



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily	
2 Dutch Waffle w/ Sausage Corn Dogs FEATURED VEGGIES Tater Tots Fresh Fruit	3 Nachos Grande w/ Tortilla Chips Corn Dogs FEATURED VEGGIES Golden Corn Cupped Fruit	4 Chicken Wings w/ w/g Dinner Roll Corn Dogs FEATURED VEGGIES French Fries Fresh Fruit	5 Assorted Chicken w/ Mac & Cheese FEATURED VEGGIES Seasoned Green Beans Cupped Fruit	6 Nardone' Round Pizza FEATURED VEGGIES Carrots & Peas Fresh Fruit	<p>What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price.</p> <ul style="list-style-type: none"> - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk <p>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.</p> <p>Choice of Cold Vegetables Daily</p> <p><u>Mon. Toasty Beans</u></p> <p><u>Tues. Cucumbers</u></p> <p><u>Wed. Baby Carrots</u></p> <p><u>Thurs. Celery</u></p> <p><u>Fri. Caesar Salad</u></p> <p>Choice of Fruit</p> <p>Seasonal Fresh Fruits, Canned Fruit in Light Syrup & 100% Fruit Juice</p> <p>Choice of Milk</p> <p>1% White, Fat Free Chocolate, Fat Free Strawberry & Lactaid</p> <p>Daily Alternates (Uncrustable Meal) Smucker's Peanut Butter & Jelly, Goldfish Crackers and a Cheese Stick (Cereal Meal) Assorted Cereals, Goldfish Crackers and a Cheese Stick</p>	
9 Pancake Sandwich w/ Egg, Bacon & Cheese Cheeseburger on w/g Roll FEATURED VEGGIES Hash Brown Fresh Fruit	10 Chicken Fajitas on w/g Wraps Cheeseburger on w/g Roll FEATURED VEGGIES Golden Corn Cupped Fruit	11 BBQ Pulled Pork on w/g Roll Cheeseburger on w/g Roll FEATURED VEGGIES Tater Tots Fresh Fruit	12 Holiday Dinner Baked Chicken Stuffing FEATURED VEGGIES Mashed Potatoes Seasoned Green Beans	13 Stuffed Bread Sticks w/ Marinara Sauce FEATURED VEGGIES Steamed Broccoli Fresh Fruit		
16 Mini Birthday Cake Pancakes w/ Sausage Hot Dog on w/g Bun FEATURED VEGGIES Hash Brown Fresh Fruit	17 Walking Tacos w/ a Churro Hot Dog on w/g Bun FEATURED VEGGIES Golden Corn Cupped Fruit	18 Chicken Patty on w/g Roll Hot Dog on w/g Bun FEATURED VEGGIES Waffle Fries Fresh Fruit	19 Assorted Pizza FEATURED VEGGIES Cooked Carrots Cupped Fruit	20 ½ Day Only Breakfast Served		
23	24	25	26	27		
30	31					
Your Team Kristine Colo, Food Service Director 856 224.4900 ext. 2128 ma1535@metzcom.com			Meal Prices Student Lunch \$3.75 Reduced Lunch \$0.00 Faculty Lunch \$5.00			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.