

MAY 2023

May ISD

BREAKFAST

This institution is an equal opportunity provider



School Information: Student prices \$1.75

Reduced \$0.30

Additional milk \$0.50 each

Adult price is \$2.95

Cereal is offered as an alternative choice daily



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



Menu is subject to change due to delivery.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pancakes
Bacon
Cheese Stick
Fruit
Milk/Juice

1

Breakfast Burrito
Hash Browns
Fruit
Milk/Juice

2

Waffles
Sausage
Cheese Stick
Fruit
Milk/Juice

3

Stuffed Bagel
Cheese Stick
Fruit
Milk/Juice

4

Cinco De Mayo
Donuts
Sausage
Fruit
Milk/Juice

5

Breakfast Pizza
Cheese Stick
Fruit
Milk/Juice

8

French Toast
Sausage
Fruit
Milk/Juice

9

Biscuit/Gravy
Scramble Eggs
Bacon/Fruit
Milk/Juice

10

Pancake on Stick
Yogurt
Fruit
Milk/Juice

11

Cinnamon Roll
Sausage
Fruit
Milk/Juice

12

School Holiday

15

Sausage Egg Biscuit
Fruit
Milk/Juice

16

Pancakes
Bacon
Fruit
Milk/Juice

17

Breakfast Pizza
Yogurt
Fruit
Milk/Juice

18

Donuts
Sausage
Fruit
Milk/Juice

19

Morning Rolls
Yogurt
Fruit
Milk/Juice

22

Sausage Egg Biscuit
Fruit
Milk/Juice

23

Breakfast Pizza
Cheese Stick
Fruit
Milk/Juice

24

French Toast
Sausage
Fruit
Milk/Juice

25

NO SCHOOL

26

Memorial Day

29

30

31

