

May 2024 Stark County Elementary Menu

<p>Mashed Potatoes Contain Sulfates and can cause ALLERGIC REACTIONS</p> <p>A Plant-Based Meal is offered everyday.</p>		<p>1 Wednesday WG Poptart, WG Cereal, Fruit, Juice</p> <p>WG Bun 28g, Tenderloin 14g, or <u>Yogurt, Cheese Stick, WG Bar, Oven Potatoes 22g, Peaches 14g, Fresh Fruit and Veggies</u></p>	<p>2 Thursday WG Pancake on a Stick 17g, Syrup 20g, WG Cereal, Fruit, Juice</p> <p>Chicken Nachos (Chicken 1 g, Cheese 6g, Tortilla Chips 18g) or <u>WG PB & J, Cheese Stick, WG Chips, Salsa 8g, Refried Beans 24g, Tropical Fruit 22 g, Fresh Fruit and Veggies</u></p>	<p>3 Friday WG Cereal, Biscuit 26g, Sausage and Gravy 8g, Fruit, Juice</p> <p>WG Cheese Bites 28g, Marinara Sauce 7gm, or <u>Yogurt, Cheese Stick, WG Bar, Romaine 1.5g, Carrots 6g, Pears 16g, WG Cookie 17g, Fresh Fruit and Veggies</u></p>
<p>6 Monday WG Cereal. Honey Bun 26g, Fruit, Juice</p> <p>WG Corn Dog 30g or Mini Corn Dogs 17g or <u>Yogurt, Cheese Stick, WG Bar</u> Baked Beans 26g, Mandarin Oranges 17g, Fresh Fruit and Veggies ,</p>	<p>7 Tuesday WG Cereal, WG Pigs in a Blanket 15g, Syrup 20g, Fruit, Juice</p> <p>WG Pretzel 72g, Baked Potato 37g, Cheese Sauce 6g, Ham or <u>WG PB & J, Cheese Stick, WG Chips, Carrots 6g, Pears 16g, Fresh Fruit and Veggies</u></p>	<p>8 Wednesday WG Cereal, Biscuit 26g, Egg Patty 1g, Sausage 1g, Cheese Slice 2g, Fruit, Juice</p> <p>WG Bun 28g, BBQ Rib 8g, or <u>Yogurt, Cheese Stick, WG Bar, Green Beans 4g, Pineapple 17g, Fresh Fruit and Veggies</u></p>	<p>9 Thursday WG Cereal, WG Muffin 28g, Fruit, Juice</p> <p>WG Roll 15g, WG Chicken Nuggets 16g or <u>WG PB & J, Cheese Stick, WG Chips, Mashed Potatoes 17g, Gravy 7g for 2 oz, Rosy Applesauce 22 g, Fresh Fruit and Veggies</u></p>	<p>10 Friday WG Cereal, Cinnamon Roll 42g, Juice, Fruit</p> <p>WG Pizza 37g or <u>WG Bar, Yogurt, Cheese Stick, Romaine 1.5 g, Peaches 14 g, Bavarian Creme Dessert 10g, Fresh Fruit and Veggies</u></p>

<p>13 Monday WG Cereal, WG Toast 14g, Jelly 9g, Omelet 2g, Fruit, Juice</p> <p>WG Bun 28g, Bacon Cheeseburger 3g or Yogurt, Cheese Stick, WG Bar, Oven Potatoes 22g, Rosy Applesauce 22g, Fresh Fruit and Veggies</p>	<p>14 Tuesday WG Cereal, WG English Muffin 21g, Egg Patty 1g, Cheese Slice 2g, Fruit, Juice</p> <p>WG Chili Crispito 23g for 1, or <u>WG PB & J, Cheese Stick, WG Chips, Refried Beans 24g, Salsa 8g, Tropical Fruit 22g, Fresh Fruit and Veggies</u></p>	<p>15 Wednesday WG Cereal, WG Waffle 12 g, Syrup 20g, Fruit, Juice</p> <p>WG Tortilla 21g, Chicken Strips 13g, Bacon 1g, Shredded Cheese 1g for 1 oz or <u>Yogurt, Cheese Stick, WG Bar, Romaine 1.5g, Peaches 14g, Fresh Fruit and Veggies</u></p>	<p>16 Thursday WG Cereal, WG Bagel 38g, Cream Cheese 1g, Fruit, Juice</p> <p>WG Bun 22g, Meatballs with sauce 5g and Cheese 2g or <u>WG PB & J, Cheese Stick, WG Chips, Peas 11g, Carrots 6g, Strawberries and Bananas 25.58g, Mixed Fruit, Fresh Fruit and Veggies</u></p>	<p>17 Friday WG Cereal, WG Pancake 37g, Syrup 20g, Fruit, Juice</p> <p>WG Multi Cheese Garlic Bread 30g or <u>Yogurt, Cheese Stick, WG Bar, Marinara Sauce 7 g, Corn 14g, Pears 16 g, Sidekick 23 g, Fresh Fruit and Veggies</u></p>
<p>20 Monday WG Cereal, WG Breakfast Pizza 22 g, Fruit, Juice</p> <p>WG Bosco Sticks 50g for 2 or <u>Yogurt, Cheese Stick, WG Bar Marinara Sauce 7 g, Romaine 1.5 g, Mandarin Orange 17g, Fresh Fruit and Veggies</u></p>	<p>21 Tuesday WG Cereal, WG French Toast Sticks 38g, Syrup 20 g, Juice, Fruit</p> <p>WG Bun 28 g, WG Chicken Patty 16 g, or <u>WG PB & J, Cheese Stick, WG Chips, Oven Potatoes 22g, Pears 16g, Fresh Fruit and Veggies</u></p>	<p>22 Wednesday WG Cereal, Biscuit 26g, Sausage and Gravy 8g, Fruit, Juice</p> <p>WG Bun 22 g, Hot Dog 2g, or Chili 4g Dog or <u>Yogurt, Cheese Stick, WG Bar Baked Beans 26g, Peaches 14 g, Fresh Fruit and Veggies</u></p>	<p>23 Thursday WG Cereal, WG Donut 33g, Fruit, Juice</p> <p>WG Pizza Crunchers 41 g or <u>WG PB & J, Cheese Stick, WG Chips, Marinara Sauce 7 g, Green Beans 4 g, Rosy Applesauce 22g, Fresh Fruit and Veggies</u></p>	<p>24 Friday WG Breakfast Bar 47g, WG Cereal, Fruit, Juice</p> <p>Early Dismissal Last Day of School at 11:00 Sack Lunch to take home PB & J, Fresh Fruit and Veggies, Wg Chips</p>
<p>Breakfast is served every day from 7:30-8:00 am</p> <p>#ALLIN Can't Stop Won't Stop Menu is Subject to Change</p> <p>1% White, Strawberry, Chocolate Milk are offered at all meals. Ranch, Ketchup, Mustard, BBQ Sauce are offered at Lunch</p>	<p>Our Breakfast is Offer vs. Serve. Children can pick 3 out of 4 items as long as 1 of the items is ½ cup of fruit or juice.</p> <p>Our Lunches are Offer vs. Serve. Children can pick 3 out 5 Meal Groups (Meat/Meat Alternative Fruit, Grain, Vegetables, Milk. As long as the Child has ½ cup of fruit or vegetable with 2 other components on their tray.</p>	<p>Cereal- Marsh Matey-22g Honey graham 22g, Cinn toaster 24 gm</p> <p>Juice- apple 13 g, grape 19g, of 13 g, Fruit punch 14 g, Poptart-Cinn 73g, Blueberry-72g, Strawberry-75 g</p>		