

FEB. 2023

MENU SUBJECT TO
CHANGE
FRUIT, VEGETABLES &
MILK SERVED DAILY
QUESTIONS? CONTACT
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itykara.com				
MONDAY	TUESDAY	WED.	THURSDAY	FRIDAY
UNCRUSTABLE SUNFLOWER SEEDS FRUIT OR JUICE ****************** FAJITA CHICKEN WRAP ASSORTED POTATOES FRUIT & VEGETABLE	7 CARAMEL ROLL TURKEY STICK FRUIT OR JUICE ****************** SPAGHETTI & SAUCE GARLIC TOAST FRUIT & VEGETABLE	MINI WAFFLES HARD BOILED EGG FRUIT OR JUICE ********** CHICKEN SANDWICH MOZZARELLA STICKS BAKED BEANS & FRUIT	BREAKFAST BURRITO CHEESE STICK FRUIT OR JUICE *************** MEATLOAF & ROLL POTATOES & GRAVY GLAZED BABY CARROTS	BENEFIT BAR CHEX MIX FRUIT OR JUICE *************** ASSORTED PIZZA ASSORTED CHIPS FRUIT & VEGETABLE
ASSORTED CEREAL YOGURT FRUIT OR JUICE ************** CHICKEN ALFREDO BREADSTICK FRUIT & VEGETABLE	MINI PANCAKE WRAPS SUNFLOWER SEEDS FRUIT OR JUICE ************* TACO IN A BOAT REFRIED BEANS FRUIT & VEGETABLE	YOGURT SMOOTHIE CHEEZITS FRUIT OR JUICE ********************* CHICKEN STRIPS AUGRATIN POTATOES ROLL, FRUIT & VEG	BOSCO STICKS MARINARA & GOLDFISH FRUIT OR JUICE ************* SLOPPY JOE ONION RINGS FRUIT & VEGETABLE	BREAKFAST COOKIE WAFFLE SNAPS FRUIT OR JUICE ************** DUTCH WAFFLE & HAM HASHBROWN & JUICE CHEESESTICK & FRUIT
BENEFIT BAR ASSORTED CRACKERS FRUIT OR JUICE ************************************	BREAKFAST PIZZA CHEESE STICK FRUIT OR JUICE ************************************	STRAWBERRY BAGEL BITE CEREAL BAR FRUIT OR JUICE ************* CHEESE QUESADILLA BAKED BEANS FRUIT & VEGETABLE	ASSORTED BREADS SUN CHIPS FRUIT OR JUICE ************************************	ASSORTED CEREAL YOGURT FRUIT OR JUICE ************************************
POPTARTS GRAHAM CRACKERS FRUIT OR JUICE ********* CHICKEN GRAVY BISCUITS FRUIT & VEGETABLE	CINNI MINNIS GOLDFISH FRUIT OR JUICE ************************************	BISCUITS & GRAVY HARD BOILED EGGS FRUIT OR JUICE ************** SALISBURY STEAK POTATOES & GRAVY CORN, ROLL, FRUIT	MINI DONUTS CHEX MIX FRUIT OR JUICE ************************* TURKEY CROISSANT ASSORTED POTATOES FRUIT & VEGETABLE	BENEFIT BAR CHEEZITS FRUIT OR JUICE ************** CHEESE CRUNCHERS MARINARA & CHIPS FRUIT & VEGETABLE
6	7	Happy Valentines Day	9	TEXT SO TEXT