

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU FEBRUARY 2025

2/03-2/07



Monday Tuesday Wednesday Thursday Friday

The Main Menu

Bowl of Chili
w/Frito Topping
Shredded
Cheddar
Garlic Knot

Golden Corn

Nacho Tuesday
Seasoned Beef
W/Tostito Scoops
Shredded Cheddar
Lettuce, Tomato,
Refried Beans

Chicken Tenders
Garlic Breadstick

Parmesan Broccoli

Stuffed Crust Pizza

Caesar Salad

PreGame Platter
for 2025 Super
Bowl

Oven Baked Fries
All Sports Bites



Alternate Lunch

Macaroni +
Cheese w/Whole
Grain Dinner
Roll

Pizzeria Style Pizza

Stuffed Shells

Spicy Chicken
Patty on Whole
Grain Bun

Bosco Sticks
w/Marinara Sauce

or
Hot Dog on
Whole Grain Roll

or

or

or

or

Hamburger or
Cheeseburger on
Whole Grain Bun

Hot Dog on Whole
Grain Roll

Hamburger or
Cheeseburger on
Whole Grain Bun

Hot Dog on Whole
Grain Roll

American
Heart Month

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Fresh Salads & More



Chicken Caesar
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

All meals come with fat free or
1% milk and our Rainbow Fruit
& Veggie Tray!



SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU FEBRUARY 2025

2/10-2/14

Monday

Tuesday

Wednesday

Thursday

Friday

American Heart Month

The Main Menu

Egg + Cheese on Whole Grain Croissant

Oven Baked Potato Puffs



Grilled Cheese Tomato Soup

Fresh Cut Vegetables w/Dip



Mini Mac + Cheese Bites

Diced Carrots

Happy Valentines Day

Sweetheart Nuggets
Heartbeat Pretzel
Be Mine Broccoli
Strawberry Shortcake



**Valentine's Day
No School**

Alternate Lunch

Macaroni + Cheese w/Whole Grain Dinner Roll

or
Hamburger or Cheeseburger on Whole Grain Bun

Pizzeria Style Pizza

Or
Hot Dog on Whole Grain Roll

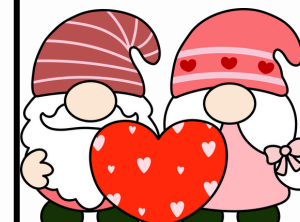


Nachos w/Cheese Sauce

or
Hamburger or Cheeseburger on Whole Grain Bun

Spicy Chicken Patty on Whole Grain Bun

or
Hot Dog on Whole Grain Roll



**Valentine's Day
No School**

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly

Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Fresh Salads & More

Chef Salad
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!





SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU FEBRUARY 2025

2/17-2/21

Monday Tuesday Wednesday Thursday Friday

American Heart Month

The Main Menu

 <p>President's Weekend No School</p>	<p>Pasta w/Meatballs</p>  <p>Baby Spinach Salad</p>	<p>Baked Popcorn Chicken Whole Grain Dinner Roll Oven Roasted Zucchini</p>	<p>Personal Pizza Tossed Salad</p>	<p>Mini Confetti Pancakes Sausage Links Oven Potato Puffs</p>
 <p>President's Weekend No School</p>	<p>Pizzeria Style Pizza</p> <p>or</p> <p>Hamburger or Cheeseburger on Whole Grain Bunn</p>	 <p>Smoothie w/Hot Pretzel</p> <p>or</p> <p>Hot Dog on Whole Grain Roll</p>	<p>Spicy Chicken Patty on Whole Grain Bun</p> <p>or</p> <p>Hamburger or Cheeseburger on Whole Grain Bun</p>	<p>Bosco Sticks w/Marinara Sauce</p> <p>or</p> <p>Hot Dog on Whole Grain Roll</p>

Alternate Lunch

The SMS Deli

Boars Head
 Turkey, Ham, Buffalo Chicken, Italian Combo
 Cheese: American, Provolone, Swiss, Pepperjack
 Sunbutter & Jelly
 Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Fresh Salads & More

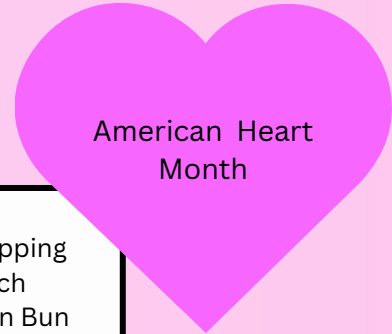
Chicken Caesar
 Yogurt Parfait w/Homemade Granola
 Hot Pretzel w/Yogurt & String Cheese

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!

SCHAGHTICOKE MIDDLE SCHOOL LUNCH MENU FEBRUARY 2025

2/24-2/28

Monday Tuesday Wednesday Thursday Friday



The Main Menu

Grilled Chicken Club on Whole Grain Bun
Lettuce/Tomato Bacon + Cheese Ranch or Chipotle Oven Baked Fries

Asian Dumplings w/Dipping Sauce Stir Fry Vegetables



Gyro
Seasoned Beef w/Tzatziki Sauce, Warm Flatbread Steamed Edamame



Garlic French Bread Pizza
Baby Arugula Salad

Chicken Dipping Sandwich Whole Grain Bun Dipping Sauce, Pickles Oven Baked Fries

Alternate Lunch

Macaroni + Cheese w/Whole Grain Dinner Roll or Hamburger or Cheeseburger on Whole Grain Bun

Pizzeria Style Pizza

or

Hot Dog on Whole Grain Roll



Baked Mozzarella Sticks w/Marinara Sauce

or

Hamburger or Cheeseburger on Whole Grain Bun

Spicy Chicken Patty on Whole Grain Bun

or

Hot Dog on Whole Grain Roll

Bosco Sticks w/Marinara Sauce

or

Hamburger or Cheeseburger on Whole Grain Bun

The SMS Deli

Boars Head
Turkey, Ham, Buffalo Chicken, Italian Combo
Cheese: American, Provolone, Swiss, Pepperjack
Sunbutter & Jelly



Toppings: Lettuce, Tomato, Pickles, Banana Peppers, Onions, Olives

Fresh Salads & More



Chef Salad
Yogurt Parfait w/Homemade Granola
Hot Pretzel w/Yogurt & String Cheese

All meals come with fat free or 1% milk and our Rainbow Fruit & Veggie Tray!

