

National Alliance for Hispanic Health focuses on bettering the health and wellbeing of Hispanics by improving quality of care and its availability to all.

healthyamericas.org

National Latino Behavioral Health Association brings attention to the great disparities that exist in areas of access, utilization, practice-based research and adequately trained personnel for Latino populations in the behavioral health arena.

nlbha.org

MANA, A National Latina Organization represents the interests of Latina women, youth and families on issues that impact our communities, particularly in the areas of education, health and well-being, financial literacy, equal and civil rights, and immigration reform.

hermana.org

Life is Precious™ prevents suicide in young Latinas by combining counseling, arts therapy, academic support, and nutritional and fitness activities.

comunilife.org/lip

Therapy for Latinx a new online database that helps Latinx people find mental health professionals in their own communities.

therapyforlatinx.com

SanaMente/Each Mind Matters is a California born mental health movement, which offers culturally focused information and resources on mental health and wellness in Spanish on their website.

sanamente.org



**American
Foundation
for Suicide
Prevention**