

LINCOLN-WOODSTOCK COOPERATIVE SCHOOL DISTRICT

SAU #68 intends to open schools in a safe and considerate manner while supporting mental health and academic advancement of students as well as the general wellness and social/emotional health of all stakeholders. Reopening establishes greater structure and consistency necessary to resume predictable, meaningful planning within our community.

Guidelines for Reopening/

COVID-19 Operation Plan

2022-2023

Previous Versions:

Approved: 06/16/2021

Committee Reviewed: 08/24/2021

Updated: 08/25/2021

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Board Review w/Public Comment:

08/24/2022

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Executive Summary

August 23, 2022

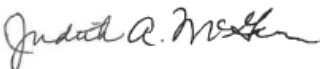
The following document is the Lincoln-Woodstock Cooperative School District's revised reopening plan for the 2022-2023 school year. Educational programs for the 2022-2023 school year will resume as normal. Remote learning will not be implemented as a typical learning accommodation. This plan will include guidelines that involve:

- Maintaining safety and health wellness (physical and mental) of the entire school community
- Educator and staff support
- Maximizing student engagement
- Effective delivery of curriculum, including Academic and Social Emotional Learning (SEL)
- Technology and Facilities Support
- Budgetary Considerations

The goal of this plan is to include a review of the current plan, coordinate with state agencies, make appropriate changes in order to minimize risk and create a safer environment for all stakeholders of the communities of Lincoln and Woodstock. The plan is meant to be a fluid and working document that may have changes as the year progresses. Sanitizing of classrooms, hallways, and common areas will continue.

The need for flexibility, patience, and calmness is at the forefront, as the plan can change at any time. As the district receives information from the state and as changes occur, the plan may be revised based on the needs of the community, students, parents, and staff.

Regards,



Judith McGann, Ed.D.

Acknowledgements

A special thank you to the members of the reopening committee who devoted many hours of research, planning, and thoughtful discussion which led to the creation of this plan.

Reopening Committee

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Transportation Consultant

Lee Bruno, Durham Bus Company

Food Service

Frank Gillespie, Café Services

School Board

Jay Duguay, Chairperson
Tamra Ham, Vice-Chairperson
Brian Angelone, Secretary
Joe Bossie
Kevin Bell
Jasmine Weeden
Ashley Youngheim



Guiding Principles

Maintain Safety, Health and Wellness both physically and emotionally of our school community

Educator and Staff Support/Maximize Student Engagement

Effective Delivery of Curriculum both Academic and Social Emotional Learning in any scenario

Technology/Facilities and Budgetary Considerations

Considerations

Planning

Communication

Prevention

Expert Recommendations

Digital and Social Media

Parental Responsibilities -
Communication to School

Supplies/Resource Needs

All-Call Email, Telephone, and
Text Message System

Self-Screening

Environment and Facilities

Public Informational Meetings

Report

Scheduling

Regular COVID-19 Agenda Item
at Bi-Monthly School Board
Meetings – Public Input
Welcome at Meetings

Implementation of Prevention

Professional Development

Email Address Established for
Input from Stakeholders:
community@lin-wood.org

Transportation

Co-Curricular/Sports

Stakeholders' Needs

Communication

Lin-Wood will use various means of communication to reach our stakeholders including email, phones, an all call system, the School [website](#), [Facebook](#), and [Instagram](#). Remember, information regarding the School's plan, policies, and procedures is the most reliable and accurate when received directly from the School/District.

School Contacts:

Lincoln-Woodstock Cooperative School District
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Website: <https://www.lin-wood.org/>

Facebook: <https://www.facebook.com/lwpsnh>

Instagram: <https://www.instagram.com/linwoodpublicschools>

Stakeholders are encouraged to submit questions, comments, and feedback via email to:
community@lin-wood.org

Expert Recommendations

State of NH Universal Best Practices:

<https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/sonh/universal-best-practices.pdf>

State of NH DOE – COVID-19 Resources for

Schools: <https://www.education.nh.gov/who-we-are/commissioner/covid-19>

NH Department of Health and Human Services:

<https://www.dhhs.nh.gov/>

CDC Coronavirus Disease 2019 (COVID-19)

Considerations for Schools:

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-guidance.html>

AAP COVID-19 Planning Considerations:


