LUNCH

OCTOBER 2024 This institution is an equal opportunity provider.



Dinner Roll

Steamed Carrots

Mashed Potatoes

Fruit // Milk

Every effort will be made to follow the published menu; however, last minute changes may be necessary.



Fried Rice // Roll

Steamed Broccoli

Potato Choice

Fruit // Milk



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

Dinner Roll

Macaroni & Cheese

Mashed Potatoes

Green Beans

Fruit // Milk







MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Asian Chicken Oven Roasted Chicken **Beef Taco** Hamburger // 2 Cheeseburger Fried Rice// Roll Tortilla Chips Dinner Roll Steamed Broccoli Salsa // Pinto Beans Macaroni & Cheese Hamburger Bun French Fries Potato Choice **Buttered Corn** Mashed Potatoes **Baked Beans** Fruit // Milk Fruit // Milk Green Beans Fruit // Milk Fruit // Milk Fall Break Fall Break Fall Break Fall Break Fall Break 7 8 9 10 Chicken Strips Spaghetti **BBQ** Chicken Fillet Pizza 14 15 16 17 18 Hamburger Bun Hamburger Bun Marinara Sauce Dinner Roll Garlic Biscuit Green Peas **Buttered Corn** Pinto Beans Veggie Cup Potato **Carrot Dippers** Mashed Potatoes Green Beans French Fries Wedges **Buttered Corn Pickle** Fruit // Milk Cookie 21 22 23 24 **Beef Dippers** Chicken // Egg Pork Patty Chicken Fajita Pizza or Quesadilla Dinner Roll Dinner Roll Tortilla Shell Steamed Broccoli Biscuit // Gravy Mashed Potatoes Salsa / Potato Choice Potato Choice Salsa // Trimmings French Fries Fruit // Milk Green Beans Veggie Cup Roasted Vegetables Pinto Beans // Corn Fruit // Milk Fruit // Milk Fruit // Milk Fruit // Milk Cookie Oven Roasted Chicken **Beef Taco** Steak & Gravy Asian Chicken 28 29 30

Tortilla Chips

Salsa // Pinto Beans

Buttered Corn

Fruit // Milk