrots
Dinner Roll
Fruit
Milk
Alternate: Quesadilla/Salsa

3
Cheeseburger
Crinkle Cut Fries
Salad w/ Dressing
Fruit
Milk
Alternate: Pizza Crunchers

10
Pizza
Crinkle Cut Fries
Pinto Beans
Sliced Carrots
Fruit
Milk
Alternate: Corndog

17
Pizza
Corn
French Fries
Salsa
Fruit
Milk
Alternate: Crispito

24
Crispito
Green Beans
Salad w/ Dressing
Salsa
Fruit
Milk
Alternate: Pizza

4
Hotdog
Baked Beans
Sweet Potatoes
Lettuce & Tomato
Fruit
Milk
Alternate: Chicken Sandwich

11
Orange Chicken Bites
English Peas
Stir Fry Vegetables
Fried Rice
Dinner Roll
Fruit
Milk
Alternate: Mini Corndog Bites

18
Hot Wings
Roasted Potatoes
Salad w/ Dressing
Carrot Sticks w/ Ranch
Breadstick
Fruit
Milk
Alternate: Grilled Cheese

25
Beef Nachos
Corn
Carrot Sticks w/ Ranch
Salad w/ Dressing
Salsa
Fruit
Milk
Alternate: Corndog