Guidance for Safe Schools:

<https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-planning-considerations-return-to-in-person-education-in-schools/>

NH COVID-19 Response:

<https://www.covid19.nh.gov/>

Health in Action

	Why	How
Physical Distancing	Physical Distancing minimizes the transmission of COVID-19. Maintaining a 3–6 ft. separation in the classroom will be pivotal in protecting individual from contact with asymptomatic carriers.	<p>Modified Layouts: Classrooms, buses, nursing offices, playgrounds</p> <p>Closing Communal Spaces: Where distancing measures cannot be applied</p>
Face Coverings	<p>Face coverings have been shown to slow the spread of the COVID-19 virus.</p> <p>Current Face Covering Protocol as of 03/06/2022: Face Coverings are optional for students, staff, and visitors to Lin-Wood Public Schools.</p> 	<p>How: Face covering practices will be reviewed regularly and updates will be communicated to all stakeholders.</p> <p>State and Federal guidance on face coverings will be reviewed prior to changes in District face covering practices.</p> <p>Any current State or Federal mandates regarding face coverings in K-12 school settings and while riding District provided transportation will be followed.</p> <p>When Utilizing a Face Covering: Change face covering if damaged (example: if moist from breath); no fidgeting with face coverings; proper way to wear face coverings (covering nose and mouth); launder cloth face coverings nightly.</p>
Isolation	Safe practices to help prevent the spread of infection.	Isolation: <u>As per current NH-DHHS/CDC recommendations.</u>
Vaccinations	The CDC indicates COVID-19 vaccinations will help keep individuals from getting COVID-19 or from getting seriously ill should COVID-19 be contracted.	Where: For individuals wishing to receive a vaccination, COVID-19 vaccination sites are available throughout the State of NH: https://www.vaccines.nh.gov/ including pharmacies and local doctor's offices.
Social Emotional Wellbeing	The District recognizes that the COVID-19 pandemic has been detrimental to the mental/social emotional health and wellbeing of students and staff.	What: Additional-BC/BA support is available for all students and staff. Focused services are available through the School guidance counselors and social worker. For their wellbeing, students and staff are encouraged to eat healthy well-balanced meals; exercise regularly; get plenty of sleep; connect with others; and talk about concerns and feelings.

The School Environment

Drop Off/Pick up:

- May change depending on bussing. Drop-off no earlier than 7:30 AM.

Health:

- Staff and students, with the knowledge of their parents, will be asked to stay home if sick or are experiencing [symptoms of COVID-19](#).

Quarantine/Isolation:

- If exposed to illness or presenting symptoms, students and staff members will be required to [isolate](#) per current NH-DHHS/CDC guidelines.

Visitors:

- All visitors and parents will follow building entry procedures and current School COVID protocols including current face covering practices. IEP meetings will be organized through the Special Education Department.

Children with Special Needs:

- Appropriate accommodations will be made with respect to health and safety for children with special needs. Please contact the Director of Pupil Services.

Sanitization Practices:

- Sanitation and handwashing will be required. Daily sanitization practices for the facility and buses will be implemented.

Face Coverings:

- Face covering practices will be reviewed regularly and updates will be communicated to all stakeholders. State and Federal guidance on face coverings will be reviewed prior to changes in District face covering practices. Any current State or Federal mandates regarding face coverings in K-12 school settings and while riding District provided transportation will be followed. **Current Face Covering Protocol as of 03/06/2022:** Face Coverings are optional for students, staff, and visitors to Lin-Wood Public Schools.

Personnel:

- Trained staff such as the school nurse, school counselors, and school social worker will be strategically utilized to ensure student and staff safety.

Meals:

- Breakfast and Lunch will be served for all students in the Middle/High School Cafeteria/Multipurpose Room. As the free meals waiver provided by the National School Lunch Program has expired, all families are encouraged to complete a Free and Reduced Meals Household Application. Household applications and other Lin-Wood food service information can be found on the School District's website here: <https://www.lin-wood.org/foodservice>.

Co-Curricular/Sports:

- Co-curricular and athletic offerings will be based on the guidance from the State and NHIAA recommendations.

Social Emotional:

- Additional BC/BA support is available for all students and staff. Focused services are available through the School guidance counselors and social worker.

