



***Slidell ISD***  
***Extracurricular Handbook***  
***2025-2026***

\*If you have difficulty accessing the information in this document because of a disability, please contact the district office at (940)-535-5260.

An extracurricular activity is not necessarily directly related to instruction of essential knowledge and skills, but may have an indirect relation to some areas of curriculum. Extracurricular activities include, but are not limited to, public performances, contests, demonstrations, displays, and group/club/organization activities. The following activities also fall within the category of “extracurricular activities” for purposes of these standards: competitive activities, activities held in conjunction with another activity that is considered to be extracurricular, an off-campus activity (unless adequate facilities are unavailable on campus), activities where the general public is invited, or activities where an admission is charged.

## **NOTICE OF NONDISCRIMINATION**

It is the policy of the Slidell Independent School District not to discriminate on the basis of race, color, national origin, sex, age, or disability in admission or access to, or treatment or employment in, its programs and activities as required by Title VI of the Civil Rights Act of 1964, as amended, Title IX of the Education Amendments of 1972, Title II of the Americans with Disabilities Act of 1990, the Age Act of 1975, and Section 504 of the Rehabilitation Act of 1973, as amended. No provision of an extracurricular behavior standard shall have the effect of discriminating on the basis of the student’s sex, race, disability, religion, or ethnicity.

Slidell Independent School District (SISD) encourages all students to take advantage of school sponsored extracurricular activities. Slidell Independent School District and the community take great pride in these activities that enhance the well-balanced educational programs offered.

## **INTRODUCTION**

All students who elect to participate in an extracurricular activity are visible representatives of the activity and the school district. With this involvement, the student assumes additional responsibilities of leadership within the school and throughout the community. All these activities will provide the student with an environment in which he/she can develop self-esteem, self-discipline, pride and teamwork. By selecting an activity, the student will be required to sacrifice personal time to be a part of a group. SISD students who choose to participate in extracurricular activities must be self-disciplined and respectful of all school district rules concerning student conduct.

These Extracurricular Standards of Behavior are independent of the Student Code of Conduct. Violations of the Extracurricular Standards that are also violations of the Student Code of Conduct may result in independent disciplinary actions. In other words, one incident of misconduct may result in the student being disciplined under both the Student Code of Conduct and the Extracurricular Standards of Behavior.

Being a part of an extracurricular activity is an honor and a privilege. This privilege can be lost if the student violates either the Student Code of Conduct or the Extracurricular Standards of Behavior. These Extracurricular Standards of Behavior govern conduct that occurs at any time, on or off school property.

The Extracurricular Standards of Behaviors are to be reviewed and signed by each student and his or her parent/guardian prior to participation in the activity.

## **DEFINITION OF “EXTRACURRICULAR ACTIVITIES”**

These Extracurricular Standards of Behavior apply to all students participating in extracurricular activities. The term “extracurricular activities” refers to an activity sponsored by UIL, the District, or an organization sanctioned by the Board.

## **SELECTION**

Assignment to or enrollment in a class does not ensure that any particular student will be selected for participation in the corresponding extracurricular activity/organization. Likewise, participation in activities or events in relation to an extracurricular activity/organization does not ensure that a student will be selected for participation in the corresponding extracurricular activity/organization.

Selection procedures shall be developed by the teacher in conjunction with applicable rules and/or guidelines and communicated to interested students well in advance of the selection process. Teachers shall develop procedures that ensure that students have a reasonable opportunity to qualify.

## **RULES OF CONDUCT**

As representatives of SISD, students in grades 2 through 12 who participate in extracurricular activities are expected to demonstrate exemplary behavior and dedication, whether at school or away. Extracurricular organizations operate within the parameters of a constitution or written participation guidelines that sponsors or coaches of the individual organizations adopt for participation in those activities. The campus principal's review and approves all constitutions or guidelines. Nothing in the Extracurricular Code limits or otherwise restricts the authority of the coach, sponsor, or administrator to limit or restrict participation, or assign consequences for offenses not included in this handbook.

## **STUDENT EXPECTATIONS**

**Dress and Grooming** – Students who participate in extracurricular activities shall comply with the district's policy on student dress and grooming and the teacher's specific requirements for the activity. For special events, defined by the campus administration, sponsor, or coach, specific dress requirements may be set.

The school administrators may make appropriate adjustments in the dress code to fit the unique needs of a campus or student needs. The campus administration shall employ appropriate disciplinary procedures to carry out and enforce this policy. The decision of campus administration as to the appropriateness of a garment shall be considered final.

**Attendance-** Students engaged in extracurricular activities are expected to participate in all practices, performances, competitions, and other events identified by the sponsor/coach. Sponsor/coach will identify times for required practices, performances, competitions, etc.

