

# K-12 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <ul style="list-style-type: none"> <li>Pancakes</li> <li>Sausage Patty</li> <li>Hashbrown Potatoes</li> <li>Yogurt Parfait</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Pancake Syrup</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>Southern Biscuit</li> <li>Ham Slice</li> <li>Powdered Donuts</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> </ul>
<p>5</p> <ul style="list-style-type: none"> <li>Southern Biscuit</li> <li>Sausage Patty</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>Dutch Waffle</li> <li>Brk Chix Tender</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Pancake Syrup</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>Hot Grits</li> <li>Bacon Strips</li> <li>Cheese Omelet</li> <li>Crispy Toast</li> <li>Waffles in a Bag</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> <li>Pancake Syrup</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>Breakfast Burrito</li> <li>Apple Frudel</li> <li>Dunkin Stix</li> <li>Yogurt Parfait</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>Southern Biscuit</li> <li>Brk Chix Tender</li> <li>Powdered Donuts</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> </ul>
<p>12</p> <ul style="list-style-type: none"> <li>Southern Biscuit</li> <li>Sausage Patty</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>French Toast Sticks</li> <li>Bacon Strips</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Pancake Syrup</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>Hot Grits</li> <li>Bacon Strips</li> <li>Scrambled Egg Patty</li> <li>Crispy Toast</li> <li>Waffles in a Bag</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> <li>Pancake Syrup</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>Ham/Egg/Cheese</li> <li>Croissant</li> <li>Assorted Brk Bread</li> <li>Yogurt Parfait</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>Southern Biscuit</li> <li>Brk Chix Tender</li> <li>Powdered Donuts</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> </ul>
<p>19</p> <ul style="list-style-type: none"> <li>Southern Biscuit</li> <li>Sausage Patty</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>Pancake Pup</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Pancake Syrup</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>Hot Grits</li> <li>Bacon Strips</li> <li>Scrambled Egg Patty</li> <li>Crispy Toast</li> <li>Waffles in a Bag</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> <li>Pancake Syrup</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>Pancakes</li> <li>Sausage Patty</li> <li>Hashbrown Potatoes</li> <li>Yogurt Parfait</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Pancake Syrup</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>Southern Biscuit</li> <li>Ham Slice</li> <li>Powdered Donuts</li> <li>Yogurt</li> <li>Cereal</li> <li>Poptart</li> <li>Cereal Bar</li> <li>Fresh Fruit Bowl</li> <li>Chilled Fruits</li> <li>Fruit Juice</li> <li>Low Fat Milk</li> <li>Chocolate Milk</li> <li>Jelly</li> </ul>

26	27	28	29	30
Holiday	Manager's Choice	Manager's Choice	Manager's Choice	

This institution is an equal opportunity provider.