

# GROVETON HIGH SCHOOL

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

# FEB

## MENU 2023

### GEAR UP FOR TRACK & FIELD



### ANNOUNCEMENTS:

- 1% AND NON FAT MILK OFFERED DAILY
- PB&J LUNCH BOX DAILY
- 3<sup>RD</sup> -12<sup>TH</sup> ADDITIONAL OPTIONS DAILY
- MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO AVAILABILITY
- FRESH FRUIT AVAILABLE DAILY

6<sup>TH</sup> B-B-Q ON BUN OR MACHO BURRITO  
BAKED BEANS  
SWEET POTATO FRIES  
PINEAPPLE CHUNKS, RAISINS  
KETCHUP, SALSA  
GOLDFISH GRAHAM

7<sup>TH</sup> CHICKEN POPPERS OR SPICY CHICKEN BITES  
MASHED POTATOES W/GRAVY  
GREEN BEANS  
ROLL  
MANDARIN ORANGES, RAISINS  
KETCHUP

1<sup>ST</sup> CHEESE OR PEPPERONI PIZZA OR STUFFED CHEESE STICKS W/MARINARA SAUCE  
GREEN SALAD  
FRESH BROCCOLI  
SLICED PEACHES, RAISINS  
RANCH  
GOLDFISH GRAHAM

2<sup>ND</sup> HAMBURGER OR CHEESEBURGER OR SPICY CHICKEN SANDWICH  
SALAD STACK  
FRENCH FRIES  
FRUIT CUP  
MAYO, MUSTARD, KETCHUP  
COOKIE

3<sup>RD</sup>

### HOLIDAY

13<sup>TH</sup> CHICKEN PATTY SANDWICH  
TURKEY SUB  
SMILEY FRIES  
SALAD STACK  
MIXED FRUIT, RAISINS  
MAYO, MUSTARD, KETCHUP  
GOLDFISH GRAHAM

14<sup>TH</sup> CHICKEN FAJITA W/ WG TORTILLA OR MEATBALL SUB  
CHARRO BEANS  
SEASONED CORN  
FAJITA VEGGIES  
SLICED PEACHES, RAISIN  
SALSA  
GOLDFISH CRACKERS

15<sup>TH</sup> CHEESE OR PEPPERONI PIZZA OR STUFFED CHEESE STICKS W/ MARINARA SAUCE  
GREEN SALAD  
BABY CARROTS  
PINEAPPLE CHUNKS, RAISINS  
RANCH  
GOLDFISH GRAHAM

16<sup>TH</sup> HAMBURGER OR CHEESEBURGER OR SPICY CHICKEN SANDWICH  
SALAD STACK  
FRENCH FRIES  
FRUIT CUP  
MAYO, MUSTARD, KETCHUP  
COOKIE

17<sup>TH</sup>

### HOLIDAY

20<sup>TH</sup> BEEFY NACHOS OR TURKEY AND CHEESE SUB  
CHARRO BEANS  
GREEN SALAD  
MANDARIN ORANGES, RAISINS  
SALSA, RANCH  
GOLDFISH GRAHAM

21<sup>ST</sup> CORN DOG OR MEAT BALL SUB  
BAKED BEANS  
SMILEY FRIES  
SLICED PEARS, RAISINS  
MAYO, MUSTARD, KETCHUP  
GOLDFISH CRACKERS

22<sup>ND</sup> CHEESE OR PEPPERONI PIZZA OR STUFFED CHEESE STICKS W/MARINARA SAUCE  
GREEN SALAD  
CELERY STICKS  
MIXED FRUIT  
RANCH  
GOLDFISH GRAHAM

23<sup>RD</sup> HAMBURGER OR CHEESEBURGER OR SPICY CHICKEN SANDWICH  
SALAD STACK  
FRENCH FRIES  
FRUIT CUP  
MAYO, MUSTARD, KETCHUP  
COOKIE

24<sup>TH</sup>

### HOLIDAY

27<sup>TH</sup> CHICKEN PARMESAN W/NOODLES OR B-B-Q  
CHICKEN BITES  
GREEN BEANS  
GREEN SALAD W/RANCH  
ROLL  
FRUIT

28<sup>TH</sup> WALKING TACOS OR MACHO BURRITO  
CHARRO BEANS  
GREEN SALAD  
FRUIT  
CHEESE, SALSA, SOUR CREAM



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Food and Nutrition Division  
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www.SquareMeals.org