

# **Family and Consumer Sciences**

## **9th grade course offerings**

### **Culinary I - Full year - one credit**

- Basic principles of food preparation and nutrition
- Safety and laboratory techniques
- Use of appliances and equipment

### **Fashion Design I - Full year - one credit**

- Sewing skills and techniques
- Use of sewing machines and equipment
- Exploration of the fashion industry
- Create projects for you!

### **Child and Adolescent Development - Full year - one credit**

- Study human development from conception to adolescence
- Focus on physical, cognitive, and socio-emotional development
- Learn major theories of development
- Take home the infant simulator

### **Interior Design - one semester (Spring) - ½ credit**

- Discuss the physical and psychological issues that affect housing decisions
- Learn the basics of designing and decorating rooms
- Discuss the elements and principles of design
- Hands-on, project based learning