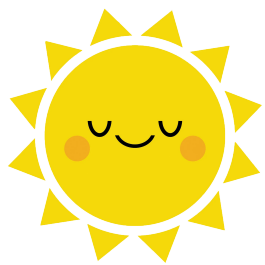
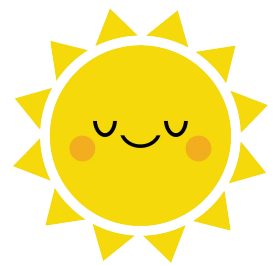


2023 Verndale Community Education



Summer Programs



Payments to the Verndale Public School can be made by cash, check, or debit/credit cards via your JMC Family account under Tuition/Fees.

Verndale Community Education

411 SW Brown Street

Verndale, MN 56481

Contact: Amy Thompson, athompson@verndaleschool.org or
218-445-5184 ext. 302

2023 Verndale Summer Programs

Dear Parent/Guardian,

Verndale Community Education, with the support of the Verndale Lions and City of Verndale, will be offering summer programs for our area youth. The schedule will include various learning opportunities, a ball program, swimming lessons, childcare, camps, and a variety of other supervised activities. If you have any questions or concerns, please feel free to contact any of the listed program contacts or call the District Office at 445-5184. **FULL PAYMENT IS DUE BEFORE OR UPON THE START OF FIRST DAY (EXCEPT FOR PIRATE SUMMER FUN). NO REFUNDS WILL BE MADE AFTER A STUDENT HAS STARTED ANY PROGRAM.**

Schedule and Fees:

A schedule of all activities and fees is included in this packet for your convenience. Any parent who is able to assist in any way is welcome to do so and is especially encouraged to be available on game days and field trip days. Our staff is responsible for notifying participants of any other events or changes to the schedule. In case of inclement weather, Summer Rec. may be held in the gym and Summer Pirate fun *will* be in session as usual.

Registrations are based on your child's grade for the 2023-2024 school year (unless otherwise specified).

Please have your students signed up for any of these programs by Monday, May 22nd, 2023 (unless otherwise stated in program description).

If you have any questions, please contact the District Office at 218-445-5184.

Summer Rec. Ball Teams

June 5th - July 14th

9:00 am - 12:00 pm

Cost is \$35.00 per child with a family cap of \$90.00 per family. There is a \$40.00 fee per student and no family cap for students who do not attend the Verndale School. See attachments for ball team rules, classifications, schedule, and registration form. There will be no Summer Rec. ball programs on Monday, July 3rd & Tuesday, July 4th. Registration form attached. **Please make checks payable to Verndale Public School.**

Contact: Dan Johnson, djohnson@verndaleschool.org or 445-5184 ext. 152

Summer Food Program

May 30th - July 28th

A summer food program will be provided free of charge to anyone up to 18 years of age. It will be available from May 30th through July 28th. Serving time for breakfast will be from 8:45 am - 9:15 am. Serving time for lunch will be from 11:15 am - 12:30 pm. There will be no summer food program on Monday, July 3rd & Tuesday, July 4th. **No registration needed.**

Contact: Vickie Thompson, vthompson@verndaleschool.org or 445-5184 ext. 211

Pirate Summer Fun

May 30th - July 28th

7:30 am - 5:00 pm

Welcome to Pirate Summer Fun through Verndale Public School! We are excited to continue to offer this service to our families. Pirate Summer Fun is a fee-based, summer program for students in PK-6th grade. The Pirate Summer Fun Care Program will operate Monday through Friday, beginning on May 30th through July 28th, from 7:30 am-5pm. (There will be no Pirate Summer Fun on Monday, July 3rd and Tuesday, July 4th.) The program will be staffed by school district personnel. A variety of supervised activities will be available including: outside recreation, computer lab, craft activities, etc. Pirate Summer Fun will run concurrently with the Summer Rec. program. If enrolled in Summer Rec., students will be released from activity areas five minutes before their practice starts. All enrolled students will be able to take part in the summer food program. The fee for Pirate Summer Fun will be \$10 for four hours or less, or \$20 for more than four hours. It is very important that children are picked up by 5:00 pm, therefore, there will be a \$5 per minute, per child, penalty rate charged after 5 pm. Invoices will be sent home with your student or mailed per month. **The registration form is attached.**

Swimming Lessons

June 19th - 22nd & June 26th - 29th

3:00 pm - 4:00 pm

Maslowski Wellness & Research Center

Swimming lessons will be available through the Maslowski Wellness & Research Center for Levels 1-6. Cost is \$47.50 per child. The cost includes transportation from the Verndale School. Buses will leave a half hour before lessons and return a half hour after. **Registration form (attached) and payment should be returned to the District Office. Please make checks payable to Verndale Public School.**

Contact: Amy Thompson, athompson@verndaleschool.org or 218-445-5184 ext. 302

Youth Football Clinic

July 26th & 27th

10:30 am - 12:00 pm

A free football clinic for students entering grades 4-6 for the 2023-2024 school year to learn the basic fundamentals of football. **Registration form is attached.**

Contact: Mike Mahlen, 218-371-1649

Football Clinic

July 24th - 28th

8:00 am - 10:00 am

A free football clinic for students entering grades 7-12 for the 2023-2024 school year to learn the basic fundamentals of football. **Registration form is attached.**

Contact: Mike Mahlen, 218-371-1649

Spring Football Camp

May 17th, 18th, & 19th

6:00 pm - 7:00 pm

A free football camp for students who are in grades 3-5 for **THIS SCHOOL YEAR (2022-2023 school year)**. Boys and girls are welcome. No contact. Bring water bottles and cleats if needed. Contact Tyler Fisher to register.

