# ARE YOU A PARENT?

# JULY 16TH, 23RD, & 30TH
# PARENTING CLASSES

Three Parenting Sessions designed to help parents with communication, behaviors, emotions, and parenting styles.

**Registration Required**
**For more information or to register contact Shannon at:**
Phone: (478) 703-7837
Email: shannonnicholee@gmail.com
Website: https://parentingclasses2022.eventbrite.com

**Cost:** Free




**Effective Communication**

**Identifying Emotions**

**Listening & Responding to children**

**Structure & Limits: preventing and managing problem behavior**

**Authoritarian vs. Authoritative parenting styles**

**Place: TBA**

**July 16th, 2022: 4-6 PM**

**July 23rd, 2022: 4-6 PM**

**July 30th, 2022: 4-6 PM**