Academically ineligible students may practice or rehearse with other students, but may not participate in a competition or other public performance. A student ineligible to participate in an extracurricular activity/organization, but who is enrolled in a state approved course that requires demonstration of the mastery of the essential knowledge and skills in a public performance, may participate in the performance only if the general public is invited to the performance and the requirement for student participation in public is stated in the essential knowledge and skills of the course.

Students should make every effort to schedule health care appointments at times that will not interfere with school or activity participation. If a conflict is unavoidable, the student shall inform the teacher prior to the appointment and provide written documentation of the appointment.

## **STUDENT CONDUCT**

A student in grades 2-12 participating in any SISD extracurricular activity shall comply with the following rules of conduct 24 hours a day, 7 days per week, and 52 weeks per year in addition to obeying the rules set forth in the SISD Student Code of Conduct, the particular extracurricular activity's constitution, handbook, rule book, and/or regulations, if any, or rules otherwise communicated to the student by the activity's coach or teacher:

Students who participate in extracurricular activities shall comply with the following rules at all times, on or off campus, regardless of whether school is in session:

1. Show respect for SISD officials and staff;
2. Participate in every practice, competition/performance and event required by the sponsor/coach, unless the sponsor/coach has granted an excused absence;
3. Arrive promptly, properly attired, for every practice, competition, etc., unless the teacher has granted an excused absence;
4. Adhere to the grooming standards described above at the section titled "Dress Code and Grooming;"
5. Do not possess or use any tobacco, tobacco-related products, e-cigarettes, alcohol, or any illegal substances;
6. Demonstrate sportsmanlike behavior;
7. Demonstrate a positive attitude;
8. Be courteous and polite to others;
9. Respect possessions of others;
10. Display academic integrity.

**Serious Misconduct:**

A student who is involved in Serious Misconduct is subject to disciplinary consequences in accordance with the student code of conduct will receive those consequences and may also receive consequences or experience loss of privileges in student organization(s). Students who are removed from the home campus for disciplinary reasons are not eligible to represent their home campus during the period of removal.

Slidell Extracurricular Handbook prohibits students assigned to ISS from participating in extracurricular contests while currently assigned ISS. ISS is defined as a suspension from the classroom into another setting. Grades 2-12 will abide by this policy. Students will still be required to attend after school practices. Students will not be allowed to compete in competition while enrolled in ISS. A student is considered enrolled in ISS once he or she enters the ISS classroom until the end of the school day of his or her last assigned day of ISS.

**Loss of Privilege-Suspension, AEP, Expulsion**

A student in grades 2-12 shall lose the privilege of participation or attendance in all extracurricular activities, including practices, during any period of suspension, placement in a Disciplinary Alternative Education Program, or Expulsion.

Nothing in the Extracurricular Standards of Behavior limits or otherwise restricts the authority of the coach of an athletic program or sponsor of any other extracurricular activity to impose penalties and limit participation in the activity for other violations of standards, rules, or expectations for membership or participation in the activity.

Disciplinary consequences for extracurricular participants will result for violations involving inappropriate conduct on campus or at school-related activities. However, extracurricular participants will receive disciplinary consequences for violations involving substance abuse no matter when or where they occur. (See also prohibited behaviors)

Students assigned to DAEP are prohibited from being on any school grounds other than the DAEP campus and from attending or participating in school-sponsored or school-related activities on or off school property until the next school day following the last day of placement.

**GRADES**

A student shall be suspended from participation in any extracurricular activity/organization sponsored or sanctioned by the district or the UIL after a grade evaluation period in which the student received a grade lower than the equivalent of 70 on a scale of 100 in any academic class other than an identified honors or advanced class.

A suspension will continue for at least three school weeks and is not removed during the school year until the conditions for removing the suspension, as described below, are met.

Until the suspension is removed or the school year ends, the teacher shall review the grades of a student suspended under these provisions at the end of each three-week period following the date on which the suspension began. At the time of a review, the suspension is removed if the student's grade in each class, other than a TEA-identified advanced course, is equal to or greater than the equivalent of 70 on a scale of 100.

## **ATTENDANCE**

A student cannot be absent on the day of a game unless he/she previously clears the absence with his/her principal or athletic director. Medical visits or appointments will be accepted with verification of a doctor's note. Students must attend at least four classes during the school day in order to participate in a competition on that day. If there is any doubt, the athlete should clear the possible absence with the Principal or Athletic Director prior to competition. An athlete who violates this requirement will not be allowed to participate in the competition.

## **RACIAL INTOLERANCE**

Racial intolerance will not be tolerated from participants or spectators. Anyone found guilty of making inappropriate gestures, sounds, writing, or language that is based on a person's ethnic background will receive consequences.