Responsibilities

Parent Responsibilities	Keep your child at home and communicate with the school if they are sick; or if they display COVID-19 symptoms .
	Practice hygiene and sanitization with children in preparation for attending school.
	Prepare your child for the implementation of wearing and cleaning face coverings.
	Prepare for full open and full remote instruction scenarios. Make arrangements for your child's social and educational needs and ensure your child attends classes should the School transition to a remote learning schedule.
	Have a contingency plan for childcare should your child not be able to attend school or needs to be sent home.
Student Responsibility	Stay home when sick or experiencing symptoms of COVID-19.
	Practice hygiene and sanitation protocols – FREQUENT HAND WASHING.
	Adhere to current physical distance guidelines.
	Wear face coverings as required by current School protocol and NH-DHHS/CDC isolation guidance.
	Prepare for the transition of fully open to remote learning.
	Comply with bus expectations.
Staff Responsibilities	Stay home when sick or experiencing symptoms of COVID-19.
	Employees will follow the policies and procedures related to proper hygiene including frequent hand washing.
	Wear face coverings as required by current School protocol and NH-DHHS/CDC isolation guidance.
	Clean and disinfect educational areas.
	Adhere to all state and federally ordered guidelines
	Adhere to SAU Plans and Policies enacted to maintain integrity of the school.
	Participation in trainings guided by NH.Gov: State of NH Universal Best Practices CDC Cleaning and Disinfecting Public Spaces CDC Things to Know about the COVID-19 Pandemic

Schedule Scenarios

Full Opening – Descriptions and Scenarios:

- School as “Normal” as possible
- Spacing rules / less contact between grade levels
- Recess ground rules
- Transportation (Durham Bus Company – Regulations/Expectations)
- Face covering practices will be reviewed regularly and updates will be communicated to all stakeholders. **Current Face Covering Protocol as of 03/06/2022:** Face Coverings are optional for students, staff, and visitors to Lin-Wood Public Schools.

Full Remote - Descriptions and Scenarios:

- Government or administration recommends/requires closure of School

All plans are subject to change based on information from Federal, State, and Local sources.

Full Opening

Sample Full Opening Schedule High School

Time	Monday, Wednesday, and Friday
7:45 AM - 7:50 AM	Homeroom
7:52 AM - 8:43 AM	1 st Period
8:45 AM - 9:36 AM	2 nd Period
9:36 AM - 9:41 AM	Break
9:41 AM - 10:32 AM	3 rd Period
10:34 AM - 11:25 AM	4 th Period
11:27 AM - 12:18 PM	5 th Period
12:18 AM - 12:46 PM	Lunch
12:46 AM - 1:37 PM	6 th Period
1:39 AM - 2:30 PM	7 th Period

Time	Tuesday	Thursday
7:45 AM - 7:50 AM	Homeroom	Homeroom
7:52 AM – 9:22 AM	1 st Period	Advisory/Wellness/SEL/Clubs/Class Mtgs.
9:22 AM - 9:27 AM	Break	Break
9:29 AM – 10:59 AM	3 rd Period	2 nd Period
10:59 AM – 12:29 PM	5 th Period	4 th Period
12:29 AM – 12:58 PM	Lunch	Lunch
1:00 PM – 2:30 PM	7 th Period	6 th Period

Sample Full Opening Schedule Middle School

Time	Monday - Friday
7:45 AM - 7:50 AM	Homeroom
7:52 AM - 8:35 AM	Specials
8:35 AM - 9:35 AM	1 st Period
9:35 AM - 9:40 AM	Break
9:40 AM - 10:40 AM	2 nd Period
10:40 AM - 11:50 AM	Dear/Advisory/Recess/Lessons
11:50 AM - 12:15 PM	Lunch
12:20 PM – 1:20 PM	3 rd Period
1:20 PM – 2:20 PM	4 th Period
2:20 PM - 2:30 PM	Homeroom

