

AUGUST 2023 Taylor-White Elementary

BREAKFAST

MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.



Nutrition Tip: Drink water! Sip water or other drinks with few or no calories to stay hydrated and help maintain a healthy weight. Keep a water bottle in your bag or at your desk to satisfy your thirst.

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Summer Break!
NO SCHOOL!!!

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NO SCHOOL!!!

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NO SCHOOL!!!

Summer Break!
NO SCHOOL!!!

Pop-Tart
Yogurt
Fruit
Juice
Milk

Breakfast Sandwich
Fruit
Juice
Milk

Breakfast Pizza
Fruit
Juice
Milk

French Toast
Sticks
Fruit
Juice
Milk

Pancakes
Sausage
Fruit
Juice
Milk

Ham and Cheese
Croissant
Fruit
Juice
Milk

Cinnamon Roll
Yogurt
Fruit
Juice
Milk

Pancake on a Stick
Fruit
Juice
Milk

Cheese Toast
Sausage
Fruit
Juice
Milk

Strudel Frudel
Yogurt
Fruit
Juice
Milk

Egg Croissant
Fruit
Juice
Milk

Sausage Biscuit
Fruit
Juice
Milk

Sausage Bagel
Cream Cheese
Fruit
Juice
Milk

Cereal
Muffin
String Cheese
Fruit
Juice and Milk

Chicken Biscuit
Fruit
Juice
Milk

Breakfast Hot
Pocket
Fruit
Juice
Milk

Muffin
Sausage
Fruit
Juice
Milk

Pancake on a Stick
Yogurt
Fruit
Juice
Milk

Scrambled Eggs
Grits
Fruit
Juice
Milk