Contact: Tyler Fisher, 218-371-7300

Strength and Conditioning

June 5th - July 29th

Mon., Wed., & Thurs. from 8:00 am - 9:00 am & 9:00 am - 10:00 am

The summer strength and conditioning camp will focus on improving speed, agility, quickness, and strength. The camp is open to all students who will be in grades 7-12 for the 2023 - 2024 school year. **There will not be camp the week of July 3rd - 7th.** The cost is \$20 for the summer. **Registration form is attached. Please make checks payable to Verndale Public School.** Please contact Dillon Card with any questions or concerns.

Contact: Dillon Card, dcard@verndaleschool.org or 218-445-5184 ext. 267

Summer Basketball

Gym Rats Youth Basketball Camp

May 31st - June 2nd

Grades 3&4 - 9:00 am - 10:30 am

Grades 5&6 - 10:30 am - 12:00 pm

The 2023 Verndale Basketball Camp offers a firm foundation in skill development, team concepts, and motivation. **Registration form is attached.** Contact Sam Schmitz or Greg Johnson for more information.

Contact: Sam Schmitz, sschmitz@verndaleschool.org or 218-445-5184 ext.283

Greg Johnson, gjohnson@verndaleschool.org or 218-445-5184 ext. 308

Summer Basketball

Gym Rats Skills & Scoring

June 5th - June 28th Mondays & Wednesdays

9-12 Grade Girls and Boys - 8:00 am - 9:00 am

3-5 Girls & 3-4 Boys - 9:00 am - 9:40 am

6-8 Girls & 5-8 Boys - 9:50 am - 10:50 am

Athletes will have an organized gym setting to develop offensive fundamental skills and compete in individual and team contests. **Registration form is attached. *Practice for Wednesday, June 7th will be held on Tuesday, June 6th.**

Contact: Sam Schmitz, sschmitz@verndaleschool.org or 218-445-5184 ext.283

Greg Johnson, gjohnson@verndaleschool.org or 218-445-5184 ext. 308

Wrestling Camp

June 7th, 8th, & 9th - Verndale

Grades 7-12: 8:30 am - 10:30 am

Girls Grades K-12 - 10:45 am - 12:00 pm

Grades K-6: 12:45 pm - 2:15 pm

Come learn wrestling techniques and fundamentals at our summer wrestling camp! Experienced 5th/6th grade wrestlers are welcome to attend the 7-12 sessions. The cost is \$60 for BHVPP wrestlers, \$120 for non-BHVPP wrestlers, and the girls only session is free. Contact Kody Van Den Eykel if you have any questions or concerns. **Please make checks payable to BHV Wrestling.**

Contact: Kody Van Den Eykel, kvandeneysel@verndaleschool.org, 218-445-5184 ext. 334

or 218-234-1655

Kids Father's Day Gift Plate

June 5th

9:00 am

Paint a gift for Dad! This is a step-by-step class for kids. We will be painting a ceramic plate with a great design for Father's Day. Plates will be fired offsite and ready to pick up the following week. The cost for this class is \$20 per person. There will be a maximum of 25 students. **Registration form is attached. Please make checks payable to Verndale Public School.**

Contact: Karen Moyer, the3moyers@hotmail.com or 763-443-2226

13" Pumpkin Platter - Adult Class

August 22nd

6:00 pm

Get a jump start on your fall decorating with this pumpkin platter! We will be using special pottery glazes that will give your project a professional distressed look. No need to worry about your skill level as the glaze does all the work for you! Items will be fired offsite and ready for pick up the following week. The cost for this class is \$32 per person. There will be a maximum number of 25 people. **Registration form is attached. Please make checks payable to Verndale Public School.**

Contact: Karen Moyer, the3moyers@hotmail.com or 763-443-2226

Ceramic Mug Painting - All Ages Event

July 11th

6:00 pm

Paint your own personal ceramic mug! Choose one of our designs or create your own. There will be a variety of mug styles to choose from. Items will be fired offsite and ready for pick up the following week. The cost for this event is \$22 per person. There will be a maximum of 25 people. **Registration form is attached. Please make checks payable to Verndale Public School.**

Contact: Karen Moyer, the3moyers@hotmail.com or 763-443-2226

Branson Trip

October 15th - 21st

Take a trip to Branson with us! Experience a myriad of amazing shows and visit numerous fun attractions! Limited to 52 passengers with a minimum of 30 passengers. Claim your spot with a \$75 deposit by June 9th. Final payment is due August 8th, 2023. Bus departs Verndale at 8:00 am on Sunday, October 15th. Contact Rachel Johnson or Amy Thompson for more information and registration.