## **HAZING, BULLYING, SEXUAL HARRASSMENT, SEXUAL ABUSE, SEXUAL MISCONDUCT**

The Slidell ISD will not tolerate any form of abuse within the program. Any student found guilty of participating in the abuse of another student will be immediately suspended from the extracurricular activity and turned over to the campus principal to enforce the Student Handbook and Student Code of Conduct. If a crime has been committed the necessary law enforcement agency will be notified.

## **SOCIAL MEDIA GUIDELINES**

Due to the accessibility and use of social media in today's society, Slidell ISD is implementing guidelines to assist students in developing skills needed to make positive decisions while using social media platforms.

### **Guidelines:**

1. Social Media use should not violate the SISD Student Code of Conduct.
2. Post should not contain language or remarks that may harm teammates or coaches, other students or representatives of Slidell or other schools.
3. Post should not contain profane, vulgar, obscene or offensive language.
4. Photos should not contain nudity, be vulgar, obscene or offensive in nature.

5. Photos or written post should not contain or reference illegal acts such as: violence, sexual harassment, selling, possessing, or using controlled substances, stalking, underage drinking, or any other inappropriate behavior.
6. Posts should not cast a negative image or negative perception of the athlete, participants, team, or school.

## **ISS**

Any participant receiving ISS will be ineligible to participate for the duration of their placement during the regular school day. Extracurricular obligations prior to the start of the academic day and after the conclusion of the academic day should still be adhered to.

## **DAEP**

Any participant that is assigned a disciplinary alternative education assignment (DAEP or home suspension) will not participate in practices and/or competitions for any extracurricular activity for the duration of the alternative education placement. Extended time may result in dismissal from any in season sport.

## **CRIMINAL CHARGES**

Any participant legally accused of, arrested for, or convicted of a felony or misdemeanor (other than a traffic violation) may be subject to suspension from all competitions, or other disciplinary action may be taken if the participant is not in-season, until the matter has been cleared through the courts or punishment has been served. The participant will be expected to participate in all practices during that time in order to remain in the extracurricular program. Depending on the severity of the charges and the outcome of the case, a participant may be suspended, dismissed for the remainder of the season, or dismissed from the program for the remainder of the year. If the participant is found not guilty or all charges are dropped, then the participant will be reinstated into the program at the sponsor's and campus administrator's discretion. A participant that is placed on probation will only be allowed to compete in activities and/or competitions after a conference between the parent/guardian, the student, the coach/sponsor and the campus administrator and/or athletic director.

## **DRUG/ALCOHOL/TOBACCO/E-CIG USE**

It is the philosophy of Slidell ISD that our interscholastic and extracurricular programs shall be drug and alcohol free. The basis for this is founded upon and by the following:

1. Use of drugs and alcohol is illegal by school age students.
2. Abuse of these products has been shown to create short- and long-term health and safety risks.
3. Students using these products may not be capable of fulfilling commitments and responsibilities toward themselves, teammates, and school.

4. Use of these products can diminish the student's mental and/or physical performance.
5. Student-athletes should be positive role models who demonstrate pride and honor to their school, community, and family.

## **RANDOM DRUG TESTING**

In an effort to protect the health and safety of its students, Slidell ISD Board of Trustees has adopted policy FNF (LOCAL) for the drug testing of students participating in extracurricular activities as well as student drivers. Drug testing will be conducted in accordance with administrative regulations promulgated pursuant to FNF (LOCAL).

## **REPORTING**

A participant will be considered in violation of this policy if they test positive on any drug test, if they receive a citation from law enforcement, are visibly seen by any employee to be in possession or using, if evidence of use is located by or provided to staff, or if the student confesses to the offense.

Consequences for violations will be as follows:

**First offense** – Up to 15 days suspension from the program to be served concurrently with any DAEP placement under the Slidell ISD Code of Conduct (if applicable) and a requirement to complete an approved alcohol/drug educational course assigned by administration.

**Second offense** – Up to 30 days suspension from the program to be served concurrently with any DAEP placement under the Slidell ISD Code of Conduct (if applicable) and a requirement to complete an approved alcohol/drug educational course assigned by administration.

**Third offense** – Permanent removal from the program.

If school is not in session, the suspension will begin immediately upon return.

## **APPEALS**

Decisions regarding disciplinary actions may be appealed according to Policy FNG. A copy of the policy is available at SISD Central Office or online at the SISD web page. ([www.slidellisd.net](http://www.slidellisd.net)) Consequences will not be deferred pending the appeal.

