



October is **National Apple Month**. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY



Tuna Casserole
Roasted Broccoli
Fruit
Milk

05

TUESDAY



Hamburger
Fries
Fruit
Milk

06

WEDNESDAY



Open Face Turkey Sandwich
Mashed Potato w/ Gravy
Corn
Fruit
Milk

07

THURSDAY

Egg Roll
Fried Rice
Stir Fried Veggies
Fruit
Milk

01

FRIDAY

Pizza
Carrot w/ Ranch
Fruit
Milk
Frozen Treat

02

Tuna Casserole
Roasted Broccoli
Fruit
Milk

05

Hamburger
Fries
Fruit
Milk

06

Open Face Turkey Sandwich
Mashed Potato w/ Gravy
Corn
Fruit
Milk

07

Burrito
Mexi Rice
Beans
Fruit
Milk

08

Pizza
Peppers w/ Ranch
Fruit
Milk
Cookie

09

Chicken Taco
Refried Beans
Corn
Fruit
Milk

12

Spaghetti w/ Meat Sauce
Garlic Bread
Veggies
Fruit
Milk

13

No School

14

No School

15

No School

16

No School

19

Chicken Nugget
Mashed Potato w/ Gravy
Peas
Fruit
Milk

20

Meatloaf
Mashed Potato w/ Gravy
Salad w/ Ranch
Fruit
Milk

21

BBQ Pulled Pork
Sweet Potato Fries
Fruit
Milk

22

Pizza
Salad w/ Ranch
Strawberry Crumble
Milk

23

Mozzarella sticks
Marinara
Apple w/ peanut butter
Milk

26

Chicken and Dumplings
Roll
Corn
Fruit
Milk

27

National Chocolate Day
Hamburger
Fries
Choco Chip Cookie
Fruit & Milk

28

Chicken Curry
Rice
Roll
Fruit
Milk

29

Crispito
Black Beans
Salsa
Fruit
Milk

30



Turkey Ford School provides free breakfast and lunch to all students.
Menus are subject to change without prior notice due to availability of products.
This institution is an Equal Opportunity Provider.

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