



# MARCH

Monday	Tuesday	Wednesday	Thursday	Friday
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**3**

Chicken Nuggets  
Tuna Salad Salad  
Criscut Sweet Potatoes  
Mixed Vegetables  
Fruit Slushes  
Fresh Fruit Bowl  
Yeast Roll  
Variety of Dipping Sauce  
Ketchup  
Chocolate Milk  
Fat Free Milk

**4**

Taco Soup, USDAF, M4500.1  
Managers Choice Salad  
Saltine Crackers  
Italian Sliced Carrots  
Spinach Salad  
Fresh Fruit Bowl  
Fresh Fruit Cup  
Cornbread  
Chocolate Milk  
Fat Free Milk

**5**

BBQ Pork Sandwich  
Grilled Chicken Salad  
Spicy Fries  
Confetti Coleslaw  
Fresh Pears  
Fresh Bananas  
Chocolate Chip Cookie  
Low Fat Milk  
Chocolate Milk

**6**

Spaghetti & Meat Sauce  
Chef Salad  
Cheesy Broccoli  
Raw Veggies with Dip  
Fresh Oranges  
Fresh Bananas  
Whole Wheat Garlic Toast  
Chocolate Milk  
Fat Free Milk

**7**

Pepperoni Pizza Wedge  
Chicken Salad Salad  
Whole Kernel Corn  
Steamed Carrots  
Fresh Fruit Bowl  
Assorted Fruit Juices  
Snack Cookies  
Fat Free Milk  
Chocolate Milk

**10**

**11**

**12**

**13**

**14**

**17**

Hot Dogs  
Grilled Fajita Salad  
Seasoned Potato Wedges  
Tex Mex Style Beans  
Pear and Kiwi Medley  
Assorted Fruit Juices  
Ketchup  
Mustard  
Chocolate Milk  
Fat Free Milk

**18**

Bacon Cheese Burger  
Fruit and Yogurt Plate  
Tomatoes & Carrots w/Dip  
Baked Ranch Fries  
Banana Berry Blend  
Fresh Fruit Bowl  
Mayonnaise  
Mustard  
Ketchup  
Chocolate Milk  
Fat Free Milk

**19**

Seasoned Baked Chicken  
Manager's Choice Salad  
Macaroni and Cheese  
Seasoned Whole Green Beans  
Tossed Salad w/ Dressing  
Fruit Slushes  
Fresh Grapes  
Whole Wheat Roll  
Hot Sauce  
Chocolate Milk  
Fat Free Milk

**20**

Chili Con Carne No Beans  
Saltine Crackers  
Tuna Salad with Crackers  
Broccoli Salad  
Sweet Potato Sticks w/ Dressing  
Fresh Fruit Bowl  
Flavored Raisins  
Graham Crackers  
Chocolate Milk  
Fat Free Milk

**21**

Hamburger Steak w/ Gravy  
Chef Salad  
Carrot/Celery/Cucumber w/Dressing  
Mashed Potatoes  
Fresh Fruit Bowl  
Tropical Fruit  
Whole Wheat Roll  
Chocolate Milk  
Fat Free Milk

**24**

Baked Pork Chop  
Managers Choice Salad  
Fried Brown Rice  
Carrots and Red Peppers with Dip  
Green Peas  
Frozen Fruit Juice Cups  
Fresh Fruit Bowl  
Whole Wheat Roll  
Chocolate Milk  
Fat Free Milk

**25**

Veggie Soup SandComboUM5030.1  
Chef Salad  
Vegetable Juice  
Baked Beans  
Flavored Raisins  
Chilled Peach Slices  
Chocolate Milk  
Fat Free Milk

**26**

Red Beans and Rice with Sausage  
Managers Choice Salad  
Black-Eyed Peas  
Marinated Tomato and Cucumber Salad  
Pineapple Tidbits  
Fresh Fruit Bowl  
Yeast Roll  
Chocolate Milk  
Fat Free Milk

**27**

Stromboli Supreme  
Grilled Fajita Salad  
Steamed Broccoli Florets  
Whole Kernel Corn  
Applesauce in a Bag  
Fruited Gelatin  
Chocolate Milk  
Fat Free Milk

**28**

Chicken Nachos  
Chef Salad  
Spicy Fries  
Cheesy California Veggies  
Chilled Peaches  
Fresh Bananas  
Fat Free Milk  
Chocolate Milk

**31**

Breadstick W/Cheese  
Marinara Sauce  
Chicken Salad on Croissant Bun  
Steamed Broccoli Florets  
Potato Salad  
Applesauce in a Bag  
Fruited Gelatin  
Chocolate Milk  
Fat Free Milk

## GPSD Lunch K-8<sup>th</sup> Menu

Menu Subject to Change

"This Institution is an Equal Opportunity Provider"