

AUGUST 2022

Henry L. Slater Elementary Menu

BREAKFAST IS COMPLEMENTARY TO ALL STUDENTS (after morning bell)

Lunch – **\$3.00** paid SY22-2023 & **0¢**-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with Salad bar options, fruit, vegetable, breads grains, Oregon Milk (Nonfat - 1%)

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a faxed or written copy sent to the kitchen & office when student is participating in the breakfast or lunch programs.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY



**Lunch cost to all
Paid Students
\$3.00**

Mymealtime.com
**To pay with a DEBIT or
Credit Card online &
Monitor your students
lunch account
Cash & Checks accepted**

**Welcome back to
eating in the
cafeteria!**



22 **Breakfast**
Cereal Bar w/ String Cheese
Apple, Milk
Lunch
Hamburger
Hot Dog
w/ Baked Beans
Fruit, veggies, Milk

23 **Breakfast**
Yogurt w/ Cracker
Fruit, Milk
Lunch
Nacho's w/ Meat & Cheese
Bean & Cheese Burrito
Sweet Corn
Fruit, veggies, Milk

24 **Breakfast**
Cinnamon Roll
Applesauce, Milk
Lunch
Meat Lasagna w/ TX Toast or
Soft Pretzel w/ /Cheese
Green Beans
Fruit, veggies, Milk

25 **Breakfast**
Cereal , Sun seeds
Dried Fruit & Milk
Lunch
BBQ Pork Rib Sand
Ham & Cheese Sand
Fruit, veggies, Milk

29 **Breakfast**
Apple Strudel
Apple Juice, Milk
Lunch
Crispy Chicken Burger
Corn Dog
French Fries
Fruit, veggies, Milk

30 **Breakfast**
Hot Biscuit w/ Applesauce
Milk
Lunch
Crunchy Beef Taco
Mexi- Chicken Salad
Seasoned Beans & Rice
Fruit, veggies, Milk

31 **Breakfast**
Nutri- Grain Bar w/ Cracker
Peaches, Milk
Lunch
Italian Meatball Sub
Yogurt & Granola Pack
Fruit, veggies, Milk

28 **Breakfast**
Cereal, Cracker
Banana & Milk
Lunch
Pizza
PB & J Sand w/ Cheese Stick
Fruit, veggies, Milk

This institution is an equal opportunity provider.