

SEPTEMBER 2025 SCES MENU

<p>1 Monday</p> <p>NO SCHOOL</p> <p>LABOR DAY</p> <p>Breakfast starts at 7:30 a.m. everyday.</p>	<p>2 Tuesday</p> <p>WG Cereal, WG Cracker, WG Pancake on a Stick 17 gm, Syrup 20 gm, Fruit, Juice</p> <p>WG Bun 28 gm, Hamburger, Cheese Slice or <u>WG PB & J, Cheese Stick, WG Chips</u> Oven Fries 22 gm, Peaches 14 gm, Fresh Fruit and Veggies</p>	<p>3 Wednesday</p> <p>WG Cereal, WG Cracker, WG Apple Frudel gm, Fruit, Juice</p> <p>WG Bun gm, Hot Dog or Chili Dog or <u>Yogurt, Cheese Stick, WG Bar</u> Baked Beans gm, Pears 16 gm, Fresh Fruit and Veggies</p>	<p>4 Thursday</p> <p>WG Cereal, WG Cracker, WG Mini Cinnamon and Sugar Donuts gm, Fruit, Juice</p> <p>WG Chicken gm, WG Waffle 3gm or <u>WG PB & J, Cheese Stick, WG Chips</u> Carrots 6 gm, Rosy Applesauce gm, Fresh Fruit and Veggies</p>	<p>5 Friday</p> <p>WG Cereal, WG Cracker, Biscuit 26 gm, Sausage & Gravy 8 gm, Fruit, Juice</p> <p>WG Cheesy Pull A Part 41 gm or <u>Yogurt, Cheese Stick, WG Bar</u> Marinara Sauce 7 gm, Carrots 6 gm, Mandarin Oranges 17 gm, Sidekick gm, Fresh Fruit and Veggies</p>
<p>8 Monday</p> <p>WG Cereal, WG Flavored Bread, Yogurt gm, Juice, Fruit</p> <p>WG Bosco Stick 28 gm Beef Ravioli 36 gm or <u>Yogurt, Cheese Stick, WG Bar</u> Carrots 6 gm, Rosy Applesauce g, Fresh Fruit and Veggies</p>	<p>9 Tuesday</p> <p>WG Cereal, WG Cracker, Breakfast Combo, WG Flavored Bread Fruit, Juice</p> <p>Rebel Nachos (Taco Meat, WG Chips, Cheese Sauce gm) or <u>WG PB & J, Cheese Stick, WG Chips</u> Salsa, Refried Beans, Tropical Fruit gm, Fresh Fruit and Veggies</p>	<p>10 Wednesday</p> <p>WG Cereal, WG Cracker, WG Mini Chocolate Donuts gm Juice, Fruit</p> <p>WG Mini Corn Dogs gm or <u>Yogurt, Cheese Stick, WG Bar</u> Green Beans gm, Pineapple g, Fresh Fruit and Veggies</p>	<p>11 Thursday</p> <p>WG Cereal, WG Cracker, Breakfast Pizza gm, Fruit, Juice</p> <p>WG Roll, WG Chicken Nuggets or <u>WG PB & J, Cheese Stick, WG Chips</u> Mashed Potatoes/Gravy, Mandarin Oranges, Fresh Fruit and Veggies</p>	<p>12 Friday</p> <p>WG Cereal, WG Cracker, WG Pancake, Sausage, gm, Syrup 20 gm, Fruit, Juice</p> <p>WG Pizza gm or <u>Yogurt, Cheese Stick, WG Bar</u> Romaine 1.5 gm, Pears, Bavarian Creme Dessert, Fresh Fruit and Veggies</p>

