

Ruleville Central Elementary School

February 2024

Sawanda Washington, Principal
Phone: (662)756-4276 Fax: (662)756-2622

"Equitable Education for Every Student"



Principal's Message



Showing compassion, respect, and appreciation for those who work diligently to support and serve our school and community is imperative in order for us to remain on the road to success. I give **KUDOS** to those who support us! We **MUST** commit ourselves to continuing the legacy that our forefathers began. Therefore, **EVERYONE** must keep their eyes on the prize of quality teaching and learning. As we reflect on students' test data, growth is evident. Yet, we must continue to work to reach higher goals and expectations. By working hard, studying, and making academic growth our students will graduate college and career ready, make a difference, and change the world. It starts with parental support, a quality elementary education, self-determination, and discipline.

Sawanda Washington, Principal

Upcoming Events

- 2/9 – 2nd Nine Weeks Awards Program
- 2/13-Progress Reports Distribution
- 2/15 – Sneaker Ball 5-8 p.m.
- 2/19– Presidents' Day (No School)
- 2/20 – School Board Meeting @ RCES (6:00 p.m.)
- 2/23 – Glenn Family Foundation Wellness Day
- 2/26 – MDE Learning Walk
- 2/28 – Black History Program 9:30 a.m.

Character word of the month Kindness

The February Word of the Month is **KINDNESS**. Kindness is the quality of being friendly, generous, and considerate.



Birth day wishes to everyone who is celebrating a birthday in the month of February!!



2nd Nine Weeks

Academic Recognition

Superintendent's List (Students with all A's)



Aubrey Brown
Jakaiden Brown
David Carr, III
Kavion Dixon
De'Miyah Ray
Mackenzie Sanders
Cedric Ware Jr.
Artavius Williams
Madisyn Wilson



Principal's List (Students with all A's and B's)

Major Brand	Demonte Mickey	Lillian Washington
Kaylynn Brewer	Damien Mitchell	Arielle Weeks
Serenity Bridges	Madisyn Montgomery	Cayden Williams
Mallory Caldwell	Zoey Moreno	Kamariah Woods
Bre'anaya Coleman	Adrianna Nash	
Latrell Cotton	Roosevelt Nash, Jr	
Cassidy Cox	Ca'Niya Nunnally	
Azaria Davis	Micah Pointer	
Destinee Davis	Walter Pollard, II	
Kedrick Davis	A'Drelyn Pomerlee	
Carlie Deal	Tommie Porter	
Micayla Fletcher	De'Nyiah Ray	
Flaneadra Friend	Joidynn Rodgers	
Kaitlyn Gordon	Areonna Rogers	
Jarvis Harper	Arianna Rogers	
Carlah Hayes	Chayace Ross	
Jayden Herring	Jakellion Sampson	
Layla Hogan	Corwyn Scott	
Paisley Hudnall	Kaiden Scott	
Tommy Jordan	Ivy Smith	
Deondre Lee	Zion Smith	
Jordan Levy	Londynn Thigpen	
Lauren Maiden	Ariane Walker	
London McCain	Johnny Ward, III	



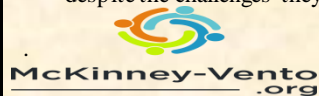
Honor Roll (Students with all A's, B's and 1 C)

Juleigha Appleton	Ilayah Mallard
Londynn Carter	Kaley McCain
Malaysia Carthen	Raegan McCain
Danaryian Causey	Taylynn McCain
Ava Christmas	Kenyard McCraney, Jr.
Bre'Aysia Coleman	Alexis McCray
Ke'Shaun Conway	Cambrie Nailor
Taylor Conway	Daxton Ogburn
Ryan Foster	Chauncey Porter
Ken'daya Garfield	Brennen Reed
Bryson Graham	Kaiden Rucker
Kayleigh Graham	Aubree Shepherd
Bryson Green	Genesis Smith
Taniya Hall	Aurora Spivey
Jaelynn Harper	Bobby Townsend
Kyleigh Harper	Amarii Weeks
OTavius Harris	Paris Wright
Jayden Jackson	
Zhanye Luckett	



HELP FOR THOSE IN NEED

When a family becomes homeless, there are two issues that usually occur with the affected children, 1) student attendance decreases and 2) financial situations destroy students' interest in school. The SCCSD recognizes the importance of education for all children and has adopted the McKinney-Vento Homeless Act that addresses the needs of homeless children. This policy provides assistance for homeless students so that they can continue to be educated despite the challenges they face. If you know families with children who are homeless, please contact the Homeless Liaison at RCES, Ada Mays at (662)756-4276. Your call could be of great assistance to a family in need.



Healthy Tips Corner

Exercise: What's in It for You?

Better Mood

Cranky? Get moving. Exercise makes you feel happier. When you work out, your body makes endorphins -- "feel-good" chemicals in the brain. You can actually start to feel better within a few minutes of moving. But the effects of regular exercise can last for a long time.

More Energy

You might not expect it, but using energy to exercise gives you more get-up-and-go. Sometimes when you're tired, the last thing you want to do is move. But when you exercise regularly, that fatigue goes away and you find yourself with a lot more pep.

Good Night's Sleep

Get regular exercise to help you fall asleep faster and sleep more soundly. The harder you exercise, the more likely you are to have a good night's sleep

Less Stress

Exercise calms your body and your brain. After your body works hard, the levels of stress hormones -- like adrenaline and cortisol -- drop. Stress and anxiety fade away, especially after aerobic exercise.

