



FRAZIER SCHOOL DISTRICT
Inspire and Empower



ELEMENTARY
OCTOBER 2025



Lunch Menu

Frazier participates in CEP
All Student meals are Free
Adult Lunch: \$4.85



Alternates Entrée's this Week

Chicken Patty on a Bun
Peanutfree Uncrustable Basket
Yogurt Munchable

Alternates Entrée's this Week

Cheeseburger on Bun
Peanutfree Uncrustable Basket
Yogurt Munchable

Alternates Entrée's this Week

Popcorn Chicken w/Goldfish Crackers
Peanutfree Uncrustable Basket
Yogurt Munchable

Alternates Entrée's this Week

BBQ Rib on a Bun
Peanutfree Uncrustable Basket
Yogurt Munchable

Alternates Entrée's this Week

Chicken Nuggets w/Dinner Roll
Peanutfree Uncrustable Basket
Yogurt Munchable

Students are offered low fat and non fat milk choices daily and is included with all meals

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Hamburger/Hot Dog Pasta Salad & Baked Beans Fruit & Vegetable Bar Milk Choice	2 Salisbury Steak w/ Gravy Dinner Roll Creamy Mashed Potatoes Fruit & Vegetable Bar Milk Choice	3 School Made Pizza w or w/o Pepperoni Seasoned Green Beans Fruit & Vegetable Bar Milk Choice
6 Pizza Crunchers w/ Marinara Sauce Seasoned Peas Fruit & Vegetable Bar Milk Choice	7 <u>Walking Taco:</u> Taco Meat, Cheese, Lettuce & Salsa Buttered Corn Fruit & Vegetable Bar Milk Choice	8 Penne Pasta w/ Meat Sauce & Garlic Bread Stick Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	9 Tender Chicken Nuggets with Chocolate Tiger Bites Mashed Potatoes/Gravy Fruit & Vegetable Bar Milk Choice	10 Italian Dunkers w/Marinara Sauce Seasoned Broccoli Fruit & Vegetable Bar Milk Choice
13  <i>Columbus Day</i>	14 <u>Hot Ham & Cheese on Bun</u> Potato Chips Seasoned Mixed Vegetables Fruit & Vegetable Bar Milk Choice	15 <u>Tostito Chips w/Seasoned Beef, Cheese & Salsa</u> Carrot Coins Fruit & Vegetable Bar Milk Choice	16 French Toast Sticks with Sausage Links Golden Tater Tots Fruit & Vegetable Bar Milk Choice	17 Creamy Macaroni & Cheese w/Muffin Top Seasoned Peas Fruit & Vegetable Bar Milk Choice
20 Mini Corn Dogs Oven Baked Beans Smiley Potatoes Fruit & Vegetable Bar Milk Choice	21 <u>Popcorn Chicken Bowl</u> Mashed Potatoes w/ Gravy Seasoned Corn Fruit & Vegetable Bar Milk Choice	22 <u>Meatballs w/Marinara Sauce</u> Garlic Bread Stick Seasoned Greenbeans Fruit & Vegetable Bar Milk Choice	23 Chicken Smackers with Mini Loaf Hash Brown Patty Fruit & Vegetable Bar Milk Choice	24 Pepperoni Pinwheel W/Marinara Sauce Seasoned Carrots Fruit & Vegetable Bar Milk Choice
27 General Tso' Chicken o/ Rice Seasoned Broccoli Fruit & Vegetable Bar Milk Choice	28 <u>Cheeseburger on Bun</u> with Pickle Chips Crinkle Cut Fries Fruit & Vegetable Bar Milk Choice	29 Grilled Cheese Tomato Soup Seasoned Mixed Veggies Fruit & Vegetable Bar Milk Choice	30 Cream Chicken o/ Biscuit Mashed Potatoes/Gravy Fruit & Vegetable Bar Milk Choice	31 School Made Pizza w or w/o Pepperoni Seasoned Green Beans Fruit & Vegetable Bar Milk Choice

Menu Subject to Change

To qualify as a free lunch, students must take 3, 4 or 5 items, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Smart Snacks available for purchase, from account or cash

Fruit & Vegetable Bar may include:

Apples, Apple Slices,
Oranges, Grapes, Bananas,
Baby Carrots, Cucumber
Slices, Celery Sticks &
Beans

Canned/Frozen Fruits can include:

Applesauce, Mandarin Oranges
Mixed Fruit, Peaches, Pears,
Pineapple Tidbits

The Frazier School
District Food Service
Department needs
Cafeteria Workers
Applications available
at the Administratin Office

Food Service Manager
Christie Mansberry
724-736-9507 x431
cmansberry@fraizersd.org