




JANUARY | 2023

Ballard County Pre School/ Elementary Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Tornado Corndog Mac N Cheese Cherry Tomatoes w/ Ranch Fruit Choice	3 Cinnamon Roll BBQ Sandwich Baked Beans Baby Carrots Fruit Choice	4 Ham and Cheese Croissant Chicken Nuggets Green Beans Mashed Taters w/ Gravy Roll Fruit Choice	5 Breakfast Pizza Hot Ham and Cheese Tater Tots Fruit Choice	6 Sugar Cinnamon Biscuit w/ bacon Pizza Corn Val's Mandarin Orange Fluff
9 Tornado Bosco Cheese Sticks Cooked Carrots Baked Apples	10 Pancake on a Stick Grilled Chicken N Cheese Wrap Chips, Salsa, Queso Corn Fruit Choice	11 Ham and Cheese Croissant Spaghetti Garden salad Cheesy Bread	12 Sausage Biscuit Chicken Tenders Ranch Potatoes Hot Roll Fruit Choice	13 Chicken N Rolls Chili w/ Cinnamon Roll Veggie Boat Tater Tots Fruit Choice
16 No School	17 Cinnamon Roll Pizza French Fries Baby Carrots w/ Ranch Fruit Choice	18 Ham and Cheese Croissant Salisbury Streak Mac N Cheese Mashed Taters Roll Fruit Choice	19 Breakfast Pizza Breakfast For Lunch Eggs, bacon, Biscuit & Gravy Hashbrowns Fruit Juice	20 Sugar Cinnamon Biscuit w/ Bacon Cheeseburger Baked Beans Cherry Tomatoes Fruit Choice
23 Tornado Chicken N Waffles Hashbrown Casserole Fruit Choice	24 Pancake on a Stick BBQ Nachos w/ the works Corn Fruit Choice	25 Ham and Cheese Croissant Orange Chicken Jasmine Rice Stir Fry Mini Eggroll Fruit Choice	26 Sausage Biscuit Tacos w/ the works Refried Beans topped w/ Queso Fruit Choice	27 Chicken N Rolls Ham Ranch Potatoes Hot Roll Fruit Choice
30 Tornado Potato Soup Grilled Cheese Baby Carrots w/ Ranch Fruit Choice	31 Cinnamon Roll Chicken Alfredo Green Peas Baked Apples	1 Be as you wish to seem. -Socrates	2 Energy Givers: Sunlight Whole foods Hydration Movement decluttering	3 

Alternate Breakfast Choices

- M- Donuts
- T- Assorted Muffins
- W- Assorted Cereals
- TH- Pop tarts
- F- Assorted Danishes

Don't forget-

- ✓ Put money into your account.
- ✓ Grab a fruit and vegetable.

Cold and Fresh Lunch Options

- M- Protein Box- NEW!!
- T- Anytimers- Pizza Lunchable
- W-Cold Cut
- TH- Yogurt combo
- F- Ucrustable

Assorted Fresh Veggies served Daily!
 Color your plate!

MENU IS SUBJECT TO CHANGE.