

# Causey Track Info

**Fees:** \$150.00 covers uniform and pullover (you keep both), 4 entry fees, 4 bus drivers, drinks/snacks at meet. Due Wed. 2/1/2023.

**Tryouts:** Dec. 5 – 9 at Causey 3:00 – 4:30pm.

Must have physical and proof of insurance in DragonFly.com before tryouts begin.

**Practice:** Starts in Feb. 3:00 – 4:30 at Causey Monday through Friday. All practice is mandatory. Will practice in gym if weather is bad. Parents provide transportation home. No practice during Mardi Gras holiday. No Friday practice after meets begin in March.

**Track shoes:** Any brand you choose.

**Spikes:** 1/4" Pyramid style.

**Meets:** Begin in March. First three meets start at 3:30, last meet begins at 1:00. Bus will leave from school. Parents provide transportation home from meet location. Schedule will be provided at later date.

**Dragonfly.com-** All athletes must create an account in the Dragonfly website. All paperwork must be completed before practice begins.