



School Information:

Isleta Elementary School
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Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

****No School****
Happy New Year!!

2

****No School****

3

****No School****

4

Biscuit and Gravy
Diced Peaches
100% Orange Juice
Choice of Milk

5

Croissant Sandwich
Grapes
100% Apple Juice
Choice of Milk

6

WG Breakfast Pizza
Fresh Fruit
100% Orange Juice
Choice of Milk

9

WG Pancake Mini Bites
Syrup
Mixed Fruit
100% Apple Juice
Choice of Milk

10

Cinnamon Toast Crunch
Cheese Stick
Slice Apples
100% Orange Juice
Choice of Milk

11

Omelet
WG English Muffin
Banana
100% Apple Juice
Choice of Milk

12

Blueberry Yogurt
Granola w/Dried Fruit
Blueberries
Choice of Milk

13

****No School****

16

Jumpstart Breakfast Kit
Banana
Choice of Milk

17

Parfait
Graham Crackers
100% Orange Juice
Choice of Milk

18

WG Blueberry Muffin
Boiled Egg
Peaches
Choice of Milk

19

Egg & Potato Taco
Salsa
Apple Slices
Choice of Milk

20

Scrambled Eggs
WG Toast
Dice Pears
Choice of Milk

23

Hash Brown
Sausage
WG Tortilla
Fruit Cup
Choice of Milk

24

WG Bagel w/Cream Cheese
Banana
100% Orange Juice
Choice of Milk

25

Breakfast Burrito
WG Tortilla
Grapes
Choice of Milk

26

Honey Nut Cheerios
Yogurt
Oranges
100% Apple Juice
Choice of Milk

27

French Toast Sticks
Syrup
Blueberry Mix
100% Orange Juice
Choice of Milk

30

Egg & Cheese
Quesadilla
Salsa
Dice Peaches
Choice of Milk

31

