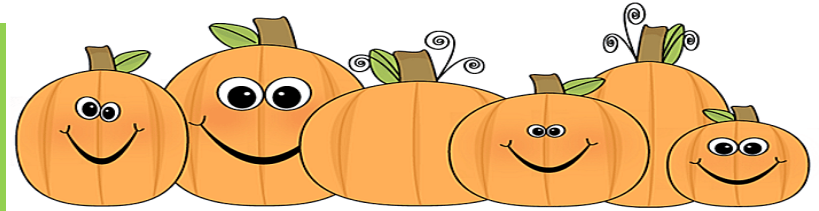


October 2021



Primary and Elementary School Breakfast Menus

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>The following applies to all menu items:</i></p> <ol style="list-style-type: none"> 1. <i>0 Trans fats</i> 2. <i>Low Sodium</i> 3. <i>Reduced Sugar</i> 4. <i>51% Whole Grain Rich</i> <p><small>Detailed nutrient information can be seen at SNP Central Office by contacting Margaret Goodin at 229-931-8546 or mgoodin@sumterschools.org.</small></p>		<p>Choice of chilled milk & fruit served with all meals.</p>		<p>1 French Toast Sticks</p> <p>Fruit Choice & Fruit Juice</p>
<p>4 WG Blueberry Muffin</p> <p>Fruit Choice & Fruit Juice</p>	<p>5 Cereal Yogurt Cup</p> <p>Fruit Choice & Fruit Juice</p>	<p>6 Pancake Pup</p> <p>Fruit Choice & Fruit Juice</p>	<p>7 Blueberry Mini Pancakes</p> <p>Fruit Choice & Fruit Juice</p>	<p>8 Sausage Biscuit</p> <p>Fruit Choice & Fruit Juice</p>
<p>11 Cereal Yogurt Cup</p> <p>Fruit Choice & Fruit Juice</p>	<p>12 Sausage Biscuit</p> <p>Fruit Choice & Fruit Juice</p>	<p>13 Cinnamon Roll Yogurt Cup</p> <p>Fruit Choice & Fruit Juice</p>	<p>14 Breakfast Pizza</p> <p>Fruit Choice & Fruit Juice</p>	<p>15 Mini Banana Loaf Yogurt Cup</p> <p>Fruit Choice & Fruit Juice</p>
<p>18 Grape Crescents Yogurt</p> <p>Fruit Choice & Fruit Juice</p>	<p>19 Cereal Pop Tart</p> <p>Fruit Choice & Fruit Juice</p>	<p>20 Pancake Pup</p> <p>Fruit Choice & Fruit Juice</p>	<p>21 Cereal Bar</p> <p>Fruit Choice & Fruit Juice</p>	<p>22 French Toast Sticks</p> <p>Fruit Choice & Fruit Juice</p>
<p>25 WG Apple Cinnamon Muffin Cereal</p> <p>Fruit Choice & Fruit Juice</p>	<p>26 Mini Blueberry Waffles</p> <p>Fruit Choice & Fruit Juice</p>	<p>27 Cereal Yogurt Cup</p> <p>Fruit Choice & Fruit Juice</p>	<p>28 Breakfast Pizza</p> <p>Fruit Choice & Fruit Juice</p>	<p>29 Chocolate or Grape Filled Crescent</p> <p>Fruit Choice & Fruit Juice</p>