Cost:

Single Occupancy - \$1084.00

Double Occupancy - \$875.00

Triple Occupancy - \$855.00

Optional Trip Insurance - \$38 - \$132

Contact: Rachel Johnson, rrjdwj@gmail.com or 218-640-7205

Amy Thompson, athompson@verndaleschool.org or 218-445-5184 ext.302

Summer Stream Camp

June 19th - 29th

12:00 pm - 3:00 pm

This camp is for students who will be in grades 1-6 for the 2023-2024 school year. Join us for 9 days of fun, learning about MN through STREAM (Science, Technology, Reading, Engineering, Arts, and Math)! Two of the days will be field trip days: Friday, June 23rd to the MN Science Museum, and Thursday Jun 29th to Itasca State Park. There is no cost, and students will receive a lunch and snack. Please register by Friday, May 19th. Drop off students at door 1. If your child is coming from Summer Rec, they can head through door 1 and meet the teachers there. Please pick them up at door 1 the end of the day. **The flyer is attached.**

Scan the QR Code to register.



STEMtastic Summer!

Lego - June 8th from 1:00 pm - 3:30 pm

Paper - July 13th from 1:00 pm - 3:30 pm

Glow in the dark - July 19th from 1:00 pm - 3:30 pm

Water - July 20th from 1:00 pm - 3:30 pm

Think it. Create it. Build it. Can you fit yourself through a piece of paper? Can you build and program Legos to lift, move, and walk? Are you better than a beaver at building dams? Can you dress from head to toe in items that will glow under a blacklight? Come join us for a STEMstastic summer and find out the answers to all of these questions and more! This class will be for students going into grades 2-6 for the 2023-2024 school year. The cost is \$20 for each class, **OR** sign up for all three class for \$60. This class will take place in the Verndale FACS room. Contact Angie Wallin for more information. **Registration form is attached. Payments must be made to Verndale Public School.**

Contact: Angie Wallin, awallin@verndaleschool.org or 218-821-1193

Tutti-Frutti

June 1st

1:00 pm - 3:30 pm

Come spend time in the kitchen learning how to make all sorts of yummy things out of fruit! Fruit pizza, smoothies, and chocolate covered berries are some of the things we will be making. This class will be for students going into grades 2-6 for the 2023-2024 school year. The cost is \$25. This class will take place in the Verndale FACS room. Contact Angie Wallin for more information. **Registration form is attached. Payments must be made to Verndale Public School.**

Contact: Angie Wallin, awallin@verndaleschool.org or 218-821-1193

Gymnastics

June 1st - 4:00 pm - 5:15 pm

June 19th - 4:00 pm - 5:15 pm

June 26th - 4:00 pm - 5:15 pm

July 13th - 10:00 am - 11:30 am

July 20th - 10:00 am - 11:30 am

Come and stretch and have some supervised free time to work on the equipment and skills of your choice. This class will be for students going into grades 1-6 for the 2023-2024 school year. The cost is \$10 each time, or \$30 for the whole summer. You **MUST** pre-register. This is **NOT** a drop in class. Participants **MUST** sign a waiver prior to the first day of class. Contact Angie Wallin for more information. **Registration form is attached. Payments must be made to Verndale Public School.**

Contact: Angie Wallin, awallin@verndaleschool.org or 218-821-1193



Pirate Summer Fun Summer 2023 Registration



Enrollment Policies for Pirate Summer Fun

Welcome to Pirate Summer Fun, through Verndale Public School. We are excited to continue to offer this service to our families. Pirate Summer Fun is a fee-based, summer program for students in PK-6th grade. **The Pirate Summer Fun Care Program will operate Monday through Friday, beginning on May 30th through July 28th, from 7:30 am-5pm. (There will be no Pirate Summer Fun on Monday, July 3rd and Tuesday, July 4th.)** The program will be staffed by school district personnel. A variety of supervised activities will be available including: outside recreation, computer lab, craft activities, etc. Pirate Summer Fun will run concurrently with the summer rec program. If enrolled in summer rec, students will be released from activity areas five minutes before their practice starts. All enrolled students will be able to take part in the summer food program. **The fee for the Pirate Summer Fun, will be \$10 for four hours or less, or \$20 for more than four hours. It is very important that children are picked up by 5:00 pm, therefore, there will be a \$5 per minute, per child, penalty rate charged after 5 pm.** Invoices will be sent home with your student or mailed per month.

Program Goals:

- To assure parents/guardians that their children will be in a safe and healthy environment where staff will strive to meet emotional, social, and physical needs.
- To promote respect for self and others, while responsibilities and social skills are both enhanced and encouraged.

To support a caring staff who show genuine respect for the children, have confidence in each child's potential, and seek to promote the self-esteem of each child.

First Date of Care Requested: _____

Child Information:

1. Name: _____ Birthdate: _____
2. Name: _____ Birthdate: _____
3. Name: _____ Birthdate: _____
4. Name: _____ Birthdate: _____

Parent 1 Information:

Name: _____ Phone Number: _____

Address: _____

Parent 2 Information:

Name: _____ Phone Number: _____

Address: _____

Child Lives With: (Please circle)

Both Parents Mother Father Guardians Other

Emergency Contacts if Parents are not available:

Name: _____ Phone Number: _____

Name: _____ Phone Number: _____

Person(s) primarily to pick up your child(ren):

Person(s) who cannot pick up child:

Pertinent Medical Information/Allergies:

Tell us a little about your child: (likes/dislikes, etc)

Please fill out the form below and attached.

