

MARCH 2022



Hines Middle School Breakfast and Lunch Menu

Lunch – **\$0.00** paid SY21-2022 & **0¢**-reduced Extra Milk – **45¢** Juice is **.45¢**

Lunch includes: Entrée with, fruit, vegetable, breads grains, Oregon Milk

Menu is subject to change. Some items may contain nuts.

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen & office.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	1 Breakfast Cereals & Grains or Breakfast Pizza, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Strips w/ Fries Veggie, Fruit & Milk	2 Breakfast Cereals & Grains or Muffins w/ Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Meat Spaghetti w/ Tx Toast Green Beans Veggie, Fruit & Milk	3 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Taco Soup w/ Corn Chips Veggie, Fruit & Milk
7 Breakfast Cereals & Grains, Soft Pretzel w/ PB & J, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chili Dogs w/ Cheese French Fries Veggie, Fruit & Milk	8 Breakfast Cereals & Grains, Pancakes Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Bean & Cheese Burrito w/ Corn Veggie, Fruit & Milk	9 Breakfast Cereals & Grains, Cinnamon Roll Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Bacon Stuffed Baked Potato w/ Cheese Veggie, Fruit & Milk	10 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Burger Veggie, Fruit & Milk Milk
14 Breakfast Cereals & Grains or Biscuit w/ Ham & Cheese Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Pizza Veggie, Fruit & Milk	15 Breakfast Cereals & Grains, Fruit & Milk Egg & Cheese Breakfast Sand Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Crunchy Beef Taco's Seasoned Rice Veggie, Fruit & Milk	16 Breakfast Cereals & Grains, Fruit & Milk Yogurt Parfait w/ Fruit & Granola, Milk Lunch <i>Sandwiches & Salads daily</i> Lasagna w/ Tx Toast Green Beans Veggie, Fruit & Milk	17 Breakfast Cereals & Grains, Fruit & Milk Maple Bar w/ Cracker Fruit, Milk Lunch <i>Sandwiches & Salads daily</i> Hamburger w/Chips Veggie, Fruit & Milk
	<p align="center">NO SCHOOL MARCH 21-25TH</p>	<p align="center">DAYLIGHT SAVINGS MARCH 13TH</p>	
28 Breakfast Cereals & Grains, Muffins Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Vegetable Fried Rice, Egg Roll Veggie, Fruit & Milk	29 Breakfast Bagel w/ Cream Cheese or Cereal grains Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Nacho's W/ Beef & Cheese Refried Beans Veggie, Fruit & Milk	30 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chili w/ Cornbread Veggie, Fruit & Milk	31 Breakfast Cereals & Grains, Fruit & Milk Lunch <i>Sandwiches & Salads daily</i> Chicken Alfredo w/ Tx Toast Green Beans Veggie, Fruit & Milk

This institution is an equal opportunity provider.