## **QUITTING**

All students who start participating in an extracurricular activity are expected to finish the season or time frame of that activity. Any student who attempts to quit an activity will not be allowed to



advance to another activity they would participate in until the original season has ended unless mutually agreed upon by head coaches or sponsors of both activities. (ex: can't quit basketball to go to track until basketball season is completed)

## **CONFLICTS IN EXTRA-CURRICULAR ACTIVITIES**

An individual student who participates in many extracurricular activities may experience a conflict. If a conflict does arise, the student should:

1. Notify coaches and sponsors.
2. Notify the Athletic Director.

The sponsors, coaches, etc. will work out a solution such that the student is not affected negatively for missed activities. Compromises made may be based on the following:

1. The relative importance of each event. (i.e. district event vs. non-district event)
2. The importance of each event to the student. (i.e. playoffs vs. pre-district event)
3. The chances for success by the student in each event. (i.e. competition vs. practice)
4. How long the event has been scheduled.
5. Parental input.

Once a decision has been made, the student is expected to abide by it. The student will not be penalized for following the decision of the Sponsors, Coaches, Athletic Director, or Administration.

## **SELECT/CLUB SPORTS & OUTSIDE ACTIVITIES**

In the case of a non-school related athletic event conflicting with a school related athletic event, priority will be given to the school athletic event. Consequences for violating this rule will be at the discretion of the Head Coach of the in-season sport and/or the Athletic Director and may include suspension from future athletic contests.

## **HEALTH AND WELFARE**

Every student involved in extracurricular activities must have a medical emergency information sheet on file with the teacher. Certain activities require physical stamina and capabilities. Before students participate in these activities, the teacher may require evidence of a physician's and/or a parent's approval before the student is allowed to participate in the activity/organization. All athletes must obtain an annual physical, recorded on the UIL designated form, before practicing or participating in any sport.

## **EQUIPMENT**

Any district equipment issued to a student is the financial responsibility of the student and for the student's use while participating in a school-related activity/organization. At no time is district equipment for personal use. Students must care for district-issued equipment as if it were their own. If uniforms are required for an activity/organization, the student shall be required to ensure that the uniform is worn only at appropriate times and is neat and clean for practice, performance, or competition. Equipment must be properly stored, in a proper location, and shall be kept clean and maintained. Students who lose or damage district equipment due to negligence will be required to pay for the cost of replacement. All district equipment must be returned at the end of the season or school year, as directed by the sponsor/coach.

Individually owned equipment is the sole responsibility of the student; SISD will not be responsible for any loss or damage that occurs to student-owned equipment.

## **FEES**

Organizations may charge fees for participation and for outside services.

## **TRAVEL**

Students who have the opportunity to travel in connection with the SISD extracurricular activity/organization are representatives of the district and must exhibit exemplary behavior at all times. Students who dress or act inappropriately while traveling to or from a SISD activity may be suspended or removed from the activity/organization, depending upon the nature of the misconduct.

All students who participate in school-sponsored trips are required to ride in transportation provided by the school to and from the event. An exception may be made at the sponsor's discretion and according to the guidelines of the activity's governing documents. Students are not allowed to drive themselves to out-of-district activities.

### **Students involved in travel shall:**

1. Be on time for all trips;
2. Dress neatly and in compliance with the district's dress and grooming policy;
3. Be on their best behavior in restaurants and hotels;
4. Care for any equipment assigned to the student and return it to the proper storage location upon return to the school;
5. Be on their best behavior while on the bus or other vehicle; and
6. Promptly obey all instructions given by either the Teacher or any adult chaperon.

## **PARENT PARTICIPATION**

Parents are encouraged to attend student performances and athletic events and to encourage all students to work hard and meet their potential. Parents are reminded that they must be positive and always model good sportsmanship. Spectators who fail to abide by these guidelines could be removed from events; if such behavior is repetitive the parent could be banned from attendance.

### **Acceptable Behavior**

1. Be respectful of game officials, players, coaches, and all fans or facilities.
2. Show respect during introductions.
3. Cheer positively for both teams with as much enthusiasm as possible while still maintaining composure.
4. Recognize and show respect for outstanding performance of all competitors.
5. Remaining calm and quit when any participant is injured or receiving treatment.
6. Assisting other spectators and parents in maintaining appropriate sportsmanlike behavior.

### **Unacceptable Fan Behavior**

1. Making derogatory chants, songs, or gestures.
2. The use of profane, vulgar, or abusive language.
3. Negative communication directed towards either team or staff, including calling out name, number, or any other defining characteristic.
4. Engaging any fan in a dispute or argument.
5. Using horns or noise makers.
6. Throwing objects on to the floor or into the crowd.
7. Distracting participants, obstructing vision, or directly affecting play.
8. Attempting to direct/coach from audience/stands, or giving specific instructions to any participant.

As parents, please understand a failure to adhere to the expectations could result in consequences preventing you from attending school-sponsored events. These consequences could include, but are not limited to:

1. Being asked to leave the facility and premises for the remainder of the specified event.
2. Involvement of law enforcement to ensure that all requests are compliant.
3. Suspension for a disclosed period of time for all district events.