Child (family) Name: _____

Please circle the day(s) your child(ren) will attend Pirate Summer Fun:

Monday Tuesday Wednesday Thursday Friday

Please indicate the hours your child(ren) will attend: _____

Please initial:

_____ I have completed all forms for Pirate Summer Fun

_____ I agree to pay \$20 per day, or \$10 per day if 4 hours or less.

May 30th - June 30th care invoice due by July 31st, 2023

July 3rd - July 28th care invoice due by August 31st, 2023

_____ I agree to pay the \$5 per minute penalty if my child is not picked up by 5 pm.

_____ In the event that my child listed above is injured and requires medical attention, Pirate Summer Fun may utilize emergency services.

_____ Administration/Pirate Care staff reserve the right to immediately remove or suspend services to a student from the program at any time, who poses a continuing danger to property or person(s).

I understand that the Verndale School/Pirate Summer Fun Program cannot be held responsible for unforeseen circumstances or events that may occur during this time. While Pirate Summer Fun, strives to provide accurate information, I understand that staff will use their best judgment and training in providing a safe experience for all the participating students while leading such activities. I understand that if there are repeated violations to the expectation outlined in the policies above, the district may revoke childcare services.

Print Name Parent/Guardian

Signature

Date

2023 Verndale Public School Summer Rec Ball Team Registration Form

Cost is \$35.00 per child for those attending Verndale School, with a family cap of \$90.00. Fee includes a Summer Rec T-Shirt. There will also be a charge of \$40.00 per student who does not attend the Verndale School. There is no family cap for those who do not attend Verndale School. See attachments for ball team rules and classifications. Caps (green) and Visors (black) are also available for \$12.00 each.

1st Student: _____ League: _____ \$ _____
T-shirt size: Youth Small – Youth Medium – Youth Large - Adult Small – Adult Medium (circle correct size)
Summer Rec Visor _____ Cap (green) _____ (please indicate how many you would like in the blank)

2nd Student: _____ League: _____ \$ _____
T-shirt size: Youth Small – Youth Medium – Youth Large - Adult Small – Adult Medium (circle correct size)
Summer Rec Visor _____ Cap (green) _____ (please indicate how many you would like in the blank)

3rd Student: _____ League: _____ \$ _____
T-shirt size: Youth Small – Youth Medium – Youth Large - Adult Small – Adult Medium (circle correct size)
Summer Rec Visor _____ Cap (green) _____ (please indicate how many you would like in the blank)

4th Student: _____ League: _____ \$ _____
T-shirt size: Youth Small – Youth Medium – Youth Large - Adult Small – Adult Medium (circle correct size)
Summer Rec Visor _____ Cap (green) _____ (please indicate how many you would like in the blank)

Total number of visors/caps _____ x \$12.00 \$ _____

Summer Rec Grand Total: \$ _____

Parent/Guardian Name: _____ Phone Number: _____

Any Student medical conditions/comments that staff will need to know about: _____

Emergency Contact Name: _____ Phone Number: _____

Summer Rec Rules and Ages

T-BALL (Boys and Girls) - K, 1st and 2nd grades for 2023-2024

- Practice time 9:00am – 9:45am (mostly MWF, check calendar for schedule)
- Practice fundamentals of t-ball

Girls Pee Wees - 3rd, 4th and 5th grades for 2023-2024 (Check calendar for practice times)

- 10 batters or 3 outs
- Runners cannot lead off until the ball has been hit
- 60 ft. bases
- 10 players with 4 outfielders

Girls Midgets - 6th, 7th and 8th grades for 2023-2024 (Check calendar for practice times)

- Batter will start with 1-1 count
- Can steal 2nd and 3rd base after the pitch is released
- 5 run maximum per inning
- Coach will come in and pitch on a walk
 - Batter will go back to 1 strike
 - No stealing on coach pitch
- 60 ft bases, 40 ft pitching distance
- 10 players with 4 outfielders
- Metal cleats are allowed

Boys Mighty Mites - 3rd and 4th grades for 2023-2024 (Check calendar for practice times)

- 10 batter or 3 outs
- Runners cannot lead off until the ball has been hit
- 60 ft. bases
- 10 players with 4 outfielders

Boys Pee Wees - 5th and 6th grades for 2023-2024 (Check calendar for practice times)

- Batter will start with 1-1 count
- Can steal 2nd and 3rd base after pitch crosses home plate
- 5 run maximum per inning
- Coach will come in and pitch on a walk
 - Batter will go back to 1 strike
 - No stealing on coach pitch
- 60 ft bases, 54 ft pitching distance
- 10 players with 4 outfielders
- Metal cleats are allowed

Boys Midgets - 7th and 8th grades for 2023-2024 (Check calendar for practice times)

- Batter will start with 1-1 count
- Can steal 2nd and 3rd base after ball crosses home plate
- 5 run maximum per inning
- 60 ft bases, 54 ft pitching distance
- 10 players with 4 outfielders
- Metal cleats are allowed

