



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

1

Pancakes  
Ham Slice  
Chocolate Covered Donuts  
Powdered Donuts  
Fresh Fruit Bowl  
Pancake Syrup  
Low Fat Milk  
Chocolate Milk

2

Sausage and Biscuit  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Assorted Fruit Juices  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

3

Hot Grits  
Whole Wheat Toast  
Bacon Strips  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Assorted Fruit Juices  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

4

Breakfast Burrito  
Fruit Flavor Cereal Bar  
Assorted Fruit Juices  
Salsa  
Low Fat Milk  
Chocolate Milk

7

Bagel w/ Sausage & Gravy  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Apple Slices in a Bag  
Low Fat Milk  
Chocolate Milk

8

Hot Grits  
Bacon Strips  
Whole Wheat Toast  
Cinnamon Pastry  
Mandarin Fruit Cup  
Low Fat Milk  
Chocolate Milk

9

Breakfast Taco  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Assorted Fruit Juices  
Low Fat Milk  
Chocolate Milk

10

Bacon/Egg/Chee on Croiss  
Croissant  
Dunkin Stix  
Fresh Fruit Bowl  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

11

Breakfast Smoothie  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Fruit Cocktail  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

14

Choice of Strawberry &  
Blueberry Yogurts  
Granola  
Apple Frudel  
Fresh Grapes  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

15

Chicken Patty & Biscuit  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Blushing Chilled Pears  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

16

Breakfast Sausage Pizza  
Fruit Flavor Cereal Bar  
Applesauce in a Bag  
Low Fat Milk  
Chocolate Milk

17

Hot Oatmeal  
Bacon Strips  
Whole Wheat Toast  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Sliced Strawberries  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

18

21

Grilled Cheese Sandwich  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Sliced Strawberries  
Low Fat Milk  
Chocolate Milk

22

Hot Grits  
Sausage Link  
Whole Wheat Toast  
Assorted Breakfast Bread  
Sliced Apples and Grapes  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

23

French Toast Sticks  
Choice of Strawberry &  
Blueberry Yogurts  
Fruit Flavor Cereal Bar  
Chilled Peach Slices  
Pancake Syrup  
Low Fat Milk  
Chocolate Milk

24

Sausage Patty  
Whole Grain Biscuit  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Fresh Fruit Bowl  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

25

28

Apple Frudel  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Pineapple Tidbits  
Low Fat Milk  
Chocolate Milk

29

Pancakes  
Ham Slice  
Chocolate Covered Donuts  
Powdered Donuts  
Fresh Fruit Bowl  
Pancake Syrup  
Low Fat Milk  
Chocolate Milk

30

Sausage and Biscuit  
Assorted Cold Cereals  
Assorted Muffin Loaves  
Assorted Fruit Juices  
Assorted Jellies  
Low Fat Milk  
Chocolate Milk

**GPSD K-12<sup>th</sup> Breakfast  
Menu Subject to Change**

**"This Institution is an Equal Opportunity Provider."**