

Dr. Richard Rogers

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## PRESS RELEASE

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# **Lindsey Student Support Center November 2025 Events**



HOUSTON COUNTY, GA – The Lindsey Student Support Center (LSSC) will host the following events for students and their families. All will be held at the LSSC unless noted otherwise. Registration is required for all events.

**4H Wacky Science Youth Class:** *November* 6<sup>th</sup> ,13<sup>th</sup>, 20<sup>th</sup> from 4:00 p.m. – 5:00 p.m.

Join 4H for wacky stem activities, build leadership skills and create fun memories. For students in grades 4 – 12. Register at: 4H Wacky Science Registration

**Community Garden:** November 6<sup>th</sup> and 20<sup>th</sup> from 4:30 p.m. – 5:30 p.m.

Come join us for some horticulture therapy and help tend to the community garden while receiving tips and tricks to help your own garden thrive. This is an adult class, please register at: Community Garden Registration

**Dr. Amanda Giordano Addictive Behavior Parent Workshop:** *November 6<sup>th</sup> at the Veterans High School Auditorium from 5:00 p.m.* – 6:00 p.m.

Attention middle and high school parents/guardians – this informational session, with University of Georgia Associate Professor Dr. Amanda Giordano, is meant to equip parents to navigate the highs and lows of adolescence. Many misperceptions exist around vaping, gaming, social media, and marijuana use. Learn about:

- Key facts about addiction and its impact on the brain
- Risk factors and warning signs to watch for
- Effective prevention and communication strategies
- Ways to help teens connect their choices to their goals and values
- Empower yourself with tools to talk openly and confidently with your adolescent about healthy behaviors

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## Lindsey Student Support Center November Events / page 2 of 2

**SWD NOW/COMP Waivers:** November 8<sup>th</sup> from 10:00 a.m. – 11:00 a.m.

Georgia parent mentor, Marina Jones, will lead families through the process of NOW/COMP waivers. Don't miss this informative session. Register at: SWD NOW/COMP Waiver Registration

Basic First Aid: November 17<sup>th</sup> from 4:00 p.m. – 5:00 p.m.

Join Eagle Scout Christian Carmichael to learn basic first aid skills. This workshop is for students in grades 6 – 8. Register at: <u>Basic First Aid Registration</u>

**Clinic Day:** *November 18<sup>th</sup> from 9:00 a.m.* – 4:00 p.m.

The LSSC and the Georgia Department of Public Health – North Central Health District are partnering to bring health appointments to the families in Houston County. Appointments are available on a first come, first served basis and pre-registration is required. The appointments will be free or low cost for families. Nurses are able to treat mild/moderate conditions, high blood pressure, diabetes, and more. Health screenings, physicals and vaccines can also be provided. Prescriptions will be given as needed. Middle Georgia Community Action Agency will be on-site to assist with prescription resources. Medications will not be on-site, and dental services will not be available. Click <a href="English">English</a> or <a href="Spanish">Spanish</a> for registration forms.

What's Your "E"? Enrollment Night: November 19th from 5:30 p.m. – 7:00 p.m.

The LSSC will be hosting a college information night. This is the first event in our What's Your "E" series. These events highlight possible options for high school students once they graduate. It is never too early to plan your high school path or solidify plans after graduation. Speak with local colleges and get your financial aid questions answered. If you plan to enroll in college or trade school don't miss this event! Register at: What's Your "E"-Enrollment Night Registration

Gingerbread House Decorating: December 2<sup>nd</sup> from 4:30 p.m. – 6:00 p.m.

Create family memories by decorating a gingerbread house. Lots of fun and icing! Get in the holiday spirit and register at: Gingerbread House Decorating Registration

**Parenting the Challenging Child:** December 4<sup>th</sup> from 9:00 a.m. – 3:00 p.m. at the Perry Annex. Learn to effectively manage family conflicts as opportunities to form more positive relationships. Participants will learn the following:

- Building positive relationships
- Understanding stress and conflicts
- Putting language to emotions
- Preventative skills building

Registration is required and lunch will be provided. Parenting the Challenging Child Registration

<u>Check out our monthly newsletter here</u>. All event information, including flyers in English and Spanish, can be found at <u>www.hcbe.net/lindseycalendar</u>.

The Lindsey Student Support Center is located at 81 Tabor Drive in Warner Robins. For more information about what the Center offers, visit <a href="https://www.hcbe.net/lindseycenter">www.hcbe.net/lindseycenter</a>.

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