Healthy Heart

It's no secret that exercise is great for your heart. Regular workouts lower your risk of heart disease, improve your blood cholesterol levels, and help control and even prevent high blood pressure.



Ruleville Elementary Networking Service

To receive school announcements via text
Notify Me through School Status.

This is a safe and confidential communication system. No telephone numbers will be revealed during this process. We are working to improve home and school communications one text at a time.



In the Spotlight



Megan Burton
Teacher of the Month



Ada Mays
Staff of the Month



Shanell & Anthony Townsend
Parent of the Month



Jerome & Tynika Shaw
Community Partner

RCES Tigers of the Month

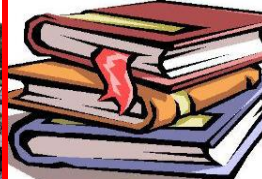
"Alone we can do so little;
together we can do so much."

-Helen Keller



Did You Know?

Black History Month began as "Negro History Week," which was created in 1926 by Carter G. Woodson, a noted African-American historian, scholar, educator, and publisher. It became a month long celebration in 1976. The month of February was chosen to coincide with the birthdays of Fredrick Douglass and Abraham Lincoln. "The past is behind, learn from it. The future is ahead, prepare for it. The present is here, make a difference." -Thomas S. Monson





RCES Students of the Month



Kindergarten



Cody Cason

1st Grade



Paisley Coleman

2nd Grade



Alexis McCray



3rd Grade



Ja'Nyla Davis



4th Grade



Azaria Davis

5th Grade

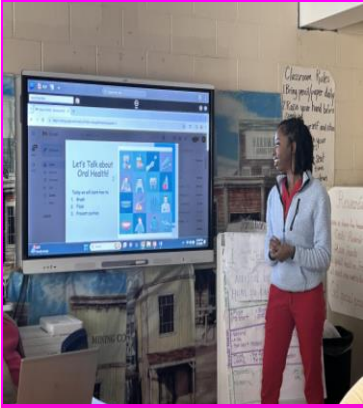
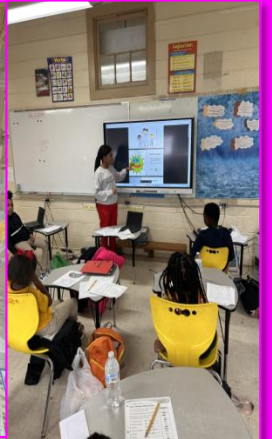


Kavion Dixon





RCES Report Card Night/ MDCC Dental Hygiene Students Presentation/Sneaker Ball





Pastor Timothy Wright-Wellness Check with Staff/ 2nd Nine-Weeks Honor Program/Killing It Awards



GLENN FAMILY FOUNDATION



The Glenn Family Foundation (GFF) honors the rich legacy and faith of their parents, Essie B. and William Earl Glenn. It is through this structural and urgent community vision that the seven siblings honor their parents' commitment to service. The Glenn Family Foundation endeavors to improve life outcomes for children, youth and families in the Mississippi Delta, by erasing health inequities, and working with like-minded community partners to advance the life chances of dispossessed families and communities.

The GFF has provided meals to over 7,600 food-insecure children during the Foundation's Summer Lunch Meal Program, given over 62,175 pounds of food to needy families, hosted free COVID-19 testing, provided over 5,400 community members with face masks and sanitizer, provided 700+ flu shots, blood pressure checks, cancer screening and vision and dental assessments for several hundred families and individuals. The essence of GFF is best summed up in the words of their Mother's favorite song, "If I can help somebody as I travel on, then my living shall not be in vain." In addition to bringing ACEs awareness to communities across the region, the Foundation is developing an integrated health awareness learner-centered intervention to engage teachers, students and families in Sunflower County Mississippi.

Read Across America

In Dr. Seuss' words, "You're never too old, too wacky, too wild, to pick up a book and read with a child!" RCES will celebrate Read across America in the month of March, National Reading Month, by celebrating the birthday of beloved children's author Theodore Geisel, Dr. Seuss. One of his most famous characters around RCES is that cat, that Cat in the Hat! That cat will help us celebrate Dr. Seuss's birthday on Friday, March 1st. He might even read with a child!

Mindset Matters

Your mindset directly affects how you see the world and how you see yourself. It shapes the way you think, feel and behave. Having a positive mindset will not only put you in a better mood, but it will also help you cope with stressful situations.

The following daily prompts will help you start each day on a positive note.

Mindfulness Monday

Close your eyes and take 5 slow deep breaths. Sit very still and notice one thing you can see, hear, feel, and taste and smell. Mindfulness is about focusing your attention on the present moment without dwelling on the past or worrying about the future. Mindfulness will help you calm both your mind and body. You can use it as a positive way to stay your day or when you're feeling overwhelmed or upset.

Thoughtful Tuesday

What is one thoughtful and kind thing you can do for someone else? Kids "Do something every day that makes the world a little more awesome".

Wish-Well Wednesday

Think of someone who is struggling and wish them well. Let them know you're thinking about them and send positive thoughts their way all week!

Thankful Thursday

What is one thing you're thankful for? Happiness isn't about getting what you want all the time. It's about loving what you have and being grateful for it.

Fabulous Friday

Think for a minute about what make YOU fabulous and how you can celebrate **it!**