June 2023 Summer Rec Schedule

◀ May 2023	June 2023 Summer Rec Schedule					Jul 2023 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	6 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	7 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	8 No Tee Ball 9:00-12:00 Girls PeeWees & Midgets, Boys Mighty Mites, Pee Wees, & Midgets. Game in Verndale against Bertha-Hewitt	9 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	10
11	12 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	13 No Tee Ball 9:00-12:00 Girls PeeWees & Midgets, Boys Mighty Mites and Pee Wees, & Midgets. Game @ Wadena Bus Leaves @ 8:15	14 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	15 No Tee Ball 9:00-12:00 Girls PeeWees & Midgets, Boys Mighty Mites and Pee Wees, & Midgets. Game @ Parkers Prairie Bus Leaves @ 7:50	16 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	17
18	19 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	20 No Tee Ball 9:00-12:00 Girls PeeWees & Midgets, Boys Mighty Mites, Pee Wees, & Midgets. Game in Verndale against Battle Lake	21 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	22 No Tee Ball 9:00-12:00 Girls PeeWees & Midgets, Boys Mighty Mites and Pee Wees, & Midgets. Game @ Henning Bus Leaves @ 8:00	23 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	24
25	26 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	27 No Tee Ball 9:00-12:00 Girls PeeWees & Midgets, Boys Mighty Mites, Pee Wees, & Midgets. Game in Verndale Against WDC	28 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	29 No Tee Ball 9:00-12:00 Girls PeeWees & Midgets, Boys Mighty Mites, Pee Wees, & Midgets. Game in Verndale against NYM	30 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	

◀ Jun
2023

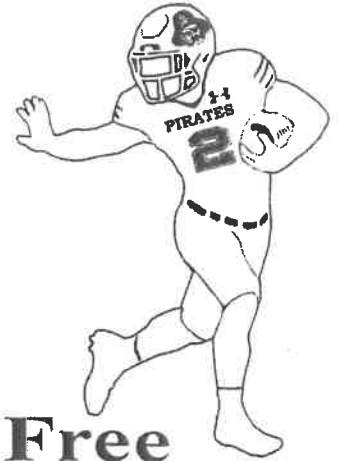
July 2023 Summer Rec Schedule

Aug 2023 ▶

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 No Summer Rec	4 No Summer Rec	5 9:00-9:45 T-Ball 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	6 No Tee Ball 9:00-12:00 Girls Pee Wees & Midgets, Boys Mighty Mites and Pee Wees, & Midgets. Game @ Bertha-Hewitt Bus Leaves @ 8:15	7 9:00-9:45 T-Ball(Last Day) 9:45-10:50 Girls Pee Wees & Boys Mighty Mites Practice 10:50-12:00 Girls Midgets, Boys Pee Wees & Boys Midgets Practice	8
9	10 9:00 Boys Mighty Mites tournament in NYM, bus leaves at 8:00 9:00-10:15 Girls and Boys Pee Wees Practice 10:15-11:45 Girls and Boys Midgets Practice	11 9:00 Girls Pee Wees tournament in Henning, bus leaves at 8:00 9:00 Boys Pee Wees tournament in NYM, bus leaves at 8:00 Practice TBD for Girls and Boys Midgets	12 9:00 Boys Midgets tournament at Wadena, bus leaves at 8:15 9:00-10:15 Girls Midgets Practice	13 9:00 Girls Midgets tournament in Verndale	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2023 Verndale Football Camp

High School/Junior High



July 24th - 28th Cost: Free

High School & Junior High: 8 AM - 10:30 AM

Return by: As Soon as Possible

**Contact Mr. Mahlen for any questions.
Cell: 218-371-1649**

Student Name: _____ Grade in Fall 2023: _____

Address: _____ Parent/Guardian Name: _____

City: _____ Home Phone: _____ Cell Phone: _____

Verndale Football Camp Waiver

I, (Parent/Guardian) _____ hereby acknowledge the health of my son or daughter to be ready for vigorous activity at the "Verndale Football Camp" and authorize the directors to secure any emergency treatment deemed necessary and that I hereby, release camp directors on account of any injuries which may be sustained by my son/daughter while at camp.

Parent/Guardian (Signature) _____ Date _____

2023 Verndale Football Camp

4th, 5th, & 6th Grade



July 26th & 27th

Cost: Free

Elementary: 10:30 AM - 12:00 PM

Needed for Camp - shorts, t-shirt or any kind of practice jersey, tennis shoes or football cleats

Return by: The night of Football Registration

Contact Mr. Mahlen for any questions.

Cell: 218-371-1649

Student Name: _____ Grade in Fall 2023: _____

Address: _____ Parent/Guardian Name: _____

City: _____ Home Phone: _____ Cell Phone: _____

Verndale Football Camp Waiver

I, (Parent/Guardian) _____ hereby acknowledge the health of my son or daughter to be ready for vigorous activity at the "Verndale Football Camp" and authorize the directors to secure any emergency treatment deemed necessary and that I hereby, release camp directors on account of any injuries which may be sustained by my son/daughter while at camp.