Sample Full Opening Schedule Elementary School K-5

Sample Schedule	Monday	Tuesday	Wednesday	Thursday	Friday
7:45 AM - 7:50 AM	Attendance	Attendance	Attendance	Attendance	Attendance
7:50 AM - 8:10 AM	Responsive Classroom Morning Meeting	Responsive Classroom Morning Meeting	Responsive Classroom Morning Meeting	Responsive Classroom Morning Meeting	Responsive Classroom Morning Meeting
8:10 AM - 9:20 AM	Math	Math	Math	Math	Math
9:25 AM - 9:40 AM	Snack	Snack	Snack	Snack	Snack
9:40 AM - 10:45 AM	Language Arts	Language Arts	Language Arts	Language Arts	Language Arts
10:45 AM - 11:05 AM	Lunch*	Lunch*	Lunch*	Lunch*	Lunch*
11:05 AM - 11:35 AM	Recess*	Recess*	Recess*	Recess*	Recess*
11:35 AM - 11:50 AM	Quiet Time/Read Aloud	Quiet Time/Read Aloud	Quiet Time/Read Aloud	Quiet Time/Read Aloud	Quiet Time/Read Aloud
11:50 AM - 12:25 PM	Science	Science	Science	Science	Science
12:25 PM - 1:00 PM	Social Studies	Social Studies	Social Studies	Social Studies	Social Studies
1:00 PM -1:35 PM	WIN	WIN	WIN	WIN	WIN
1:35 PM -1:45 PM	Closing Meeting	Closing Meeting	Closing Meeting	Closing Meeting	Closing Meeting
1:45 PM - 2:25 PM	PE	Music	Health	Library	Art
2:25 PM	Dismissal	Dismissal	Dismissal	Dismissal	Dismissal

*Recess and lunch times vary by grade.

Remote Learning Schedules for COVID-19 Related Shutdown

High School Remote Learning Schedule

Each online period will be 30 minutes maximum. We are allotting 15 minutes between virtual classes. Attendance will be taken daily, grades for attending will be factored into final grade.

Monday & Tuesday 8:30 - 11:30

Periods	Day / Time
1	Mon. & Wed. 8:30 AM - 9:15 AM
2	Mon. & Tues. 9:30 AM - 10:15 AM
3	Mon. & Tues. 11:00 AM - 11:45 AM
4	Mon. & Tues. 12:00 PM - 12:45 PM
Lunch	12:45 PM - 1:15 PM
Office Hours / Planning	Teacher Created 1:15 PM - 2:30 PM

Thursdays & Friday

Periods	Day / Time
5	Thursdays & Friday 8:30 AM - 9:15 AM
6	Thursdays & Friday 9:30 AM - 10:15 AM
7	Thursdays & Friday 11:00 AM - 11:45 AM
Advisory	Thursdays & Friday 12:00 PM - 12:45 PM
Lunch	12:45 PM - 1:15 PM
Office Hours / Planning	Teacher Created 1:15 PM - 2:30 PM

Wednesdays 8:30 - 11:45

Periods	Day / Time
Office hours for Middle and High School (Small group instruction, Additional time for AP/Running Start Classes (Coordinate amongst those teachers)	Friday 1:15 PM
Lunch	Friday 1:15 PM
Teacher Planning	Friday 1:15 PM

AP and Running Start Classes:

Teachers may allot for additional AP & Running Start Classes during the 12:15 pm - 2:30 pm time frame. This may impact office hours.

Note the start of the day is 8:30 am for students. Teachers report to school at 8:00, .5 hrs. available which can be used as additional planning time.

* Coordinate through grade level teams.

Middle School Remote Learning Schedule

Monday, Tuesday, Thursday & Friday 8:30 - 11:30

Periods	Day / Time
1 - Specials	8:30 AM - 9:15 AM
2 - Core Class	9:30 AM - 10:15 AM
3 - Core Class	11:00 AM - 11:45 AM
4- Advisory / Lessons / Band Chorus	12:00 PM - 12:45 PM
Lunch	12:45 PM - 1:15 PM
5 - Core Class	1:15 PM - 2:00 PM
Office Hours / Planning	2:00 PM - 3:00 pm

Wednesdays 8:30 - 11:45

Periods	Day / Time
Office hours for Middle and High School (Small group instruction, Additional time for AP/Running Start Classes (Coordinate amongst those teachers)	8:30 AM - 11:45 AM
Lunch	11:45 AM - 12:15 PM
Teacher Planning	12:15 PM - 2:30 PM

Remote Learning Schedule School Elementary (K- 5)

