AUGUST 2025 STARK COUNTY ELEMENTARY MENU

A Plant-Based	Main option is
offered everyd	lay.

Menu is Subject to Change

1% White, Chocolate and Strawberry Milk are offered at all meals.

Breakfast is Served Everyday from 7:30-8:00.

Ranch, Ketchup, Mustard, BBQ Sauce are offered at Lunch. Breakfast is Offer vs. Serve- Students must take 3 of 4 items offered. One must be ½ cup of fruit or juice.

Lunch is also Offer vs.
Serve
Students must take 3 of 5 items served. One must be ½ cup of fruit or vegetable.

Cereal- Marsh Matey 22 gm, Kix 14 gm, Cheerios 21 gm, Cinn Toasters 24 gm Juice- Apple 13 gm, Grape 19 gm, Orange Juice 13 gm, Fruit Punch 14 gm.

14 ThursdayWG Breakfast Bar 47 gm, WG Cereal. WG Cracker.

WG Cereal, WG Cracker, Fruit, Juice

WG Bun 28 gm
Hamburger 3gm
Cheese Slice 2 gm or
WG PB & J, Cheese
Stick, WG Chips,
Green Beans 4 gm
Rosy Applesauce 22
gm, Fresh Fruit and
Veggies

15 Friday

WG Cereal, WG Cracker, WG Waffle 37 gm, Syrup 20 gm, Sausage 1 gm Fruit, Juice

WG Tortilla 21 gm Sliced Turkey 2 gm, Shredded Cheese 1 gm or <u>Yogurt, Cheese</u> <u>Stick, WG Bread,</u> Corn 14 gm, Pineapple 17 gm Fresh Fruit and Veggies, Jello with Whipped Topping 17 gm

18 Monday

WG Muffin Top 28 gm, WG Cereal,WG Cracker, Fruit, Juice

WG Bun 28 gm, WG Chicken Patty 16gm or Yogurt, Cheese Stick, WG Bread, Peas 11 gm, Pears 16 gm, Fresh Fruit and Veggies

19 Tuesday

WG Cereal, WG Cracker, WG English Muffin 21 gm, Egg Patty 1 gm, Cheese Slice 1 gm, Fruit, Juice

WG Bun 28 gm, BBQ Rib 3 gm, or WG PB & J, Cheese Stick, WG Chips, Green Beans 4 gm, Cinnamon Applesauce 26 gm, Fresh Fruit and Veggies

20 Wednesday

WG Breakfast Bun 40 gm , WG Cereal, WG Cracker, Juice, Fruit

Hot Ham and Cheese 32 gm or Yogurt, Cheese Stick, WG Bread Carrots 6 gm, Peaches 14 gm, Fresh Fruit and Veggies

21 Thursday

WG Donut , WG Cereal, WG Cracker, Fruit, Juice

Meatball Sub with sauce and cheese 26 gm or WG PB & J , Cheese Stick, WG Chips, Romaine 1.5 gm, Tropical Fruit 22 gm, Fresh Fruit and Veggies

22 Friday

WG Cereal, WG Cracker, Biscuit, Sausage and Gravy, Fruit, Juice

Pulled Pork Nachos (Pork Queso Blanco 1.31 gm, WG Tortilla Chips 18 gm) or Yogurt, Cheese Stick, WG Bread, Pineapple 17 gm Refried Beans, 24 gm, Salsa 8 gm Fresh Fruit and Veggies, WG Churro 28 gm

25 Monday

WG Cereal, WG Cracker, WG French Toast 37 gm, Syrup 20 gm Fruit, Juice

WG Bun 28 gm,
Tenderloin 14 gm <u>or</u>
<u>Yogurt, Cheese Stick,</u>
<u>WG Bread,</u> Sweet
Potato Fries 23 gm,
Mixed Fruit,17 gm
Fresh Fruit and Veggies

26 Tuesday

WG Cereal, WG Cracker, WG Breakfast Pizza 22 gm, Fruit, Juice

WG Cheese Bites 28 gm or WG PB & J, Cheese Stick, WG Chips, Green Beans 4gm, Peaches 14 gm, Marinara Sauce 7 gm, Fresh Fruit and Veggies

27 Wednesday

WG Cereal, WG Cracker, WG Pancake Bites 37 gm, Syrup 20 gm Fruit, Juice

WG Corn Dog 30 gm or <u>Yogurt, Cheese Stick, WG</u> <u>Bread, Romaine 1.5 gm</u>, Pears 16 gm, Fresh Fruit and Veggies

28 Thursday

WG Cereal, WG Cracker, WG Mini Cinnis 41 gm Fruit, Juice

WG Sliced Bread 13 gm, Sliced Turkey, WG Cracker, or WG PB & Cheese Stick, WG Chips Oven Potatoes, Cheese Sauce 7 gm, Rosy Applesauce 22 gm, Fresh Fruit and Veggies

29 Friday

WG Cereal, WG Cracker, , WG Bagel w/Cream Cheese 41 gm, Fruit, Juice

WG Chili Crispitos 46 gm or Yogurt, Cheese Stick, WG Bar Refried Beans 24 gm, Salsa 8 gm, Pineapple 17 gm, Fresh Fruit and Veggies, WG Cookie 17 gm