Parent/Guardian (Signature) _____ Date _____

Verndale Summer Strength and Conditioning Camp

This summer we will be holding a strength and conditioning camp at the school.

The camp will begin on Monday, June 5 and continue until Friday, July 28th. There will not be camp the week of July 3-7. We will be running sessions on Mondays, Wednesdays and Thursdays from 8:00-9:00 AM, 9:00-10:00 AM.

The camp is open to all next year's 7-12 grade students. The program will focus on improving Speed, Agility, Quickness and Strength. Mr. Dillon Card will be coaching this strength and conditioning camp.

The camp will cost \$20 for the summer. Please make checks out to the Verndale School.

Please return the bottom of this form with a check to Mr. Dillon Card. If you have any questions concerning this camp Mr. Card can be contacted at 218-445-5184 ext 267.

Student Name: _____ Student Phone: _____

Emergency Contact Info:

Name/Relationship to Student: _____

Phone: _____ 2nd Phone: _____

Sessions: 8:00 - 9:00 AM, 9:00 - 10:00 AM

2023 BHVPP Wrestling Summer Camp Registration

Use **ONE** registration form for **EACH** camp you plan on attending. Send the registration to the appropriate person provided on the information sheet regarding each camp. Payment is due at the time of camp.

Please specify which camp this registration is for:

Camp: Parkers Prairie / Verndale

Participant Name: _____

Address: _____

City: _____ State: _____ Zip Code _____ Age: _____

School: _____

Parent/ Guardian(s) E-Mail: _____

Parent(s)/Guardian(s) Name: _____

Parent(s)/Guardian(s) Name: _____

Home Phone: _____ Work Phone: _____

Permissions and Waivers

I give my permission for _____ to participate in the BHVPP Wrestling Camp(s), as s/he is healthy and under no physical restrictions. I/we know that participation in sports may result in serious injuries and protective equipment does not prevent all injuries to players and do hereby waive, release, absolve, indemnify, and agree to hold harmless: Camp Instructors, Parker's Prairie School, Verndale School, Bertha - Hewitt School, supervisors, camp staff, and camp participants for any claim arising out of injury/ies to my/our child whether the result of negligence or for any other cause.

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____



SUMMER 2023 Gymnastics Registration Form

*** A NEW WAIVER IS REQUIRED FOR SUMMER. IT WILL BE GOOD UNTIL
JUNE 2024. ***

Child's Name: _____

Grade 23-24: _____ Teacher: _____ Age: _____

Circle which days: June 1st June 19th June 26th July 13th July 20th

Address: _____

Email: _____

Parents Name: _____

Parents Phone: _____

Parents Name: _____

Parents Phone: _____

Emergency Contact: _____

Allergies: _____

Medical Concerns: _____

Behavior Concerns: _____

_____ date received

_____pd

_____waiver

VERNDALE GYMNASTICS WAIVER & RELEASE FORM

******YOU ONLY NEED TO FILL THIS FORM OUT ONCE PER SCHOOL YEAR******

Participants Name _____ Birthdate ____/____/_____
Participants Name _____ Birthdate ____/____/_____
Participants Name _____ Birthdate ____/____/_____
Parent Name _____ Phone # _____
Address _____ City _____ State _____ Zip Code _____
Emergency Contact _____ Relationship _____ Phone _____

Verndale Public Schools/Angie Wallin are committed to conducting our activities in the safest manner possible. We hold the safety of the participants in the highest possible regard. Parents must recognize however that there is an inherent risk of injury when choosing to participate in recreational activities. Verndale Public Schools/Angie Wallin continually strives to reduce such risks and insists that all participants follow safety rules and instructions, which have been designed to protect the participant's safety. **RELEASE OF LIABILITY WAIVER: WARNING! CATASTROPHIC INJURY, PARALYSIS OR EVEN DEATH CAN RESULT FROM THE IMPROPER CONDUCT OF THE ACTIVITY.** In consideration of Verndale Public Schools /Angie Wallin accepting myself or my child into participation and/or training in gymnastics, which activity I hereby acknowledge involves greater than normal risk of injury, I agree, for myself or as my child's parent/guardian to assume responsibility for all risks, cost, or losses sustained by me, my child, or my child's family in connection with participation in gymnastics classes, programs and lessons or any other activities connected with Verndale Public Schools/Angie Wallin. I give my permission to Verndale Public Schools/Angie Wallin and/or appropriate medical facility to make whatever emergency (first aid, disaster evacuation, etc.) measures as judged necessary for the care and protection of me or my child while under the supervision of Verndale Public Schools/Angie Wallin. In case of an emergency, I understand that I or my child will be transported to an appropriate medical facility by the local emergency unit for treatment if the local emergency resources deem it necessary. Transportation will be at my own expense. It is understood that in some medical situations, the staff will need to contact the local emergency resource before the parent, physician and/or other acting on behalf of the parent or family can be reached. Further, I hereby release and agree to hold harmless and to indemnify Verndale Public Schools, their employees, owners or volunteers from any claims, losses or expenses incurred or on the behalf of me, my child or my child's family.

I have read and understand this "Release of Liability Waiver" and I voluntarily affix my name in agreement.

