

3-6 months

DEVELOPMENTAL CHECKLIST

Child's Name:

Administrator's Name:

Date(s) of Administration:

Tip: If completing multiple times (e.g., once per month), use a different colored pen for each administration.

LANGUAGE & LITERACY **HEALTH & MOTOR**

☐ Holds head steady, unsupported Responds to changes in tone of voice Rolls from back to tummy and tummy to back Pushes up on forearms when lying on tummy Begins to sit with support Pushes down on legs or bounces on feet when supported in a standing position Reaches, grasps and holds objects Uses both hands to explore toys and bring them to mouth Shakes and bangs objects Grasps and plays with feet while lying on back Takes turns making sounds with others Focuses eyes on small objects up close as well as objects a few feet away Reaches toward and touches a book By 5 months, develops good color vision May respond to caregiver's voice while reading by smiling and Reaches for spoon while being fed Closes mouth firmly or turns head away when hunger is satisfied

SOCIAL-EMOTIONAL

Begins to sleep for a longer period through the night

- Responds with eye gaze, smiling, and cooing when spoken to, picked up, or shown affection by a familiar caregiver Initiates social interactions with others by making eye contact and Copies some facial expressions, like smiling or frowning Laughs aloud, squeals, blows bubbles Shows excitement by waving arms and legs
- Communicates distress verbally (fusses, cries) and nonverbally (turns head, frowns, arches back, spits up)
- Stops crying when a familiar caregiver comes near
- Responds to other people's emotions

Teeth may begin to appear

Observes people and activities

COGNITIVE

- Looks around and shows curiosity about things nearby in environment
- Reaches for objects
- Begins to explore objects (e.g., banging, putting in mouth)
- Begins to experiment with cause and effect (e.g., shaking a rattle to make noise)
- Begins to act bored or fuss if activity does not change
- Forgets about object when removed from view

Begins to turn in response to name
Responds to music and singing
Laughs aloud
Starts to babble with sounds like p, b, m
Vocalizes to get attention, express displeasure, show
eagerness
Produces raspberries, squeals, trills
May start to imitate sounds s/he hears

RED FLAGS

Teachers should talk to parents or guardians if they notice one or more of these signs of possible developmental delay. Parents should discuss red flags with their

pediatricians or call Early Childhood Intervention (ECI) to ask for a developmental screening.		
(J	Has trouble moving one or both eyes in all directions by 4 months
[J	Can't hold head steady by 4 months
[J	Doesn't coo or make sounds by 4 months
[J	Doesn't push down with legs when feet are placed on a hard surface by 4 months
[J	Doesn't try to get things that are in reach
[J	Shows no affection for caregivers
	J	Doesn't respond to sounds around him
(J	Has difficulty getting things to mouth
[J	Doesn't make vowel sounds ("ah", "eh", "oh")
1		Doesn't roll over in either direction

Doesn't laugh or make squealing sounds

Seems very stiff, with tight muscles

Seems very floppy, like a rag doll