8:30 - 9:00	<i>Morning Meeting*</i> and attendance
9:00 - 9:05	Rhythmic Movement Break (RMB)
9:05 - 9:35	Literacy- instruction and practice LIVE Group A
9:05 - 9:35	Math- instruction and practice LIVE Group B
9:05 - 9:35	Math & Science Project Group C
9:05 - 9:35	ELA & Social Studies Group D
9:35 - 9:40	RMB
9:40 - 10: 10	Literacy- instruction and practice LIVE Group B
9:40 - 10: 10	Math- instruction and practice Group C
9:40 - 10: 10	Math & Science Project Group D
9:40 - 10: 10	ELA & Social Studies Project Group A
10:10 - 10:15	RMB
10:15 - 10:45	Literacy- instruction and practice LIVE Group C
10:15 - 10:45	Math- instruction and practice Group D
10:15 - 10:45	Math & Science Project Group A
10:15 - 10:45	ELA & Social Studies Project Group B
10:45 - 10:50	RMB
10:50 - 11:20	Literacy- instruction practice LIVE Group D
10:50 - 11:20	Math- instruction and practice Group A
10:50 - 11:20	Math & Science Project Group B
10:50 - 11:20	ELA & Social Studies Project Group C
11:20 - 11:25	RMB
11:25 - 12:30	LUNCH & RECESS BREAK
12:30 - 1:15	Allied Arts - Specific Schedule per grade level and Classroom
1:15 – 2:30	Office Hours - Teachers accessible by phone, email, or <i>Google Meet</i>

****Responsive Classroom***

Transportation

Durham Bus Company

Routes:

Two Determined Routes

General Regulations:

- I. Students and staff will abide by all Durham Bus Company regulations.
- II. Regular riders only. No “guests” will be allowed on buses.
- III. Switching buses and bus stop changes will not be allowed.

Student Expectations:

- I. Students with the knowledge of their parent, are asked to stay home if sick or experiencing COVID-19 symptoms.
- II. Face covering practices will be reviewed regularly and updates will be communicated to all stakeholders. **Current Face Covering Protocol as of 03/06/2022:** Face Coverings are optional.
- III. Students may have assigned seats based on safety.

Facilities

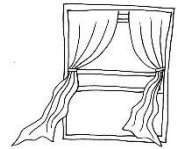
VENTILATION

The District has a mechanical service contract. Bi-annually, the HVAC system's filters are removed and replaced, the air ducts are cleaned, and all other scheduled maintenance (i.e. compressor fan belts, etc.) is completed per the manufacturer's specifications. Facilities staff double checks and recleans as necessary, the filters and the interior and exterior of the ducts.

To continue to improve air filtration and overall air quality, the District will routinely monitor and service the system. Routine service will include checking, cleaning, and/or changing filters more frequently as well as checking the ducts.

Every classroom has an opening window, and all windows will be serviced and in working order. However, if all the windows in the school are open, the negative pressure system will not work properly. The system has been adjusted to maximize outdoor air intake which will increase the amount of fresh air circulating throughout the classrooms and other common areas.

American Society of Heating, Refrigeration and Air Conditioning Engineers (ASHRAE) and CDC standards have been consulted and will be monitored for any future changes or recommendations.



CLEANING/PREPARATION

The District has a cleaning and sanitizing plan for the custodial staff based on the educational model being followed. Cleaning supplies will be made available in the classrooms so desk areas may be cleaned regularly. These supplies will be kept out of the reach of children. Only District supplied cleaning and disinfecting chemicals may be used. Afterschool crews will prioritize cleaning and disinfecting of classrooms, offices, halls, and floors utilizing electrostatic sprayers to disinfect classrooms and other large areas.

Co-Curricular/Sports

ATHLETICS:

It is the expectation of the Lincoln-Woodstock Cooperative School District athletics department that all individuals and user groups utilizing its athletic facilities will abide by guidelines set forth by the CDC, the State of NH Universal Best Practices, NHIAA, and the school.

Guidelines and Recommendations:

[NHIAA Sports Medicine](#)

Employees

The safety of the Lincoln-Woodstock Cooperative School District employees is a top priority during the COVID-19 pandemic. Procedures and policies have been adopted to minimize the risk of exposure and prevent the spread of COVID-19. Outlined below is an overview of safety measures implemented by the Lincoln-Woodstock Cooperative School District.

