

RHEA COUNTY CROSS COUNTRY 2025 Schedule

SUBJECT TO CHANGE

DATES	EVENT	PLACE	START TIME
AUG			
26	Woodland Park Meet One	WPBC @ Chattanooga	5:15 PM
SEPT			
1	5K for FCA	Chattanooga State	8:30 AM
9	9th Annual Rabbit Valley Run	East Hamilton HS	5:45 PM
13	Nooga at Night Invite	Camp Jordan @ East Ridge	8:00 PM
16	Woodland Park Meet Two	WPBC @ Chattanooga	5:15 PM
27	McCallie Invite	McDonald Farm @ Sale Creek	TBD
OCT			
4	Lake Guntersville Invitational	Guntersville. AL	9:00 AM
6-10	Fall Break		
9	Crossville Stone Memorial HS Meet	Crossville	5:00 PM
13	Sewanee University 5K	Sewanee	6:00 PM
***	15, 16, 17, 20, 24, 25, 27 P3W = Postseason Peak Performance Workouts		
21	Front Runner Athletics XC Championships	Baylor	4:30 PM
28	TSSAA REGION 3 AAA Championships	Woodland Park Baptist Church	REGION TIMES TBA
NOV			
7	D1 AAA TSSAA STATE MEET	Shelby Farms Park @ Memphis	TBA

Cross Country Staff:

IRCHS Head Coach: Steffan Holder

IRCHS Asst. Head Coach: John Olsen

Volunteer Asst.: "Mrs. Coach" Susan Holder

Team Info:

Website: <http://tn.milesplit.com/teams/Rhea/>

Facebook Page: Rhea County Track and Field and Cross Country