4. Within district policies, continued disruption could also result in the student athlete being removed from the athletic program.

Parents who have concerns regarding their student's involvement in an extracurricular program should first direct their questions or concerns to the sponsor/coach, if the sponsor/coach is unable to respond to the concern in a way that satisfies the parent, the parent is encouraged to appeal to the next administrator.

## **FUNDRAISING**

All fundraising projects shall be under the direction of a sponsor/coach and subject to the approval of the Athletic Director or Principal.

Student participation in approved fundraising activities shall not interfere with the regular instructional program. Funds collected by student groups shall be deposited in a campus fund established for the student group and shall be used only for purposes that benefit students and are authorized by the organization or upon approval of the teacher.

Individual student fundraising accounts are not permissible; all fundraising must benefit the student organization as a whole. The principal or designee shall approve all disbursements. Participation in fundraising activities does not guarantee that any student will be selected for the team, activity or organization.

## **COMMUNITY SERVICE**

Community service must be pre-approved by the campus principal. Community service approved off of SISD property will only be done through a 501(C) (3) organization.

## **AWARDS**

All awards to students for participation in extracurricular activities or organizations must meet criteria set forth in the individual activity/organization's guidelines, as established by the sponsor/coach leading the activity/organization and approved by the appropriate district level official. Awards must be in accordance with UIL guidelines for those activities governed by the UIL. Students who quit or are eliminated from activities in or out of season, give up all rights to honors or awards which she/he has earned, but not yet received. The sponsor/coach may add additional requirements if necessary.

## **SUMMARY**

These Standards of Behavior are intended to dissuade students from making incorrect decisions. They are designed to provide the students of Slidell Independent School District the guidelines to be positive, responsible citizens of our school and community.

# *RECEIPT OF Slidell ISD*

## *EXTRACURRICULAR HANDBOOK*

Acknowledgement of Student This is to acknowledge that a copy of the SISD Extracurricular Handbook has been issued to me. I have read and understand the information contained in the handbook.

Student Name (please print): \_\_\_\_\_

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Acknowledgement of Parent/Guardian

\* I understand and consent to the student responsibilities set forth in the SISD Extracurricular Handbook. I also understand and agree that my child shall be held accountable for the behavior expectations and consequences set forth in the SISD Extracurricular Handbook.

\* I also understand that in addition to obeying rules set forth in the SISD Student Code of Conduct, all students participating in SISD extracurricular activities will be required to comply with the guidelines and disciplinary regulations contained in the SISD Extracurricular Handbook.

\* I also understand that the SISD Extracurricular Handbook is in addition to, and not a substitute for, the SISD Student Code of Conduct, or any other document regulating the extracurricular activity.

I understand that the SISD policies and procedures can change at any time. Additionally, I have been advised that my child's participation in extracurricular activities and extracurricular organizations, including interscholastic athletics, is a privilege, not a right. Since extracurricular activities are optional, I understand and agree that those who choose to participate will be held to higher standards of behavior and performance in and out of school.

Parent(s)/Guardian(s) Name(s) (please print): \_\_\_\_\_

Parent(s)/Guardian(s) Signature: \_\_\_\_\_

## **Addendum A: Slidell ISD Athletic Handbook**

This handbook explains the policies and procedures that will apply for all athletic sports provided by Slidell I.S.D. This handbook will work in conjunction with the Slidell I.S.D Student Handbook and the Student Code of Conduct. In addition, the Slidell athletic program will operate in accordance with the rules and guidelines of the University Interscholastic League (UIL).

### **ATHLETIC PHILOSOPHY**

The purpose of the Slidell I.S.D. Athletic Program is to provide students the opportunity for development outside of the general education setting. Our athletic department mission is to create a safe competitive environment in which our staff can provide instruction on specific objectives to help athletes become more successful.

A few of those objectives include:

1. To promote concepts such as teamwork, leadership, responsibility and to develop an understanding of the value of each.
2. To promote the concepts of loyalty and pride for our team, school, and community and a humble appreciation for the opportunities each provides us.
3. To display good sportsmanship, respect for ourselves and others, and to strive to represent our program with dignity even if we fail to achieve our goals.
4. To promote self-improvement, goal setting skills, and pride in our accomplishments when we succeed.
5. To promote discipline, structure, and a respect for authority in hopes that we can better learn to be more self-disciplined and therefore better members of our community.

### **PARTICIPATION IN THE SLIDELL ATHLETIC PROGRAM**

It is the goal of this athletic program to offer the opportunity of participation to every student who has the desire to do so. Interscholastic athletics fosters competition and cooperation. It also represents an area of great potential for teaching dedication, perseverance, courage, poise and practicing the pursuit of excellence. However, no student is obligated to take part in athletics. It is to be stressed that participation in the Slidell Athletic Program is a privilege, not a right. Since it is a privilege, the coaching staff, in accordance with the Slidell ISD policy and due process procedures, has the

authority to suspend or revoke the privilege when the rules, regulations, or standards of the athletic program are not followed.