<p>15 Monday WG Cereal, WG Cracker, WG Breakfast Bagel Pizza gm Fruit, Juice</p> <p>WG Bun 28 gm, Tenderloin or <u>Yogurt, Cheese Stick, WG Bar</u> Sweet Potato Fries gm, Cinnamon Applesauce 26 gm Fresh Fresh and Veggies</p>	<p>16 Tuesday WG Cereal, WG Cereal, WG Waffle, 12 gm, Syrup 20 gm, Fruit, Juice</p> <p>WG Maxx Stick, WG Mostaccioli gm or WG PB & J, <u>Cheese Stick, WG Chips</u> Green Beans 4g, Mandarin Oranges g, Fresh Fruit and Veggies</p>	<p>17 Wednesday WG Cereal, WG Cracker, WG Mini Cinnis gm, Fruit, Juice</p> <p>WG Bun 28 gm, BBQ Rib gm or <u>Yogurt, Cheese Stick, WG Bar</u> Baked Beans gm, Pears 16 gm, Fresh Fruit and Veggies</p>	<p>18 Thursday WG Cereal, WG Cracker, WG Muffin-Top, , Fruit, Juice</p> <p>Meatball Sub with Sauce and Cheese or <u>WG PB & J, Cheese Stick, WG Chips</u> Broccoli w/ Cheese gm, Pineapple gm, Fresh Fruit and Veggies</p>	<p>19 Friday WG Biscuit, Sausage and Gravy, WG Cracker, WG Cereal, Juice, Fruit</p> <p>WG Multi Cheese Garlic Bread or <u>Yogurt, Cheese Stick, WG Bread</u> Romaine, Corn, Peaches, Ice Cream Cup, Fresh Fruit and Veggies</p>
<p>22 Monday WG Cereal, WG Cracker, WG French Toast Sticks, Syrup, Juice Fruit</p> <p>WG Bun 28 gm, WG Chicken Patty or <u>Yogurt, Cheese Stick, WG Bar</u> Oven Potatoes gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies</p>	<p>23 Tuesday WG Bagel w/ Cream Cheese, WG Cracker, WG Cereal, Fruit, Juice</p> <p>WG Chili Crisпитos or <u>WG PB & J, Cheese Stick, WG Chips</u>, Salsa, Refried Beans, Tropical Fruit, Fresh Fruit and Juice</p>	<p>24 Wednesday WG Cereal, WG Cracker, nWG Breakfast Bar, Fruit, Juice</p> <p>Early Dismissal at 11:00 NO LUNCH</p>	<p>25 Thursday WG Pigs in a Blanket, Syrup, WG Cracker, WG Cereal, Fruit, Juice</p> <p>WG Pizza Cruncher or <u>WG PB & J, Cheese Stick, WG Chips</u> Marinara Sauce, Romaine 1.5 gm, Mandarin Oranges, Fresh Fruit and Veggies</p>	<p>26 Friday WG Cereal, WG Cracker, WG Breakfast Pizza, Fruit, Juice</p> <p>Totchos (Taco Meat, Tater Tots, Cheese Sauce) or <u>Yogurt, Cheese Stick, WG Bars</u> Corn, Pineapple, WG Churro, Fresh Fruit and Veggies</p>
<p>29 Monday WG Pancake Bites gm, Syrup, WG Cereal, WG Cracker, Fruit, Juice</p> <p>WG Bun 28 gm, Bacon Cheeseburger or <u>Yogurt, Cheese Stick, WG Bar</u> Oven Fries, Cinnamon Applesauce, Fresh Fruit and Veggies</p>	<p>30 Tuesday WG Cereal, WG Cracker, WG Donut, Juice, Fruit</p> <p>WG Toasted Cheese and Chicken Noodle Soup, Crackers or <u>WG PB & J, Cheese Stick, WG Chips</u> Carrots 6 gm, Peaches gm, Fresh Fruit and Veggies</p>	<p>Mashed Potatoes contain Sulfates and can cause Allergic Reactions.</p> <p>1% White and Chocolate, Strawberry Milk are offered at all meals.</p> <p>Ranch Dressings, Mustard, Ketchup , BBQ sauces are offered at Lunch.</p>	<p>Breakfast is offered vs serve children must pick 3 of 4 items offered and one must be ½ cup fruit or juice. Lunch is also offer vs serve children must pick 3 out 5 items offered one must be ½ cup of fruit or veggies</p> <p>Menu is Subject to Change</p>	<p>Cereal- Marsh Matey 22 gm, Honey Graham 22 gm, Cinn Toasters 24 gm.</p> <p>Juice- Apple 13 gm, Grape 19 gm, OJ 13 gm, Fruit Punch 14 gm,</p> <p>Poptart Cinn 72 gm Blueberry 72 gm, Strawberry 75 gm</p> <p>A Plant Based Option is Available Every Day</p>

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