Covid-19 Protocol

Employees will follow policies and procedures related to hygiene which will include, but not be limited to:

Frequent handwashing.

Thorough cleaning and disinfecting of workspaces.

Wear face coverings as required by current School District protocol and [NH-DHHS/CDC isolation](#) guidance.

Mitigate risk of exposure by adhering to all state and federally ordered guidelines.

Will participate in training identified below.

Training

Initial training should be provided to all employees prior to the return to school buildings.

Available online and in person.

Mandatory for all employees.

Topics to Include:

- COVID-19 Overview.
- Use of PPE.
- Cleaning and Disinfecting.
- Screening tool use and self-reporting.
- Response to symptomatic students and colleagues.
- Training guidance:
 - [State of NH Universal Best Practices](#)
 - [CDC Cleaning and Disinfecting Public Spaces](#)
 - [CDC Things to Know about the COVID-19 Pandemic](#)
 - [CDC How COVID-19 Spreads](#)

Policies & Procedures:

Report symptoms to administration as soon as possible.

Wear face coverings as required by current School District protocol and [NH-DHHS/CDC isolation](#) guidance.

Clean and disinfect workspaces.



Employee Leave

The following information outlines leave options available to employees of School Administrative Unit #68. The SAU will notify employees if additional resources and/or leave options become available.

All leave request questions should be directed to the Superintendent of Schools, Judith McGann, Ed.D. Additionally, if an employee wants to discuss the need for job accommodations and feels they have protection under the ADA, they should contact the SAU office as soon as possible.

Family Medical Leave Act (FMLA) - Federal

To be eligible for *FMLA*, an employee shall have been employed for at least 12 months and have worked at least 1,250 hours during the 12-month period preceding the commencement of the leave. Eligible employees shall be entitled to a combined total of 12 weeks of leave per year to use for qualifying reasons. *FMLA* leave is unpaid, job protected leave where the district continues to pay its portion of the health insurance premiums.

NH FMLA - State (HB14)

September 26th, 2019, the Governor of New Hampshire signed into law HB14 and it was made retroactive back to June 30, 2019. This new state law expands *FMLA* eligibility for NH School District employees by reducing the number of hours an employee must work in the year preceding their *FMLA* leave request from 1,250 to 900. The employee who has worked the 900 hours or more shall be eligible for family and medical leave under the same terms and conditions as leave provided to eligible employees under the federal Family and Medical Leave Act.

Accrued Sick Leave

This is the sick leave employees are awarded each year as part of the employment package. Please see your collective bargaining agreements (LWEA, LWSSA) and/or personnel policies (GDB-R) for accrual and usage of sick/illness leave.

Sick Leave Bank

For employees who contribute to the sick leave bank as per their collective bargaining agreement (LWEA), requesting leave from the bank may be an option should all other available leave options be used.

Accrued Vacation Leave

Please see your collective bargaining agreements (LWSSA) and/or personnel policies (GDB-R) for accrual and usage of any awarded vacation leave.

Americans with Disability Act (ADA)

The ADA prohibits discrimination against people with disabilities. The ADA does not specifically name all impairments covered under this Act, so if an employee thinks they might be entitled to protections under the law, they should reach out to the SAU#68 office to discuss options. Under the ADA, discussions between the employee and employer take place to try and find reasonable accommodations for employees that meet the criteria under this Act. Medical documentation supporting the disability will be required.

Worker's Compensation

If an employee is diagnosed with COVID-19, they may be eligible for Worker's Compensation. Current law says for an employee to claim worker's compensation for an infectious disease, the employee must demonstrate that they contracted the disease in the course and scope of their employment. In the unfortunate event that an employee contracts COVID-19 at work, a worker's compensation claim can be filed and *Primex* will assess the claim and determine if coverage is warranted.

Unpaid Leave of Absence

Some collective bargaining agreements (LWEA, LWSSA) and personnel policies (GDB-R) provide for an unpaid leave of absence for qualifying employees. All applications for such leave must be made in writing and approved by the school board prior to the beginning of the leave.

