

Lunch 8-12 HIGH SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
1				5
8	9	10	11	12
Pepperoni Pizza Wedge Fruit and Yogurt Plate Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Dick & Jane Cookies	Cheeseburger Trimmings Chix Salad/Croissant Chef Salad Saltine Crackers Croutons Ranch Dressing Crinkle Cut Fries Baked Beans Carrot, Pepper Strips and Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Fruit Crisp	Cheesy Chix /Rice Turkey & Cheese/Bun Chix Salad w/Crackers Chef Salad Saltine Crackers Croutons Ranch Dressing Broccoli Spears Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Yeast Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Gelatins with Whipped Topping	Spaghetti/Meat Sauce Tuna Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Banana Pudding	Ham & Cheese on Bun Trimmings Chix Tenders Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Sweet Potatoes Fries Carrot, Pepper Strips, and Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Chocolate Chip Cookie
15	16	17	18	19
Chicken Tenders Fruit and Yogurt Plate Chef Salad Ranch Dressing Saltine Crackers Croutons Mashed Potatoes Cheesy Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Variety of Dipping Sauce Ketchup Dick & Jane Cookies	Hamburger Steak/Gravy Ham & Cheese on Bun Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Black-Eyed Peas Southern Turnip Greens Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Puddings	Chix w/Alfredo Sauce Tuna Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Herbed Broccoli Mixed Vegetables Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Assorted Gelatins with Whipped Topping	John Wayne Casserole Chef Salad Grilled Chicken Salad Tuna Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Summer Squash Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Yeast Roll Low Fat Milk Chocolate Milk Oatmeal Raisin Cookie	Chicken Fajitas Grilled Fajita Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Spanish Rice Cucumber Slices w/Dip Glazed Carrots Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Assorted Puddings

<p>22</p> <p>BBQ Pork Sandwich Chicken Salad Fruit and Yogurt Plate Chef Salad Saltine Crackers Croutons Ranch Dressing Baked Beans Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Graham Crackers</p>	<p>23</p> <p>Pepperoni Calzone Chix Salad/Croissant Grilled Chicken Salad Saltine Crackers Croutons Ranch Dressing Whole Kernel Corn Mixed Vegetables Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Tart Lemon Squares</p>	<p>24</p> <p>Chicken Spaghetti Tuna Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Steamed Carrots Green Peas Vegetable Juice Fresh Orange Smiles Chilled Fruits Fruit Juice Garlic Toast Low Fat Milk Chocolate Milk Banana Pudding</p>	<p>25</p> <p>Lasagna Ham & Cheese on Bun Tuna Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Spinach Salad Green Beans Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Yeast Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Gelatins with Whipped Topping</p>	<p>26</p> <p>Cheeseburger Trimmings Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Crinkle Cut Fries Carrot, Pepper Strip, and Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Ketchup Mayonnaise Mustard Dick & Jane Cookies</p>
<p>29</p> <p>Hamburger Steak/Gravy Fruit and Yogurt Plate Chef Salad Chix Tenders Salad Ranch Dressing Saltine Crackers Croutons Macaroni and Cheese Black-Eyed Peas Seasoned Cabbage Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Cornbread Low Fat Milk Chocolate Milk Assorted Puddings</p>	<p>30</p> <p>Chix Patty Sandwich Ham & Cheese on Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Crinkle Cut Fries Cucumber Slices w/Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Sugar Cookie</p>	<p>31</p> <p>Stromboli Supreme Grilled Chicken Salad Chef Salad Saltine Crackers Croutons Ranch Dressing Mixed Vegetables Broccoli Florets w/ Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruited Gelatin Fruit Juice Low Fat Milk Chocolate Milk Fruit Crisp</p>	<p>1</p> <p>Chicken Tenders Ham & Cheese on Bun Chix Tenders Salad Chef Salad Croutons Saltine Crackers Ranch Dressing Mashed Potatoes Cheesy Broccoli Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Yeast Roll Low Fat Milk Chocolate Milk Mayonnaise Mustard Assorted Gelatins with Whipped Topping</p>	<p>2</p> <p>Beefy Nachos Grande Turkey & Cheese/Bun Chef Salad Croutons Saltine Crackers Ranch Dressing Whole Kernel Corn Raw Veggies with Dip Vegetable Juice Fresh Fruit Bowl Chilled Fruits Fruit Juice Low Fat Milk Chocolate Milk Mayonnaise Mustard Dick & Jane Cookies</p>

This institution is an equal opportunity provider.