

APRIL 2023

Breakfast includes ½ c fruit and 1% milk.
Lunch includes ¼ c veggie, ¼ c fruit and 1% milk.

Grains are 100% Whole Grain/Whole Grain Rich.

Jackson Pre-K & Head Start

Monday

Cold Cereal Variety **3**

Cheese Quesadilla
 Fiesta Beans
 Diced Pears

Tuesday

Muffin Variety **4**

Beef & Cheese Nachos
 Whole Kernel Corn
 Banana

Wednesday

Grahams Variety **5**

Crispy Chicken Sandwich
 Seasoned Green Beans
 Mixed Fruit

Thursday

Breakfast Bread **6**

Hot Ham & Cheese
 Steamed Broccoli
 Diced Peaches

Friday

No School
Good Friday

No School **10**

Muffin Variety **11**

Sloppy Joe on a Bun
 Baked Beans
 Rosy Applesauce

Grahams Variety **12**

Corn Dog
 Baby Carrots
 Orange Wedges

Breakfast Bread **13**

Chicken Pot Pie Bowl
 Buttermilk Biscuit
 Diced Peaches

Breakfast Variety **14**

Five Cheese French Bread
 Steamed Broccoli
 Fruit Variety

Cold Cereal Variety **17**

Chicken Nuggets, Mac &
 Cheese, Creamy Coleslaw
 Apple Wedges

Muffin Variety **18**

Penne Pasta & Meat Sauce
 Garlic Breadstick
 Steamed Broccoli
 Banana

Grahams Variety **19**

Grilled Cheese Sandwich
 Seasoned Green Beans
 Mixed Fruit

Breakfast Bread **20**

Tater Tot Hotdish
 Garlic Toast
 Fruit Cup

Breakfast Variety **21**

Pizza Variety
 Whole Kernel Corn
 Fruit Variety

Cold Cereal Variety **24**

Southwest Mac & Cheese
 Seasoned Green Beans
 Apple Wedges

Muffin Variety **25**

Chicken & Gravy with
 Mashed Potatoes
 Dinner Roll
 Applesauce

Grahams Variety **26**

Hot Dog on a Bun
 Seasoned Peas & Carrots
 Mixed Fruit

Breakfast Bread **27**

Beef Totchos
 Spanish Rice
 Whole Kernel Corn
 Diced Peaches

Breakfast Variety **28**

BBQ Chicken on a Bun
 Baked Beans
 Diced Pears



This Institution is an equal opportunity provider.
 Menus are subject to change.

**Menu changes will be announced at each school as they arise. Thank you.*