Employer Responsibilities

The Lincoln-Woodstock Cooperative School District will:

- Provide supplies required for cleaning and disinfecting work areas as well as PPE (face coverings and other as appropriate). Only District supplied cleaning and disinfecting chemicals may be used.
- Consider emotional and medical needs of all employees (especially those who are medically vulnerable).
- Identify, designate, and monitor employee leave options.
- Train staff and faculty on expectations and new procedures as they develop.
- Follow the recommendations of [NH DOE](#), [NH-DHHS](#), and [CDC](#).

Response

SYMPTOMATIC INDIVIDUAL

I. Screening:

- To keep Lin-Wood staff and students healthy it is essential to keep symptomatic students and staff members out of the building.
- Staff and Students, with the knowledge of their parents, are asked stay home if they are sick or experiencing [COVID-19 symptom](#).
- Staff and student exposed to COVID-19 are recommended to wear a mask and test on day five per current NH-DHHS/CDC guidelines.
- Good communication with staff members, students, and parents is necessary to let each know what is expected. Lin-Wood will utilize email, phone calls, an all call system, the School [website](#), [Facebook](#), and [Instagram](#) as communication avenues.

II. Assessment:

- [Symptoms of COVID-19](#) are general. Staff members and students will be assessed on a case by case basis. (For example: a child with documented seasonal allergies presents with respiratory symptoms. Is it allergies or COVID-19?)
 - a. If symptoms are new for the individual; the individual will be sent home and should contact his/her primary care physician (PCP) or other medical professional.
 - How do we know if a symptom is “new or unexplained” and not due to a chronic condition (e.g., allergies)?
 - The School will document and verify with staff members, parents, and healthcare providers if a student/staff member has any chronic health conditions and the typical symptoms the health condition presents with. If a student/staff member presents with symptoms during school, and it is unclear (or undocumented in the student/staff member’s medical record) if the symptoms are chronic, then the student/staff member will be excluded until they have met the return to school criteria, or a healthcare provider can document a chronic/stable condition that accounts for the student/staff member’s symptoms and that there are not any new or unexplained symptoms of COVID- 19.

III. Testing and Returning to School:

- There is no requirement for student/staff to be tested prior to starting the school year.
- If a student/staff member is sent home with COVID-19 related symptoms they may:
 - a. Isolate for 5 days
 - b. Test negative for COVID-19
- [Per NH-DHHS/CDC recommendations](#), if found to have COVID-19 the individual can return to school 5 days after onset; if symptoms are improved and they have been fever-free off medication for 24 hours. A mask will be required for a total of 10 days regardless of Lin-Wood current mask policy. (The 10 day mask rule may be lifted if individual tests negative on two consecutive antigen tests 48 hours apart with the first test obtained no earlier than day six.)
- Reports of school associated persons diagnosed with COVID-19 will be provided to NHDHHS if required.

Isolation Recommendations for the General Public

When to Isolate

Regardless of vaccination status, **you should isolate from others when you have COVID-19. You should also isolate if you are sick and suspect that you have COVID-19 but do not yet have test results.** If your results are positive, follow the full isolation recommendations below. If your results are negative, you can end your isolation.

IF YOU TEST

Negative

You can end your isolation

IF YOU TEST

Positive

Follow the full isolation recommendations below

When you have COVID-19, isolation is counted in days, as follows:

If you had no symptoms

- **Day 0 is the day you were tested** (not the day you received your positive test result)
- **Day 1 is the first full day** following the day you were tested
- If you develop symptoms within 10 days of when you were tested, the **clock restarts at day 0 on the day of symptom onset**

If you had symptoms

- **Day 0 of isolation is the day of symptom onset**, regardless of when you tested positive
- **Day 1 is the first full day** after the day your symptoms started

Isolation

If you test positive for COVID-19, stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days.

- **Wear a high-quality mask** if you must be around others at home and in public.
- Do not go places where you are unable to wear a mask.
- Do not travel.
- Stay home and separate from others as much as possible.
- Use a separate bathroom, if possible.
- Take steps to improve ventilation at home, if possible.
- Don't share personal household items, like cups, towels, and utensils.
- Monitor your symptoms. If you have an emergency warning sign (like trouble breathing), seek emergency medical care immediately.
- Learn more about what to do if you have COVID-19.

Ending Isolation

End isolation based on how serious your COVID-19 symptoms were.

If you had no symptoms

You may end isolation after day 5.

