



North Canaan Elementary School Current Health Care Plan 2023-2024

Student's Name _____

DOB _____

Allergies _____

Recent Immunizations, Injuries, Surgeries (anything happen over the summer)

Medications _____

Please administer the following over the counter medications as prescribed by the school physician, Dr. Suzanne Lefebvre, to the above student as directed below:

- Acetaminophen for headache, cramps, or mild to moderate discomfort
- Ibuprofen for headache, cramps or mild to moderate discomfort
- Tums for upset stomach
- Throat lozenge for throat dryness or irritation
- Lip balm for chapped lips
- Calamine lotion for itchy rash or insect bites
- Benadryl for allergic reactions
- Eucerin cream for dry, itchy skin, sunburn
- Burn Gel for first degree burns only
- Triple antibiotic ointment for lacerations, tick bites or abrasions
- Hydrocortisone 0.5-1% cream for minor skin rash & itch
- Sunscreen for prolonged sun exposure
- Saline solution for wound cleaning
- Cough drops for cough
- Sterile isotonic saline eye drops for allergy relief/dry eye relief
- Dramamine for motion sickness on eighth grade class trip
- EpiPen auto-injector, appropriate dose, to be given by appropriately trained unlicensed personnel for treatment of anaphylaxis
- Deet containing bug spray for prolonged seasonal exposure

Please cross off the list and INITIAL any medication you do not want administered to your child

I hereby permit the school nurse and other appropriate personnel to administer the above medications for the 2023-2024 school year as directed above.

Parent Guardian Signature _____

Date _____

School Medical Advisor _____

Date _____

Suzanne Lefebvre, MD