

# BREAKFAST

# JANUARY 2024

## Portage Area High School

Breakfast GNG Offered Daily:  
 Cinnamon Toast Crunch Bar    Lucky Charms Bar,  
 Peach Cheerios Bar,    Dunkin Stick,  
 Goody Ring,    Cookies & Cream Benefit Bar,  
 Strawberry Cream Cheese Bagel

Adult Meal Price - \$3.00

Milk Offered Daily:  
 Fat Free or 1%

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> No School/ Christmas Break	<b>2</b> No School/ Christmas Break	<b>3</b> Cinnamon Roll Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>4</b> Mocha Crumble Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>5</b> Apple Frudel Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk
<b>8</b> Breakfast Pizza Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>9</b> Blueberry Waffle Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>10</b> Pumpkin Swirl Roll Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>11</b> Blueberry Donut Hole Cup Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>12</b> Uncrustable Breakfast Sandwich Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk <b>EARLY DISMISSAL</b>
<b>15</b> No School 	<b>16</b> Sweet Roll Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>17</b> Chocolate Bread Slice Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>18</b> Pancake & Sausage Stick Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>19</b> Uncrustable Breakfast Sandwich Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk
<b>22</b> Chocolate Chip Crumb Cake Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>23</b> Strawberry Boli Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>24</b> Cinnamon Roll Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>25</b> Mocha Crumble Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>26</b> Apple Frudel Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk
<b>29</b> Breakfast Pizza Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>30</b> Blueberry Waffle Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk	<b>31</b> Pumpkin Swirl Roll Or Grab N Go Meal Apple Slices 100% Juice Choice of Milk		

Now hiring Cafeteria Team Members.  
 For more information, contact Denise Moschgat at  
 814-736-9636 ex1500 or  
[dmoschgat@mustangmail.org](mailto:dmoschgat@mustangmail.org)

To qualify as a free breakfast, **students must take 3(minimum) components**, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which **1 must be a fruit or vegetable**. Students taking required meal components receive breakfast at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements  
 Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:  
<https://www.schoolcafe.com/PortageASD>