

MINDS IN MOTION MESSENGER



THE SOCIAL WORK CORNER



WHAT'S INSIDE?!

- Quote of the Month
- Attendance Spotlight
- Community Resource Spotlight
- Mental Health Tip of the Month
- Featured Event



Ms. Floyd, JM RCSWI
School Social Worker

QUOTE OF THE MONTH

"In the depth of winter, I finally learned that within me there lay an invincible summer." – Albert Camus
Even during the coldest times, your inner strength can carry you through.

"Consistency brings calm in times of change."

Perfect Attendance Shout-Outs:

Marianna Barrera-Landa (9th), Taraji McMillian (10th), Derrick Monroe (11th), & Jared Rivera (12th)

We had a total of 234 students with perfect attendance for the month of November!

This month we spotlight CareerSource Capital Region, providing job readiness training, internships, and career exploration for high schoolers before winter break. Contact: (850) 875-4040 | careersourcecapitalregion.com

"Rest is not a reward, it's a necessity."

Action Item: Set aside at least 15 minutes each day to rest or do something that helps you relax, like reading or meditating.

Free Coats 4 Kids Giveaway 11AM - 1PM

47095 Bainbridge Hwy Quincy, FL 32352
Phone: (850) 404-2812
Email: coats4kidsgiveaway@gmail.com



Ms. Henderson
Social Worker Intern

ATTENDANCE SPOTLIGHT

COMMUNITY RESOURCE

MENTAL HEALTH TIP

FEATURED EVENT



Markayla G.
Student Intern

Need Additional Resources or Assistance?

Ms. Floyd: Floydm@gcpsmail.com

Ms. Henderson: Hendersonal@gcpsmail.com