Parent/Guardian Signature _____ Date _____



Summer Basketball

The 2023 Verndale Basketball Camp offers a firm foundation in skill development, team concepts, and motivation. Fundamental skills are the gateway to success on the basketball court. Come to camp to improve your game and have fun while doing it.

- Athletes will
 - Compete in individual and team contests.
 - Develop both offensive and defensive fundamental skills such as:
 - Shooting
 - Post & Perimeter Moves
 - Scoring Moves
 - Small sided games
 - Games/Competitions



3 Day Camp

Age/Grade Levels: 3rd - 6th Grade (2023-2024 School Year)

Dates: May 31st-June 2nd

Times: Grades 3rd – 4th: 9am-10:30am, Grades 5th – 6th: 10:30am-12:00pm

Weekly Gym Groups

Age/Grade Levels: 3rd grade - 5th grade girls and 3rd-4th grade boys

Dates: Mondays and Wednesdays in June beginning June 5

Times: 9:00 - 9:40 am

Age/Grade Levels: 6th - 8th grade girls and 5th-8th grade boys

Dates: Mondays and Wednesdays in June beginning June 5

Times: 9:50 am - 10:50 am

Age/Grade Levels: 9th - 12th grade girls and boys

Dates: Mondays and Wednesdays in June beginning June 5

Times: 8:00 am - 9:00 am

*Practice for Wednesday, June 7th will be held on Tuesday, June 6th

Any questions please contact Sam Schmitz or Greg Johnson @ 445-5184. To sign up, email sschmitz@verndaleschool OR return the bottom portion of this form to your classroom teacher.

Camper's Name: _____

Grade Level (2022-2023): _____

Parent/Guardian's Signature: _____

Parent/Guardian's Contact Phone Number: _____

TuttiFrutti/STEMtastic Summer Registration Form

Child's

Name: _____

Grade 23-24: _____ Teacher: _____

Age: _____

Address: _____

Email: _____

Parents Name: _____

Parents Phone: _____

Parents Name: _____

Parents Phone: _____

Emergency Contact: _____

Allergies: _____

Medical Concerns: _____

Behavior Concerns: _____

Please circle which class(es) you are registering for:

Tutti Frutti June 1st \$25

STEM #1 LEGO June 8th \$20

STEM #2 Paper July 13th \$20

STEM #3 Glow in the dark July 19th \$20

STEM #4 Water July 20th \$20

Summer Fun with Ceramics

We have three exciting opportunities with Karen Moyer, this summer.
Check them out:

Kids Father's Day Gift Plate

June 5th at 9:00 AM

Cost: \$20.00

Paint a gift for Dad! This is a step-by-step class for kids. We will be painting a ceramic plate with a great design for Father's Day.

Ceramic Mug Painting- All Ages Event

July 11th @ 6:00 PM

Cost: \$22.00

Paint your own personal ceramic mug! Choose one of our designs or create your own. There will be a variety of mug styles to choose from.

13" Pumpkin Platter- Adult Class

August 22nd @ 6:00 PM

Cost: \$32.00

Get a jump start on your fall decorating with this pumpkin platter! We will be using special pottery glazes that will give your project a professional distressed look. No need to worry about your skill level as the glaze does all the work for you.

All items will be fired offsite and ready for pick up the following week. There will be a maximum number of 25 participants per class.
Please register below, return your form to the District Office, with payment made to Verndale Public School, or online through JMC.

Name(s) of participants:

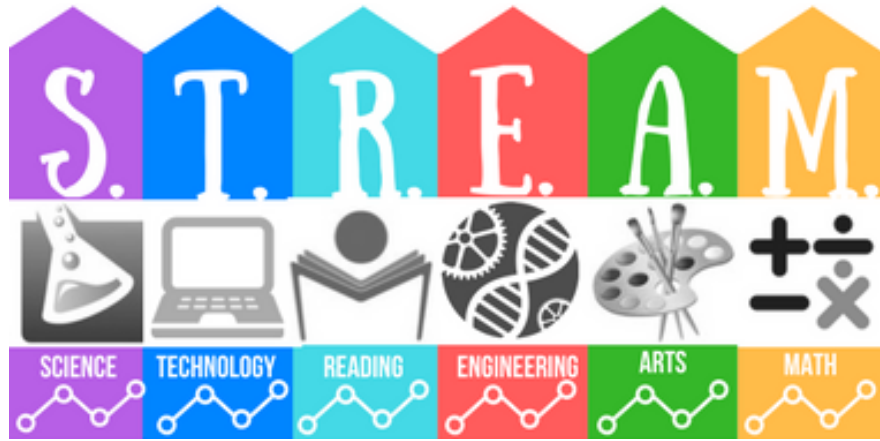
1. _____
2. _____
3. _____
4. _____

Which class(es) are you registering for?

- Kid Father's Day Gift Plate
- 13" Pumpkin Platter (Adult)
- Ceramic Mug (All ages)

Grade Level in Fall 2023: _____ or NA

Contact Name: _____ Telephone #: _____



Summer Camp 2023

Join us for 9 days of fun, learning about MN, through **STREAM**
(**Science, Technology, Reading, Engineering, Arts & Math**)!