## **RESPONSIBILITIES OF A SLIDELL ATHLETE**

All athletes have the responsibility to give their best effort, strive for excellence, and exhibit good conduct at all times in a manner that is a credit to his/her school. The fact that an individual has chosen to participate in interscholastic athletics is indicative that each athlete has taken into consideration the rewards, privileges, and pleasures that can be attained from participation. It is also indicative that each athlete understands the price that must be paid in meeting responsibilities, following rules and regulations, and meeting the demands that are placed on each individual athlete. The privilege of representing the Slidell Athletic Program coincides with the expectations of the administration, coaches, teachers, parents, community, and most of all by fellow teammates and classmates.

The responsibilities of an athlete include, but are not limited to, the following:

1. The athlete will strive for excellence in all activities at all times while being a member of the Slidell Athletic Program.
2. The athlete will faithfully abide by all rules set forth in the athletic handbook.
3. The athlete will abide by the practice schedules and complete workouts each day.
4. The athlete will personally notify his/her coach when unable to attend practice, and will miss practices only under extreme circumstances.
5. The athlete will abide by the coach's directions, instructions, and decisions.
6. The athlete will be responsible for the proper care of any school issued clothing and/or equipment.
7. The athlete will be required to pay for any clothing and/or equipment that is lost, damaged or destroyed.

## **NECESSARY DOCUMENTATION**

Prior to participation, an athlete must have the following on file:

1. Pre-Participation Medical History and Examination form (to be completed every two years)
2. Parent/Student Acknowledgement of Rules form (UIL form only)
3. Illegal Steroid Use form (UIL form only)

4. Slidell ISD Parental Consent to Biological Testing Form (UIL form only)
5. Slidell ISD Athletic Handbook Acknowledge Form
6. Previous Athletic Participation Form (if applicable)
7. UIL Foreign Exchange Student forms (if applicable)

## **UNIFORMS**

Student-athletes will be issued a set of practice clothes that may include but not limited to shirt, shorts, sweats, or travel suits. These clothes will be worn during participation in athletic practice or competition only. At the end of the season/year, the issued clothes will be returned. Student-athletes will pay a replacement fee for all clothing or equipment not returned at the end of the year. Student-athletes will not be allowed to participate at the next grade level until outstanding fines are paid in full. Consequences for not being dressed out in proper practice attire will be at the discretion of the head coach.

## **PERSONAL BELONGINGS**

Athletes should not leave personal items, especially jewelry or money, in areas unsupervised. Each athlete is issued a locker and a combination lock to secure personal property. Any athlete who fails to secure their property is risking having that property stolen and coaches have limited response when this issue occurs. Slidell ISD and the Slidell Athletic Department are not responsible for lost or stolen items.

## **FACILITIES/EQUIPMENT**

Athletes are expected to take care of all facilities and equipment at all times. Normal wear and tear is expected, misuse and vandalism is not. School equipment issued to the student is his/her responsibility. Loss of any equipment is the athlete's financial obligation. Any misuse or mistreatment of equipment or athletic facilities will be punishable at the discretion of Slidell Administration, the Athletic Director, and Coaches.

## **LOCKER ROOM BEHAVIOR**

All athletes are expected to behave in locker rooms (both home and away). General behavior is as follows:

1. Locker rooms should only be utilized during athletic periods.
2. No running, horseplay, or throwing objects
3. Dirty Shoes / Track spikes should not be worn in the locker room.



4. Cell phone use in the locker room is prohibited including phone calls.
5. Keep all equipment in the locker (not on floor)
6. The locker room should be cleaned before athletes exit.

Locker rooms are a community athlete space. All users have equal rights to that space and will be given respect as rightful members of the athletic program.

## **SELECTION OF TEAMS**

The Head Coach of each sport will determine the teams. The selection of teams will include, but is not limited to: skill level, knowledge of sport, attitude, and experience in the sport. Members of any athletic team are not guaranteed playing time.

## **ELIGIBILITY**

All athletes must meet the UIL guidelines to be eligible to compete. These guidelines include but are not limited to standards of residency, credits requirements toward graduation, age requirements, and schedule requirements that must be met to participate. Student athletes are students first and expected to meet “No Pass, No Play” expectations set forth by UIL. Athletes are expected to pass all of their classes each six weeks. A student that fails a class will be ineligible for a three-week period. At the time of progress reports and the conclusion of the three-week period, the student must be passing all classes to regain eligibility. Ineligible athletes are required to attend all practices during their period of ineligibility. Student athletes that are in danger of failing may be required to attend tutorials at the Athletic Director or Coach's request.

