



# October 2021 – Lunch Menu Franklin County High School

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Reimbursable meals are free to all students this school year!</u></b></p> <p><b>The Nutrition Department strives to offer the daily menu as planned and advertised. However, due to some circumstances beyond our control, the daily menus may be altered. All reimbursable meals must have a fruit or vegetable on the tray. Students may decline 2 of the 5 meal components – Meat, Grain, Fruit, Vegetable &amp; Milk – but may not decline BOTH fruit &amp; vegetable.</b></p> <p><b>This institution is an equal opportunity provider</b></p>				<p>1</p> <p>General Tso's Chicken Steamed Rice Steamed Broccoli Lattice Potatoes Fruit // Milk</p>
Fall Break				
<p>11</p> <p>BBQ Nachos Baked Potato Buttered Corn Garden Salad Tortilla Chips Fruit // Milk</p>	<p>12</p> <p>Chicken Alfredo Green Beans Garden Salad Steamed Carrots Dinner Roll Fruit // Milk</p>	<p>13</p> <p>Beef Taco Lettuce/Tomato Cup Pinto Beans Salsa Tortilla Chips Fruit // Milk</p>	<p>14</p> <p>Chicken Tenders Mashed Potatoes Green Peas Biscuit Fruit // Milk</p>	<p>15</p> <p>Philly Steak Sandwich Baked Beans Potato Smiles Carrot Dippers Fruit // Milk</p>
<p>18</p> <p>Spaghetti w/Meat Sauce Green Beans Garden Salad Carrot Dippers Garlic Breadsticks Fruit // Milk</p>	<p>19</p> <p>Salisbury Steak w/Gravy Mashed Potatoes Pinto Beans Dinner Roll Fruit // Milk</p>	<p>20</p> <p>Chicken Nachos Garden Salad Deli Roaster Potatoes Buttered Corn // Salsa Tortilla Chips // Fruit // Milk</p>	<p>21</p> <p>Mexican Pasta Bake Garden Salad Black-eyed Peas Battered Potato Bites Garlic Breadsticks Fruit // Milk</p>	<p>22</p> <p>Zesty Orange Chicken Steamed Broccoli Sweet Potato Fries Buttered Corn Steamed Rice Fruit // Milk // Cookie</p>
<p>25</p> <p>BBQ Sandwich Dill Pickles Baked Beans Sweet Potato Fries Fruit // Milk</p>	<p>26</p> <p>Oven Roasted Chicken Mashed Potatoes Green Beans Garden Salad Dinner Roll Fruit // Milk</p>	<p>27</p> <p>Chicken Parmesan Garden Salad Battered Potato Bites Steamed Carrots Dinner Roll Fruit // Milk</p>	<p>28</p> <p>Chicken &amp; Dumplings Mashed Potatoes Pinto Beans Buttered Corn Dinner Roll Fruit // Milk</p>	<p>29</p> <p>Breakfast for Lunch Chicken or Sausage Scrambled Eggs Battered Potato Bites Carrot Dippers // Biscuit Fruit // Milk // Cookie</p>