

FRAZIER SCHOOL DISTRICT

Inspire and Empower

PRE-K BREAKFAST MENU
NOVEMBER 2026



Menu Subject to Change

Frazier participates in CEP

All Student meals are Free

Adult Breakfast: $3.05

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Trix Yogurt w/Belly Bears** Assorted Fruit White Milk	3 **Super Bakery Banana Bread Slice** 100% Fruit Juice White Milk	4 **Otis Spunkmeyer Muffin & Belly Bears** Assorted Fruit White Milk	5 **Soft Cinnamon Toast Crunch Bar** 100% Fruit Juice White Milk	6 **Egg, Sausage & Cheese Bagel** Assorted Fruit White Milk
9 **Mini Confetti Pancakes** Assorted Fruit White Milk	10 **Cherry Frudel** 100% Fruit Juice White Milk	11  Assorted Fruit White Milk	12 **Cereal w/ Belly Bears** 100% Fruit Juice White Milk	13 **Pancake & Sausage On A Stick** Assorted Fruit White Milk
16 **Apple Frudel** Assorted Fruit White Milk	17 **Chocolate Chip Mini Loaf** w/Belly Bears 100% Fruit Juice White Milk	18 **Super Bakery Banana Bread Slice** Assorted Fruit White Milk	19 **Trix Yogurt w/ Belly Bears** 100% Fruit Juice White Milk	20 **Cereal w/Belly Bears** Assorted Fruit White Milk
23 **Dutch Waffle No Added Sugar** Assorted Fruit White Milk	24 **Chocolate Chip French Toast** 100% Fruit Juice White Milk	25	26 	27
30				

ITEMS PRE-K MAY HAVE

Pancake & Sausage On A Stick
Egg, Sausage & Cheese
Sausage & Cheese Bagel
Breakfast Pizza
Belly Bears w/ Trix Yogurt
All Ultra Bread Slices
All 2 oz Muffins, Muffin Tops or Mini Loaf w/ Trix Yogurt
Apple or Cherry Frudel

Mini French Toast, Pancakes & Waffles

Juice or 1/2 Cup of Fruit

NO CINNAMON ROLLS OR SWEET ROLLS
NO BENEFIT BARS

NO XXX SUGAR ON DUTCH WAFFLE
NO POPTARTS
NO CEREAL BARS
NO DONUTS
NO ZEE ZEE BAR

Frazier School District participates in the "National School Breakfast Program." All students receive a complimentary breakfast meal each school day. Per USDA School Breakfast Program Regulations, a complete breakfast offering includes:(2) one oz. equivalents of grain, 80% of which is "whole grain rich" OR (1) one oz. equivalent serving grains and (1) one oz. meat/meat alternate and (2) ½ cup portions of fruit (may be fresh, canned, dried or 100% juice) or vegetable, and (1) ½ pint of 1% or FF milk.

*If all components of a complete breakfast are not selected, ala cart prices are in effect, as required by USDA.

Food Service Manager

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Frazier is an equal opportunity provider