

Breakfast: Pumpkin Pancakes,

Sausage Patty, Orange Slices, Milk

Lunch: Chicken Alfredo, Steamed

Vegetables, Fruit Salad, Milk



NOTES:

- October 8: October
 Birthday Luncheon
- Menu is subject to change.



Breakfast: Rice & Raisins, Cinna-

mon Roll, Mixed Fruit, Apple

Walking Tacos w/ Garnish,

Spanish Rice, Apple Slices, Milk

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Breakfast: Boiled Egg, Slice of Ham, 1/2 Bagel, Oranges, Milk Lunch: Pizza, Tossed Salad, Sliced Apples, Milk	Breakfast: Oatmeal, Toast, Mixed Fruit Milk Lunch: Baked Chicken, Mash Pota- toes w/ Gravy, Steamed Veggies,	Breakfast: Biscuit and Gravy, Sliced Melons, Orange Juice, Milk Lunch: Mac N Cheese with Ham, Steamed Vegetables, Sliced	
		Fruit Salad, Milk	Apples, Milk	NO SCHOOL
7	8	9	10	11
Breakfast: Boiled Egg, Toast, Sausage Patty, Orange Slices, Milk Lunch: Hot Dog, French Fries, Fresh Vegetable Sticks, Sliced Apples, Milk	Breakfast: Breakfast Burrito, Apple Slices, Milk Lunch: Spaghetti with Meat Sauce, Breadstick, Steamed Vegetables, Sliced Peaches, Milk	Breakfast: Blue Corn Mush, Slice of Ham, Sliced Oranges, Milk Lunch: Chicken Lo Mein, Steamed Vegetables, Mixed Fruit, Milk	Breakfast: Pancakes, Cinnamon Apples, Orange Juice, Milk Lunch: Chile Beans, Dinner Roll, Sliced Peaches, Milk	Breakfast: Pumpkin Overnight Oats, Orange Juice, Milk Lunch: Corn Dog, Salad, Fruit Salad, Milk
14	15	16	17	18
NO SCHOOL	Breakfast: Cold Cereal, Fresh Melons, Slice of Ham, Milk Lunch: Saulsberry Steak, Mash Potatoes with Gravy, Steamed Vegetables, Diced Peaches, Milk	Breakfast: Rice & Raisins, Toast, Apple Slices, Milk Lunch: Red Chile Chicken Enchila- das, Spanish Rice, Wagon Wheel Corn, Fruit Salad, Milk	Breakfast: English Muffin Sandwich, Apple Slices, Milk Lunch: Beef Stew, Crackers, Orange Slices, Milk	Breakfast: Cinnamon Roll, Sau- sage Patty, Boiled Egg, Milk Lunch: Meat Lover Pizza, Caesar Salad, Orange Slices, Milk
21	22	23	24	25
Breakfast: Cream of Wheat, Toast, Fresh Melons, Orange Juice, Milk Lunch: Chicken Quesadilla, Span- ish Rice, teamed Vegetables, Apple Wedges, Milk	Breakfast: English Muffin Sandwich, Sliced Peaches, Apple Juice, Milk Lunch: Cheeseburger with Garnish, French Fries, Fruit Salad, Milk	Breakfast: Waffles, Sausage Patty, Berries, Orange Juice, Milk Lunch: Chicken Noodle Soup, Crackers, Cinnamon Apples, Milk	Breakfast: Pumpkin Pie Oatmeal, Toast, Orange Slices, Milk Lunch: Hot Ham, Mash Potatoes, Steamed Vegetable, Orange Slices, Milk	Gravy, Apple Slices, Milk
28	29	30	31	

Breakfast: Cream of Wheat, Toast,

Mixed Melons, Assorted Juice,

Milk

Lunch: Chicken Fajitas, Beans,

Steamed Vegetables, Fruit Salad, Milk Breakfast: Pumpkin Muffin, Slice

of Ham, Apples Slices, Assorted

Juice, Milk

Lunch: Beef Teriyaki, Steamed Rice, Steamed Vegetables, Apple

Slices, Milk