Who: Students in grades 1–6 (Fall of 2023)

When: June 19–29

June 19–22 & June 26–28 from 12:00–3:30

June 23rd and 29th, will be adjusted to ensure time for the field trips.

Cost: Free, plus students will receive lunch and a snack.

Two of the days will be field trip days:

Friday, June 23rd to the MN Science Museum in St. Paul, MN

Thursday, June 29th to Itasca State Park

Please register by May 19th.

Please drop students off at door 1, to head to STREAM Camp. If your child is coming from Summer Rec, they can head right through door 1, and meet the teachers there.

Please also pick them up at the end of the day at door 1.

To register, scan the QR code



2023 Maslowski Wellness & Research Center

Swimming Lesson Levels

Learn to Swim Program

Ages 6-17

Designed to help participants achieve maximum success, Learn-to-Swim courses are based on a logical, six-level progression that helps swimmers of varying ages and abilities develop their water safety, survival, and swim skills.

Level 1 (Intro to Water Skills)

Beginning at age 6, unless successfully passing Preschool Aquatics. The purpose of Level 1 is to orient participants to the aquatic environment and help them gain basic aquatic skills as well as help them begin to develop positive attitudes and safe practices around the water.

- Enter and exit water using ramp, steps or side
- Blow bubbles through mouth and nose
- Bobbing
- Open eyes underwater and retrieve submerged objects
- Front and back glides and recover to a vertical position
- Back float
- Roll from front to back and back to front
- Tread water using arm and hand actions
- Alternating and simultaneous arm and leg actions on front and back
- Combined arm and leg actions on front and back
- Age-appropriate water safety topics

Level 2 (Fundamental Aquatic Skills)

In Level 2, participants build on basic skills and concepts learned in Level 1 including opening eyes underwater to retrieve objects, changing directions of travel in water, and the beginning steps of treading water, and:

- Enter water by stepping or jumping from the side
- Exit water using ladder, steps or side
- Fully submerge and hold breath
- Bobbing
- Rotary breathing
- Front, jellyfish and tuck floats
- Back and front glide and recover to a vertical position
- Roll from front to back and back to front
- Combined arm and leg actions on front and back
- Finning arm action
- Age-appropriate water safety topics

Level 3 (Stroke Development)

In Level 3, participants build on skills learned in Levels 1 and 2 to help them achieve basic water competency. Participants perform skills in deep water (floats/treading) for longer periods of time and refine Front Crawl/Back Crawl technique as well as learn basics in the Breaststroke and Elementary Backstroke, Sidestroke, and Butterfly

- Enter water by jumping from the side, fully submerge then recover to the surface and return to the side
- Bobbing while moving toward safety
- Rotary breathing
- Back float, survival float
- Change from vertical to horizontal position on front and back
- Tread water
- Flutter and dolphin kicks on front
- Scissors and breaststroke kicks
- Front crawl and elementary backstroke
- Age-appropriate water safety topics

Level 4 (Stroke Improvement)

In Level 4, participants improve proficiency in performing swimming strokes that have been introduced in previous levels. With this, participants begin swimming the full-length of the pool.

- Feet-first entries from the side in compact and stride positions
- Swim underwater
- Feet first surface dive
- Survival swimming
- Open turns on front and back
- Tread water using 2 different kicks
- Front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly
- Flutter and dolphin kicks on back
- Age-appropriate water safety topics

Level 5 (Stroke Refinement)

Level 5 helps participants' refine their performance of all six swimming strokes (Front/Back Crawl, Butterfly, Breaststroke, and Elementary Backstroke & Sidestroke). Participants also learn how to maneuver in deep water with surface dives, floats, and treading water for more time as well as swimming multiple lengths of the pool consecutively.

- Tuck and pike surface dives, submerge completely
- Front flip turn and backstroke flip turn while swimming
- Front and back crawl, elementary backstroke, breaststroke, sidestroke, and butterfly
- Sculling
- Age-appropriate water safety topics

Level 6 (Skill Proficiency)

Level 6 refines strokes so participants can swim for efficiency and over longer distances. Participants will swim strokes for multiple consecutive lengths, learn correct turn methods for each stroke, surface dive to retrieve objects from the bottom of the pool and advanced water survival skills.

2023 Verndale Public School
Swimming Lessons Registration Form
June 19th - 22nd, June 26th - 29th
3:00pm – 4:00pm
Maslowski Wellness & Research Center

Student Information

1) Student's Name: _____ Sex: M ____ F ____

DOB: ____/____/____ Age: ____ Last Level taken: _____ Current level: _____

Medical conditions/comments that instructor needs to know:

Does student need bus transportation: Yes ____ No ____

2) Student's Name: _____ Sex: M ____ F ____

DOB: ____/____/____ Age: ____ Last Level taken: _____ Current level: _____

Medical conditions/comments that instructor needs to know:

Does student need bus transportation: Yes ____ No ____

3) Student's Name: _____ Sex: M ____ F ____

DOB: ____/____/____ Age: ____ Last Level taken: _____ Current level: _____

Medical conditions/comments that instructor needs to know:

Does student need bus transportation: Yes ____ No ____

Contact Information

Parent/Guardian Name: _____

Main Phone: _____ Address: _____

City: _____ State: _____ Zip: _____

Email: _____