1. Any student athlete who has a failing grade on their report card for two consecutive six weeks may be removed from the current sport.
2. Any student athlete that has a failing grade on their report card for three consecutive six weeks may be subject to removal from all athletics until he/she demonstrates the ability to pass all subjects.

## **SCHOOL ATTENDANCE**

Athletes must meet the 90% school attendance rule to be eligible to miss school time for athletic events. Exceptions must have prior approval by the administration.

## **PRACTICE/CONTEST ATTENDANCE**

Athletes are expected to be at all practices, meetings, and competitions on time and remain for the duration of the practice or competition required by the head coach. It is the athlete's responsibility to notify the coach if he/she must miss a practice, meeting, competition, or will not be in attendance during the athletic period.

An excused absence would include:

1. Any school sponsored activity
2. Family emergency
3. Illness
4. Medical or dental appointment
5. Funeral

An athlete will not be punished for such absences but could be required to make up a portion of the workout or competition (i.e. strength and conditioning, shooting, individual skills work, etc.) at the discretion of the Head Coach and at the approval of the Athletic Director. In such cases, the athlete will be required to present the coach and/or Athletic Director written justification from the parent/guardian or a note from the physician, immediately following the athletes return.

By becoming a member of the Slidell Athletic Program, you are making a commitment to the program. As with any other activity, please be aware that excessive tardiness or absences result in a loss of practice/instructional time. This loss of time could subject the athlete to loss of playing time or in extreme circumstances dismissal from the team. An athlete who misses an entire day of school on the day of the competition will not be eligible to compete unless prior administrative approval has been granted prior to the absence. An unexcused absence from a game may result in suspension of the next scheduled game.

## **MAKE-UP TIME/CONDITIONING PLANS**

The athlete will need to meet with the head coach and athletic director to create a conditioning plan for any missed practices, games, competitions, etc. This includes missed days for a disciplinary placement when the athlete is suspended from the program.

## **CELL PHONE USE**

During any activity associated with Slidell athletics that is led by a member of the Coaching staff (i.e. weights, film, walkthroughs, conditioning, practice); cell phones shall not be present. During these times cell phones should remain in the locker room and be secured in the school provided locker.

## **PARTICIPATION WHEN INJURED**

Any athlete that is injured during the course of the season and is unable to participate due to the injury must continue to follow all expectations, rules, and regulations, if the athlete wishes to remain a part of the team. The coaching staff should be notified as soon as possible if an injury is discovered outside of athletics. The coaching staff has the ability to assist in scheduling less expensive and more sport specific medical care once they are made aware of the injury. Please be aware, that once medical care is obtained the coaching staff is required to follow the instructions of the physician and will not deviate from those instructions even if the parent and athlete wish to do so. The athlete will not participate but will be required attend all practice sessions and sit with the team during competitions. Athletes learn from each practice session, whether they are actually working out or simply observing.

## **PRACTICE TIMES/SCHEDULES**

According to UIL rules, school teams shall be prohibited from practicing team skills before or after school except during specified practice dates set forth by the UIL, and during the one allowable period during the school day. The respective coach in conjunction with the Athletic Director and other coaches of in season sports will arrange practice schedules for each sport. Attempts will be made to ensure that practice times for one sport will not interfere with practice times for a coinciding sport. Student-athletes competing in multiple sports may at times be subject to overlapping practice schedules. Conflicts between two sports will be handled by the Head Coaches of those sports.

## **ATHLETIC DRESS CODE**

In addition to following regular school rules regarding dress code (found in the student handbook), athletes have additional expectations in regard to hairstyle, jewelry, and dress.

- Initials, numbers or other insignia shaved on the heads of athletes will not be accepted.
- Any tattoos an athlete might have must be covered at all times during practice or competitions as well as throughout the school day.
- Athletes in the girls' program, who have long hair, must wear their hair, including long bangs, pulled back from the face during all athletic practices and competitions.
- Athletes in the boys' program must maintain hairstyles that do not have bangs that extend below the eyebrows when pulled down, do not cover the ear, and do not touch the collar of their shirt in length at the back of the neck.
- While it is not the expectation for boys to shave daily, athletes are expected to be clean shaven while competing in contest as a representative of Slidell ISD.
- In accordance with UIL rules and regulations, for safety reasons, athletes are not allowed to wear jewelry of any kind during any athletic practice or competition.
- Athletes are not allowed to wear facial piercings at any time while an athlete at Slidell ISD or while representing a Slidell ISD athletic team at another location, either as a spectator or participant. This includes traveling to and from athletic competitions and practices.