If you had symptoms

You may end isolation after day 5 if:

- You are fever-free for 24 hours (without the use of fever-reducing medication)
- Your symptoms are improving

If you still have fever or your other symptoms have not improved, continue to isolate until they improve.

If you had moderate illness (if you experienced shortness of breath or had difficulty breathing), or severe illness (you were hospitalized) due to COVID-19, or you have a weakened immune system, you need to isolate through day 10.

If you had severe illness or have a weakened immune system, consult your doctor before ending isolation. Ending isolation without a viral test may not be an option for you.

If you are unsure if your symptoms are moderate or severe or if you have a weakened immune system, talk to a healthcare provider for further guidance.

Regardless of when you end isolation, avoid being around people who are more likely to get very sick from COVID-19 until at least day 11. Remember to wear a high-quality mask when indoors around others at home and in public and not go places where you are unable to wear a mask until you are able to discontinue masking (see below), including public transportation and travel settings.

Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation.

Removing Your Mask

After you have ended isolation, when you are feeling better (no fever without the use of fever-reducing medications and symptoms improving),

- Wear your mask through day 10.

OR

- If you have access to antigen tests, you should consider using them. With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.

Note: If your antigen test results¹ are positive, you may still be infectious. You should continue wearing a mask and wait at least 48 hours before taking another test. Continue taking antigen tests at least 48 hours apart until you have two sequential negative results. This may mean you need to continue wearing a mask and testing beyond day 10.

After you have ended isolation, if your COVID-19 symptoms recur or worsen, restart your isolation at day 0. Talk to a healthcare provider if you have questions about your symptoms or when to end isolation.

^[1] As noted in the Food and Drug Administration labeling for authorized over-the-counter antigen tests, negative test results do not rule out SARS-CoV-2 infection and should not be used as the sole basis for treatment or patient management decisions, including infection control decisions.

Information provided by the [Centers for Disease Control and Prevention \(CDC\)](#) as of August 11, 2022.

COVID 19 Symptoms

To protect all users of our facilities we are asking all staff and students, with the knowledge of their parents or guardians, to stay home if they are sick or symptomatic.

COVID-19 Symptoms	
Fever or Chills	Cough
Shortness of Breath or Difficulty Breathing	Fatigue
Muscle or Body Aches	Headache
New Loss of Taste or Smell	Sore Throat
Congestion or Runny Nose	Nausea, Vomiting, or Diarrhea

Sources

State of New Hampshire: <https://www.covid19.nh.gov/>

New Hampshire Department of Health and Human Services: <https://www.dhhs.nh.gov/index.htm>

State of New Hampshire Department of Education: <https://www.education.nh.gov/>

NH Grades K-12 Back-To-School Guidance:

<https://www.education.nh.gov/sites/g/files/ehbemt326/files/inline-documents/sonh/nh-k-12-january-2021-back-to-school-guidance-3-17-2021.pdf>

Center for Disease Control: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

World Health Organization: <https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

US Food & Drug Administration: <https://www.fda.gov/medical-devices/coronavirus-disease-2019-covid-19-emergency-use-authorizations-medical-devices/in-vitro-diagnostics-euas-antigen-diagnostic-tests-sars-cov-2>

American Academy of Pediatrics: <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/>

New Hampshire Interscholastic Athletic Associations: <http://www.nhcaa.org/sports-medicine>

New Hampshire SAU #9: <http://www.sau9.org/>

Addendum

Stakeholder Response

The District continues to have “Reopening Plan” updates on a regular basis for all stakeholders. This includes opportunity for stakeholders to give feedback at Board meetings through the agenda item, “Covid-19”. These Board meetings occur every second and fourth Wednesday evening per month, unless otherwise posted. Also, public may access the “community input” link. This input link is an email box for public input via the COVID-19 page on the District’s website to share any concerns or feedback the public may have.

Socio-economic/Social-emotional Well-being

The District has increased counseling services for both staff and students through more focused services via guidance counselors and social worker as needed. Additional services for a BC/BA is currently in place to better meet the needs of students.

Safety Needs for the District

Face masks are provided free of charge to all students, staff and visitors at the main entry of each school building. All classrooms continue to receive appropriate disinfecting at the end of every school day. Disinfecting also is done during the school day throughout the school buildings.