

MOENCOPI DAY SCHOOL

-2023-

AUGUST

Lunch

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY

August is National Panini Month!

A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to



find your perfect panini!

Ref: North American Food Service

Adult Lunch \$4.25

Sides \$1.50

Milk \$0.50

This Institution is an equal opportunity.

****MAY SUBJECT TO CHANGE****



BACK
TO
SCHOOL



14
Tuscan Grilled Cheese Sandwich
Minestrone Soup
Steamed Corn
Diced Pears
Assorted Milk

15
Pork Pozole
WG Fry Bread
Steamed Broccoli
Melon Bowl
Assorted Milk

16
Chicken Tacos
Mild Salsa
Black Beans
Fresh Fruit
Assorted Milk

17
Beef Asian Meatballs
Seasoned Brown Rice
Asian Vegetables
Baby Carrots
Pineapple Tidbits
Assorted Milk

18
Cheese Pizza
Romaine Salad
Lite Ranch Dressing
Green Beans
Cantaloupe
Assorted Milk

21
Native Taco w/ Fry Bread
Mild Salsa
Mixed Berries
Assorted Milk

22
Pulled BBQ Turkey
Seasoned Brown Rice
Sweet Cinnamon Squash
Green Beans
Fresh Fruit
Assorted Milk

23
Beef Shepherd's Pie
Dinner Roll
Strawberries & Bananas
Assorted Milk

24
White Chicken Chili
WG Cornbread
Honey Dilled Carrots
Roasted Cauliflower
Blueberries
Assorted Milk

25
Italian Pizza Sandwich
Romaine Salad
Lite Ranch Dressing
Fresh Fruit
Assorted Milk

28
Roasted Herb Turkey
WG Fry bread
Three Sisters Salad
Diced Peaches
Assorted Milk

29
Greek Chicken Salad w/ Pita
Celery Sticks
Hummus
Pineapple Tidbits
Assorted Milk

30
Beef Burrito
Steamed Carrots
Romaine Salad
Lite Ranch Dressing
Fresh Grapes
Assorted Milk

31
Mandarin Orange Chicken
Seasoned Brown Rice
Steamed Corn
Green Beans
Fresh Fruit
Assorted Milk

