## SEPTEMBER 2023 Taylor-White Elementary



## MENU IS SUBJECT TO CHANGE

All meals are served with 1% reduced fat white or chocolate milk. 100% fruit juice and fresh, canned, or frozen fruit are served daily.

September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



A A	or trozen truit are served daily.		Tiber, man refined grains.	327	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					Pizza Salad French Fries Rice Krispie Treat Fruit Milk
	Labor Day!  NO SCHOOL!!!  HAPPY  Takon Day	Pulled Pork Sandwich Beans French Fries Fruit Milk	Pizza Broccoli Corn Rice Krispie Treat Fruit Milk	Sloppy Joe Lettuce and Tomato Tater Tots Fruit Milk	Spaghetti Salad Green Beans Breadstick Fruit Milk
	Teacher Work Day! NO SCHOOL!!!	Breaded Steak Patty Black-Eyed Peas Turnip Greens Hushpuppies Fruit Milk	Gumbo Crackers Mixed Vegetables Salad Fruit Milk	Hotdog Cole Slaw French Fries Fruit Milk	Cheesy Lasagna Salad Green Beans Corn Breadstick Fruit and Milk
	Chicken Bites Sweet Peas Sweet Potatoes Roll Fruit Milk	Chicken Fajita on a Tortilla Shell Lettuce and Tomato Tater Tots Chips Fruit and Milk	Salisbury Steak Mashed Potatoes Lima Beans Biscuit Fruit Milk	Deli Turkey Sandwich Pickle Spears Broccoli French Fries Cookie Fruit and Milk	Pizza Lettuce and Tomato Corn Rice Krispie Treat Fruit Milk
	Chili Cornbread Salad Green Beans Fruit Milk	Crispito Black Beans Corn Fruit Milk	Red Beans and Rice Turnip Greens Hushpuppies Fruit Milk	Chicken Tenders Green Beans Carrots Roll Fruit Milk	Corndog Salad French Fries Chips Fruit Milk