

APRIL 2023

JCC High School

Grains are 100% Whole Grain/Whole Grain Rich.

Breakfast includes 100% Fruit Juice & Fruit Variety, Milk Variety.
Breakfast Variety=Pop Tart Variety, Cold Cereal Variety or Cereal Bar Variety; Cheese Stick or Yogurt.
Lunch includes Garden Bar, Fruit Variety & Milk Variety.

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Variety or Strawberry Cream Cheese Bagel 3 Chicken or Cheese Quesadilla Fiesta Beans Diced Pears, Apple Wedges	Breakfast Variety or Sausage Gravy & Biscuits 4 Beef & Cheese Nachos w/ toppings Whole Kernel Corn Fruit Cup, Banana	Breakfast Variety or Breakfast Pizza 5 Crispy Chicken Sandwich or Spicy Chicken Sandwich Seasoned Green Beans Mixed Fruit, Orange Wedges	Breakfast Variety or Pancake & Sausage Bites 6 Corn Dog or Buffalo Chicken Melt Steamed Broccoli Diced Peaches, Fruit Cup	No School 7 <i>Good Friday</i>
No School 10	Breakfast Variety or Breakfast Scramble w/ Muffin 11 Sloppy Joe on a Bun or Pulled Pork Sandwich, Baked Beans Rosy Applesauce, Banana	Breakfast Variety or Blueberry-filled Pancakes 12 Hamburger on a bun, Tater Tots, Mixed Vegetables, Mixed Fruit, Orange Wedges	Breakfast Variety or Apple Churro 13 Chicken Pot Pie Bowl or Scalloped Potatoes & Ham, Seasoned Peas, Buttermilk Biscuit Diced Peaches, Fruit Cup	Hot or Cold Breakfast Variety 14 Five Cheese French Bread or Pizza Crunchers, Marinara Steamed Broccoli Fruit Variety
Breakfast Variety or Filled Cinnamon Toast Bar 17 Original or Spicy Chicken Tenders, Macaroni & Cheese, Seasoned Green Beans Diced Pears, Apple Wedges	Breakfast Variety or Egg & Cheese Sandwich 18 Chicken Alfredo Pasta or Pasta with Meat Sauce, Garlic Breadstick, Steamed Broccoli Fruit Cup, Banana	Breakfast Variety or Breakfast Pizza 19 Cheesy Chicken Sandwich or Grilled Cheese Sandwich Seasoned Peas, Mixed Fruit Orange Wedges	Breakfast Variety or French Toast 20 Tater Tot Hotdish or Chicken Nuggets, Garlic Toast California Blend Diced Peaches, Fruit Cup	Hot or Cold Breakfast Variety 21 Pizza Variety Whole Kernel Corn Fruit Variety
Breakfast Variety or Chocolate Filled Crescent 24 Southwest Mac & Cheese or Meatball Sub w/ Marinara Seasoned Green Beans Diced Pears, Apple Wedges	Breakfast Variety or Breakfast Scramble w/ Muffin 25 Chicken & Gravy or Hamburger Gravy w/ Mashed Potatoes, Dinner Roll, Broccoli Grape Salad, Fruit Cup, Banana	Breakfast Variety or Dutch Waffle 26 Hot Dog or Sloppy Dog on a Bun Seasoned Peas & Carrots Mixed Fruit, Orange Wedges	Breakfast Variety or Breakfast Bread 27 Beef Totchos or Beef Softshell Tacos Spanish Rice, Whole Kernel Corn Diced Peaches, Fruit Cup	Hot or Cold Breakfast Variety 28 BBQ Chicken on a Bun or Hot Ham & Cheese, Baked Beans Diced Pears, Apple Wedges



This Institution is an equal opportunity provider.
 Menus are subject to change.

**Menu changes will be announced at each school as they arise. Thank you.*