Athletes will not be afforded extra time during the day to meet athletic or school dress code requirements. This includes extra time to make changes to appearance before practice or competition. Any hairstyle, jewelry, or clothing that is not within the regulations or expectations of the program, and requires the athlete to report to the office to make changes to their appearance, will be considered an unnecessary loss of academic or athletic time and will be punishable within the guidelines of the athletic department in addition to any school consequences that are assigned.

## **TEAM TRAVEL**

All regular school transportation rules and regulations apply when on an athletic trip. All athletes are expected to ride the transportation provided by Slidell ISD to and from all competitions. The approval of the Head Coach must be obtained for an athlete to return home with his/her parent/guardian, and this will only occur in rare circumstances. We request that if specific circumstances such as, but not limited to work schedules, limited transportation, previous engagements, etc. will affect this requirement, that parents notify the head coach prior to the day of the competition. Even with a notification from the parent prior to the activity, Slidell ISD may or may not allow a student to leave with any person other than the parent/guardian of that student athlete. These instances will be looked at on a case by case basis and will be up to the discretion of the Head Coach.

and/or the Athletic Director. A sign out sheet will be available at the event when leave is allowed.

## **DROPPING/QUITTING A SPORT**

There will be times when an athlete finds it necessary to quit playing a sport before, during, or after the season has begun. The following procedures should be followed in order to drop/quit a sport:

1. Examine the situation before a decision is made.
2. Talk to the coach to see if a solution can be reached. (A parent conference may be required)
3. If the decision to quit is made, the athlete must check out of the sport through the Head Coach of the sport and the Athletic Director. All clothing/equipment issued to an athlete must be returned in the same shape as it was issued to the athlete. Payment for any lost or damaged clothing and equipment will be required.
4. An athlete that decides to quit one sport and begin another may be required to wait until the first sport has completed its season before he/she will be allowed to join the new sport.
5. During the first 2 weeks (14 calendar days) of the sport, an athlete is able to make the decision to drop the sport without any consequences.

Coaches in conjunction with the Athletic Director, reserve the right to prohibit any athlete from joining a team or sport if that athlete has routinely failed to complete seasons in other sports.

Additionally, if an athlete quits a sport as a result of disciplinary action, the athlete will be required to complete all disciplinary consequences prior to joining another sport or rejoining the athletic program.

## **VARSITY LETTER REQUIREMENTS**

Varsity letters shall be granted in accordance with UIL guidelines. The following guidelines shall apply:

1. A cross country runner shall participate in 75% of meets, participate in the district meet at the varsity level, and be recommended by the coach, or be a senior in good standing.
2. A basketball player shall participate in 75% of all varsity games and be recommended by the coach, or be a senior in good standing.

3. A track athlete shall participate in 75% of the individual track meets, participate in the district track meet at the varsity level, and be recommended by the coach, or be a senior in good standing.
4. A tennis player shall participate at the district tennis meet at the varsity level, and be recommended by the coach, or be a senior in good standing.
5. A golf player shall participate at the district golf meet at the varsity level, and be recommended by the coach, or be a senior in good standing.
6. A powerlifter shall place in the top 3 at any invitational meet, compete at the regional meet, and be recommended by the coach, or be a senior in good standing.

## **COMMUNICATION**

What will be expected from the athlete's coach:

1. Coach's philosophy.
2. Expectations the coach has for the athlete.
3. Locations and times of practices and contests.
4. Team requirements, team rules, and off-season expectations.
5. Procedures that will be followed in the event of an injury.

Appropriate concerns to discuss with a coach:

1. The mental and physical treatment of the athlete.
2. What improvements the athlete can make.
3. Concerns about the athlete's behavior.

Issues NOT appropriate for discussion with a coach:

1. Playing time of the student athlete.
2. Team strategy.
3. Play calling.
4. Any situation that deals with other student athletes.

If a parent has a concern to discuss with the coach, the following procedure should be followed:

1. Encourage your child to speak directly with the coach as this will often time take care of the problem.
2. Think about what you expect to accomplish as a result of the meeting.

3. Meetings will not be held immediately following competitions.
4. Contact the coach to set up an appointment. Every attempt should be made to meet with the coach as this initial process will be required prior to advancing to step five.
5. If the issue remains unresolved contact the athletic director to schedule an appointment.

# **2025-2026 Slidell ISD Athletic Addendum Acknowledgement Form**

I understand the policies and procedures of the Slidell ISD Athletic Department; I am also aware of the consequences for violating said policies. If at any time I have questions regarding the expectations, I will address these questions to the Head Coach/Athletic Director. I understand that the Athletic Director and coaching staff will enforce these policies, procedures, expectations, and consequences.

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Athlete Signature

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Date

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Athlete Name (print)

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Parent/Guardian Signature

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Date

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Parent/Guardian Name (print)

Mailing Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

(Return this copy to the Athletic Department)