

OCTOBER 2024

BREAKFAST



School Information: This Institution is an equal Opportunity Provider.



All Fruit is either fresh, frozen or in lite syrup.



Cinnamon Roll Day is October 4. Start your day in a fun way with a cinnamon roll. Don't forget to add a glass of milk and a side of fruit to complete your meal!



MONDAY

Menu subject to change without notice due to availability of products

Cereal
Toast
Fruit
Juice
Milk

7

TUESDAY

Blueberry Overnight Oats
Fruit
Juice
Milk

1

Breakfast Banana Split w/
Granola
Fruit
Juice
Milk

8

WEDNESDAY

Pancake on a Stick
Fruit
Juice
Milk

2

Waffle w/ Syrup
Fruit
Juice
Milk

9

THURSDAY

Muffin
Fruit
Juice
Milk

3

Omelet
Toast
Fruit
Juice
Milk

10

FRIDAY

Biscuit
Sausage
Fruit
Juice
Milk

4

Biscuit
Sausage
Fruit
Juice
Milk

11

Cereal
Muffin
Fruit
Juice
Milk

14

Omelet
Toast
Fruit
Juice
Milk

15

FALL BREAK

16

FALL BREAK

17

FALL BREAK

18

Cereal
Toast
Fruit
Juice
Milk

21

Parfait
Fruit
Juice
Milk

22

Egg Patty
Bacon
Fruit
Juice
Milk

23

French Toast
Fruit
Juice
Milk

24

Biscuit
Sausage
Fruit
Juice
Milk

25

Cereal
Muffin
Fruit
Juice
Milk

28

Omelet
Toast
Fruit
Juice
Milk

29

French Toast
Pumpkin Parfait
Fruit
Juice
Milk

30

Egg Patty
Toast
Fruit
Juice
Milk

31



RHO